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hot winter drinks

CityViews

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YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Winter 2018

NEW LEASE ON LIFE: THE EVOLUTION OF THE CBD'S EAST CITY



PULL-OUT-AND-KEEP

SHOW YOU CARE WINTER DRIVE
SUPPLEMENT: *THE TOUGH TIMES*



CCID 24-hour
control centre



082 415 7127

www.capetownccid.org

SAFE, CLEAN, CARING AND OPEN FOR BUSINESS



TALK OF THE TOWN

CityViews

IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT ORGANISATION. IT IS THE CCID'S VISION TO ENSURE THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.

www.facebook.com/CityViewsCapeTown

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**For more Central City news, sign up
to receive our monthly newsletter.**

The link appears at the bottom of
our website homepage. Go to:
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[f /ShowYouCareCT](https://www.facebook.com/ShowYouCareCT)



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CapeTownCCID



TOGETHER, WE CAN ACHIEVE MORE

Combined effort is
needed to assist our
streetpeople community.

TASSO EVANGELINOS
CEO OF THE CCID

Having been on the brink of a water
shortage which would have been
devastating, there's no question
that we're more appreciative of the
recent winter rains and are hoping
to get more as winter progresses.

However, it is somehow bittersweet
as the much-needed rain means
our streetpeople community
must contend with a cold, wet and
punishing winter once again.

As the Cape Town Central City
Improvement District (CCID), our
hearts are much heavier during this
time as the reality really sets in that
while we at least have the luxury of
getting into our warm beds, there's
a section of our population that
doesn't have that luxury and must
fend off the winter elements to
survive. The challenge is immense,
as insufficient facilities, limited
bed spaces and the need for more
resources to assist people living on
the street grows each day.

That said, we believe in heeding
Arnold Palmer's words: "Always
make a total effort, even when the
odds are against you" and that while
"we may encounter many defeats,
we must not be defeated" as Maya
Angelou once said. We have, once
again, put important interventions
in place to assist our streetpeople
community this winter. We will
be distributing shoes, waterproof
ponchos, instant soup and care bags
via our partner NGOs. And we are
once again working with some of our
partners to secure additional bed
space for our clients every night.

This year, we will be assisting the
City of Cape Town as we anticipate
the opening of the "Safe Space" for

homeless people this winter at the
Culemborg bridge in the Foreshore
area. We will be donating sleeper
bags and care bags to the facility and
also commit ourselves to providing
any other assistance that the
City may require on this much-
needed project.

However, homelessness is a 365-
day, 24/7 issue that requires a
structured approach and a combined
effort if sustainable solutions are
to be found; we need everyone to
pull together for our streetpeople
community. While we continue
to be heartened by the work done
by the CCID's partner NGOs
and unwavering commitment
towards finding solutions, we call
on all members of the public and
corporates to get involved and do
their bit this winter and beyond.

To this end, we have produced a
special supplement, called *The Tough
Times*, which provides information
on the "Show you care" campaign
run by the CCID's own Social
Development department as well as
on the NGOs offering assistance, and
have various easy ways for **you** to
show how you are prepared to care
this winter.

As usual, though, this issue of *City
Views* is once again filled with
a mix of retail, event news and
developments in the Central City.

SHOW YOU CARE

Our winter "Show you care" campaign aimed at raising public awareness
about the plight of streetpeople during the colder months is now in full swing.

Over the years, the "Show you care"
winter drive campaign which we run
as the CCID's Social Development
department has helped our NGO
partners enormously. As we once
again embark on this campaign, we're
calling on you as members of the

public to spare a thought for the most
vulnerable during this time by donating
generously, either through donations
of money or warm clothing, food,
toiletries and shoes.

There's an IsiZulu saying that goes:
"umuntu ngumuntu ngabantu," which

loosely translates to "a person is a
person because of other people", and
we believe this ought to apply equally
to our community living on the streets
who are often seen as less than
"human". The more than 700-strong
street population in the Cape Town
Central City and its surrounding
neighbourhoods is dependent on
your generous donations to make
Cape Town's cold and wet winter
a little bearable.

As the CCID's social department,
we work closely with a number of
the NGOs that look to assist adults

living on the streets. And while we
encourage donations to be made
towards our partners, this shouldn't
stop you from showing you care within
your own community or lending a hand
directly to organisations that assist
those in need. The most important
thing is to show you care by treating
people in a dignified and respectful
manner which forms the foundation
of everything the CCID's Social
Development department team does.

PAT EDDY
MANAGER OF CCID SOCIAL DEVELOPMENT

SINCE WE PUBLISHED THE LAST ISSUE OF CITY VIEWS:

URBAN MANAGEMENT



Identified
803
illegal
posters



Removed
572
strings
& stickers



Removed
304
incidents
of graffiti



Removed
407.5kg
of
butts from
cigarette bins



Cleaned
3810
drains



Maintained
258 tree
wells



Undertook
140 road
maintenance
repairs



Painted
114
road
markings

SOCIAL DEVELOPMENT



Engaged with
700 people
on the streets

Assisted
37 adults
to shelters

Assisted
34 adults
to homes

Assisted **11 adults**
to healthcare
facilities

Assisted
10 mothers
with babies

Handed donations received from
Tsogo Sun, Mount Nelson and
Radisson Blu to various NGO partners

SAFETY & SECURITY



Conducted
24 392 crime
prevention
initiatives



Issued
2 827
warnings



Together with City Law
Enforcement (LE), made
368 arrests, and issued
1 124 fines to a total of
R692 800



Issued **1 475**
fines to a total
of **R859 800**
at night



Dealt with
130 illegal
trading
offences



Rendered
public & vehicle
assistance
164 times

SAFETY & SECURITY CONTINUED...



Chrysalis Academy
student ambassadors
underook **36**
prevention initiatives



CCID-funded City
traffic wardens issued
6 055 fines to a total
of **R4 294 600**

COMMUNICATIONS



Generated **94 clips** with media
exposure (AVE) of **R3 438 706**
reaching an audience of
approximately **129 million people**

Conceptualised and ran
Urban Management's
"It's time to come clean"
campaign (see page 3).

Published *The State of
Cape Town Central City
Report: 2017 - A year
in review*

#TRENDING

#ItsTimeToComeClean



The CCID's 2018
#ItsTimeToComeClean campaign
has come to an end, but we still
encourage the disposing of litter and
ciggie butts sensibly and keeping
our Central City clean.

WE WANT TO HEAR FROM YOU.

Share your feedback by emailing:
simangele@capetownccid.org

STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new retailers all the best in the Central City. To understand more about which CCID precinct these venues fall into, take a look at page 6.



ROOK CYCLES SHOP ON 295 LONG STREET

Stay tuned to Central City news and views as they happen by subscribing to the CCID's newsletter. Go to www.capetownccid.org and enter your email address at the bottom of the homepage.

WORK

Workspace109
Workspace109 offers hot desk spaces to independent professionals, freelancers and small businesses seeking a base from which to conduct their operations.
109 Plein Street (Precinct 4)
www.workspace109.co.za
021 423 7862

PLAY

Rook Cycles
Rook Cycles believes South Africa needs "some grit and attitude pumped back into street cycling" and has developed a brand and range of bikes that reflects just that.
295 Long Street (Precinct 3)
www.rookcycles.com
060 464 0623

SHOP

THK Photography
THK Photography is a photography gallery and art bookstore that aims to showcase established and emerging local and international photographers.
52 Waterkant Street
www.thkphotography.com
076 367 6387 (Precinct 2)

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR SAFETY & SECURITY



082 415 7127
(Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE

107 / 021 480 7700
(24 hours)

107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
(24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES

- Refuse Collection, Water Issues, Street Lights and Electricity Faults
0860 103 089
- Traffic Signal Faults
0860 001 948
- Prepaid Electricity Meters
0800 220 440
- Cable Theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

Q&A WITH GARY BARRETT, OWNER OF TRUE MUAY THAI, BOXING & FITNESS GYM



What is it like working in the Central City?

It's great! I love the energy in the CBD; it's always busy.

Tell us about your venue?

We're a specialised Muay Thai and boxing gym with added functional-fitness classes that boost fitness levels. Nothing gets you fitter and in shape.

Why Muay Thai?

I love the sport. I started training as a Muay Thai fighter at age 15 and

now have 23 years of experience as a boxer and trainer. The idea for the gym was born in Thailand, where I lived for six months with my wife and son. We decided that when we got back home, we'd create the True Muay Thai, Boxing & Fitness Gym. And in September last year, we opened our new gym and haven't looked back.

77 Bree Street (Precinct 2)
www.truemuaythai.co.za

TRY IT FOR YOURSELF FOR FREE! True Muay Thai, Boxing & Fitness Gym is offering a one-week free trial to City Views readers. To claim your free trial, send an email to gary@truemuaythai.co.za

EAT

The Hot Skillet

Located inside an artist hub, Youngblood Gallery on Bree Street, The Hot Skillet is the continuation of the brotherhood in the kitchen by two former contestants of the hit TV show, *My Kitchen Rules SA*.
72 Bree Street (Precinct 2)
www.facebook.com/TheHotSkilletSA/
061 522 5296

"IT'S TIME TO COME CLEAN" CAMPAIGN A SUCCESS

The Cape Town Central City Improvement District's (CCID) "It's time to come clean" Urban Management campaign has come to an end with much success, having piqued the public's interest as intended.

The 2018 campaign launched in April with the new message "It's time to come clean" to drive home that the responsibility of a clean CBD starts with the people who use it daily.

It began with a highly visual and somewhat shocking display in St Georges Mall in the Cape Town CBD. This display demonstrated what 240kg of ciggie butts, collected just from the 270 CCID-branded cigarette bins in one month, looks like. This was a call for smokers to "come clean" and imagine how many more butts end up on the ground.

The CCID once again rolled out its popular (and very amusing) interactive ciggie butt voting bin, inviting smokers that congregate on pavements in the CBD, particularly outside the many call centres, to engage by voting with their butts on the answers to a variety of

questions, such as: "Are you still saving water?" or: "Following the data security breach, are you deleting Facebook?" This proved to be effective and resulted in smokers disposing their butts in a responsible, interactive way while having a good laugh at the same time. In addition, the CCID's "It's time to come clean" messaging was displayed on posters across the CBD and caused a stir as members of the public found some of the posters quite provocative, and in some cases even rude, just as the CCID intended in the hope of shocking illegal dumpsters into realising that they were committing a crime.

Says Richard Beesley, manager of CCID Urban Management: "To challenge people to change behaviour for good and to do their part to ensure the Central City remains the cleanest CBD in South Africa, we have to

constantly push the envelope. We're pleased with the response and hope the behavioural change will continue beyond the 2018 campaign."



CIGGIE BUTTS DISPLAY IN ST GEORGES MALL

SHINING THE SPOTLIGHT ON THE CBD'S EAST CITY

THE EVOLUTION OF THE EAST CITY:THE PRECINCT OF POSSIBILITIES

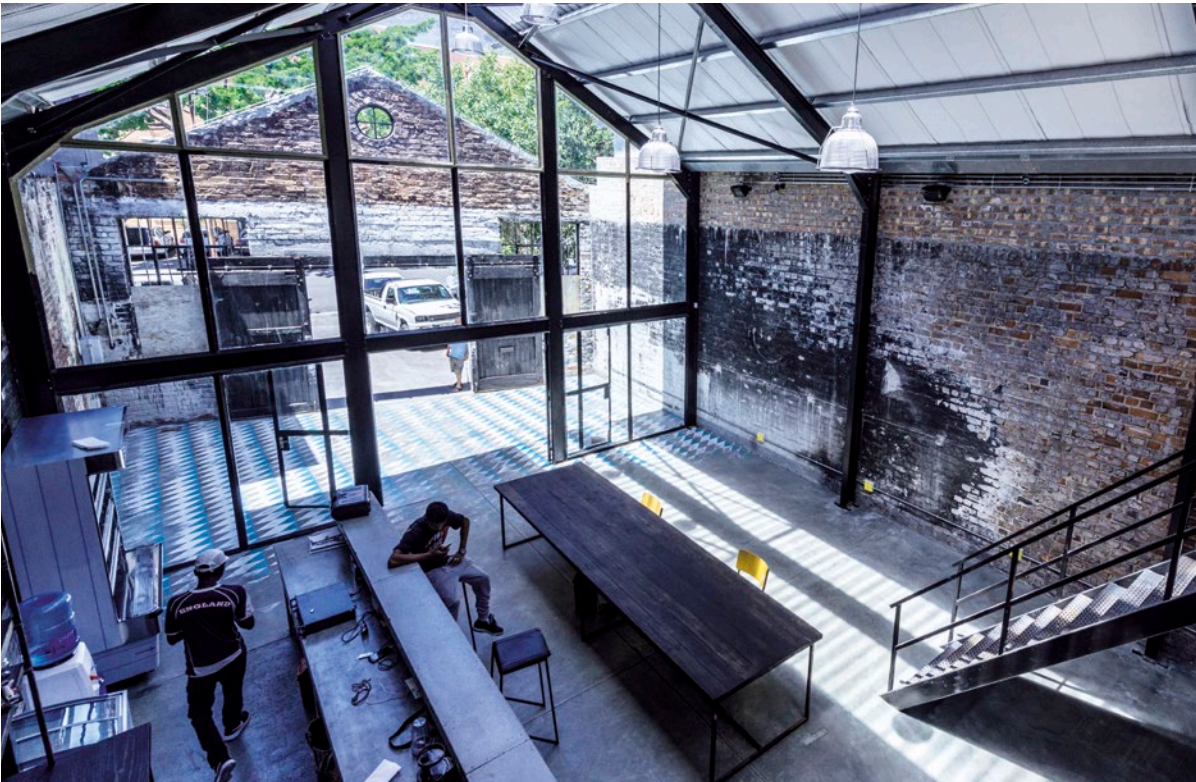
The words of the Dalai Lama: “Improvement requires continuous effort” come to mind when looking at what’s happening in the East City area of the Cape Town Central City. As a result of years of planning and foresight, resulting in recent upgrades and new developments, the East City is getting a new lease on life and is poised to realise its full potential as these establishments open their doors.

According to Carola Koblitz, Cape Town Central City Improvement District (CCID) Communications manager and editor of *The State of Cape Town Central City Report* – an annual publication that provides insights into the economic climate of the Cape Town CBD – the East City can best be described as: “A precinct of possibilities that’s growing by leaps and bounds.”

“At present,” says Carola, “there is a total of R23.954 billion worth of development on the go across the entire CCID footprint (see page 6), including all the buildings that opened their doors in 2017, plus those currently under construction or proposed and set to begin construction before 2020. Of this, R1.527 billion is planned for the East City area alone, also known to the CCID as Precinct 4.”

A year ago, the 2016 edition of *The State of Cape Town Central City Report* predicted that the East City area would see its full potential realised into the very near future.

Just one year later, it is now apparent that this prediction is bearing very ripe fruit.



THE ELECTRIC

“In the past 12 months alone,” notes Carola “we’ve seen phenomenal growth with many new developments and refurbishments in the area, and can confidently say that the investment value of East City is rising. Already,

various economic sectors are represented in Precinct 4 and as this geographic area develops further, all of this can only bode well for all Central City stakeholders who live, work, stay or play downtown.

“Whereas previously this precinct had a large number of fairly transient rental properties, residential blocks here are now experiencing increasing numbers of owner-occupiers, including many young professionals seeking the downtown lifestyle.

“The nighttime and afterhours economy is also starting to pick up significantly, with a number of new venues opening within the past 12 to 18 months. Plus, there has been an increasing demand over the past year for commercial and retail space, which is still the most economical in the CBD.”

Besides the large residential component in the East City, the area has a large number of government departments with high numbers of staff and daily users, as well as several educational institutes with large volumes of students. However, until recently, there were very few retail establishments catering to the many and varied needs of this precinct’s different communities.

Now, properties that for many years have been no more than warehouses and storage facilities are turning into trendy shops, office complexes and co-working spaces, and entertainment venues, with many more retailers expected to open their doors as soon as refurbishments and construction have been completed.

Some of the new businesses that have already made the East City their home in recent months include the following:

Kamili Coffee
29 Shortmarket & Long streets

Dunkin’ Donuts
corner of Plein & Spin streets

Kleinsky’s Delicatessen
32 Parliament Street

Lekker Vegan
corner Harrington & Barrack streets

Afros Chicken Shop
4 Church Square

Bootlegger Café & Grill
50 Harrington Street

Manga
The Piazza on Church Square, Parliament Street

SurfaRosa
61 Harrington Street

RocoMamas
29 Buitenkant Street

The Electric
48 Canterbury Street



One of the new and exciting retailers in Precinct 4 is **Just Like Papa**, located at 73 Harrington. Its co-founder, Davide Locatelli-Rossi says: "Finding the perfect location and a space that would allow us to create a destination that's all about quality outdoor equipment and experiences was important to me and my business partner, Thomas [Ferreira]. And that's exactly what the East City offered us.

"I'd say we found a sleepy area that's ready to make the jump and this allowed us to do what we had in mind without compromising. We don't just sell 'things'; this is an events space and we also have a bar area with people coming in and out. Overall, the vibe in the East City is amazing and the clientele is different because each business offers something unique and there's a sense of community."

Manager of **Nude Foods** (located at 5 Constitution Street), Stacey Cyrus, shares similar sentiments adding: "We're definitely in a great area that's up and coming and we're getting busier." Nude Foods opened its doors in December 2017 and has been dubbed Cape Town's first-ever plastic-free grocer.

The evolution of the CBD's East City also speaks to resilience and perhaps this is precisely what makes the current boom even more special; particularly considering that this precinct appeared to stagnate for a while following the bursting of the residential property bubble around 2008.

CCID precinct manager, Mmiselo Ntsime, who has been managing Precinct 4 for ten years, notes: "The East City is going through a major facelift.

"I believe, for a long time, many people considered the East City unappealing; they overlooked it and didn't find it exciting, especially since it's also traditionally been characterised by big spaces – from the Grand Parade to its wide streets and large government properties – but that's all changing.



INTERIOR OF OF JUST LIKE PAPA

Now it's an up-and-coming area and suddenly everyone is taking note. It's thrilling to see the transformation and how developers have been able to come up with creative solutions to improving an area that has a lot of heritage and historical buildings."

While it is wonderful to see increasing residents and the flurry of new and exciting retailers in the East City, Mmiselo also credits old favourites for adding value into the area and seeing its potential in the first place, such as the famous **Charly's Bakery** (38 Canterbury Street), **Woodheads** (29 Caledon Street), **New York Bagels** (much loved for its traditional hand-made bagels, located at 44 Harrington Street), as well as the renowned coffee shops **Haas** (19 Buitenkant Street) and **Truth** (36 Buitenkant Street), the latter of which was voted the world's best coffee shop by *The Daily Telegraph* two years in a row. In addition, the **Department of Home Affairs** (56 Barrack Street), **Cape Town Central Police**



75 HARRINGTON STREET WORK HUB

Station (28 Buitenkant Street), **The Fugard Theatre** (corner Caledon & Lower Buitenkant streets), a number of diverse religious establishments and a communal work hub at **75 Harrington Street** are also located in the East City – all venues that speak to Precinct 4 being an eclectic area that's on the up and up.

According to Jacqui Biess, owner of Charly's Bakery (a concept that has been around since 1989), when her family bought their dream Victorian two-storey building at 38 Canterbury Street in East City, they knew they had finally found a home in which they could let their imaginations run wild.

"When we started, things were moving slowly, and people were scared to come here. Fast forward to a few years later and it's wonderful to see what's happening. There are new exciting businesses bringing about the power of choice to consumers; the area has a raw energy and is growing. It also shows that if you make your



CITY HALL

product amazing, people will come to find you."

Jacqui also credits the recent and very trendy **Harrington House** redevelopment in the East City for adding new vibrancy to the area. The five-story office block was recently upgraded and houses tenants in the design, fashion and creative industries. Jacqui says having hundreds of employees who work in that building alone coming into the area daily has increased foot traffic and has presented businesses with an opportunity to cater to these individuals.

Another person who has also been instrumental in the evolution of the East City is Steven Harris, founder of The Bank, brother to Richard Harris of Woodheads, and one of the developers of the bustling co-working hub at 75 Harrington Street.

Says Steven: "This is an interesting time of change. I remember seven years ago, there was only one coffee shop, Charly's Bakery, and now there are about 20 coffee shops in the East City and there

are lively clubs, bars, eateries and retailers. If you just go outside for a few minutes and look at what's happening in Harrington Street, you'll see people riding their bicycles, young people skating and some walking – this was unheard of years ago. Now, this is a space people want to go to."

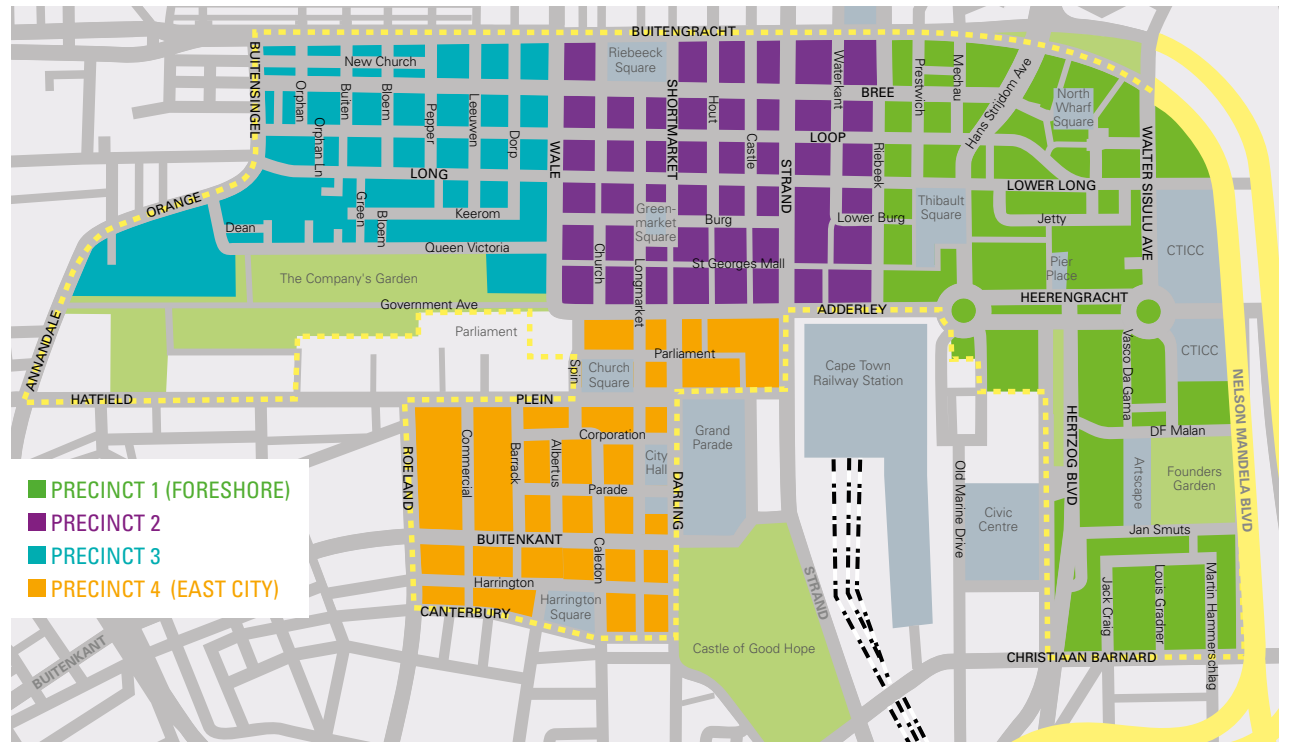
When asked what makes East City special, Steven says it's what he'd like to call "the four Cs": community, coffee, co-working and collaboration. He adds: "I believe the East City is a space that links people and is connected to other areas; it's inclusive and there's diversity, and that's certainly what we strive to do at 75 Harrington Street. Overall, there are pockets of positivity, a healthy ecosystem and it's more than just profit. The foundations for the area to blossom even more are there – it's always a work in progress."



CCID NEWS

TALKING BOUNDARIES

As the CCID, we often get asked: “What is a city improvement district?” It’s a special ratings area that offers top-up services to ratepayers in addition to those rendered by its primary partners, the City of Cape Town and the South African Police Service.



What you may not know is that the CCID doesn’t offer these services to the entire CBD, but – just like the other city improvement districts across Cape Town – only in the geographical area that falls directly within its own footprint.

The CCID operates in the traditional downtown of the City of Cape Town across an area measuring 1.6km² – this stretches from Buitensingel to FW de Klerk Boulevard, and from Buitengracht to Canterbury Street. **The geographical boundaries of the CCID are indicated on the map above.** Everything the CCID does is strictly within this footprint, funded by the ratepayers in this area. What’s more, the area within which the CCID operates is divided into four precincts, namely, Precinct 1 (the Foresore), Precinct 2, Precinct 3 and Precinct 4 (East City).

WHY IS THIS THE CASE, YOU ASK?

The term “city improvement district” (CID) refers to a specific geographical area, approved by the City Council in terms of the Municipal Property Rates Act, Section 22 (Special Rates Area [SRA]), and the SRA bylaw, in which complementary top-up services are provided in addition to those rendered by the CID’s primary partners. A CID is brought into operation when property owners (more than 50% of them are required) vote to have such an entity within their own “neighbourhood”.

Essentially, the CCID (which happens to be the first and therefore the oldest city improvement district in Cape Town) exists in terms of this legislation; together with another 39 city improvement districts currently in the metropole that also operate within their designated boundaries. **A city improvement district can’t work beyond its boundary, even if this is literally across the street.**

WHAT EXACTLY DOES THE CCID DO?

The CCID is a public-private partnership that was established in 2000 by local property owners with a vision for the Cape Town Central City (or CBD) to rise from the crime and grime scenario it had fallen into by the late 1990s, to once again become a safe, clean and caring urban environment that



MEMBERS OF THE CCID STAFF AT 2017 AGM HELD AT SUNSQUARE

TOP-UP SERVICES DELIVERED BY THE CCID



OFFICE OF THE CEO

Drives the strategy behind the work of the CCID and oversees the day-to-day operations of the four CCID departments.



SAFETY & SECURITY

Provides top-up services to those delivered by the City of Cape Town’s Law Enforcement agency and SAPS to maintain safety in the Central City.



COMMUNICATIONS

Collaborates across all departments to promote the work of the CCID and encourage investment into the Central City.



URBAN MANAGEMENT

Together with its partners at the City of Cape Town, provides a clean, attractive and risk-reduced urban environment in the CBD for all to enjoy.



SOCIAL DEVELOPMENT

Engages with the Central City’s most vulnerable daily to assist street people towards the services they need and works with various NGOs who aid the homeless and destitute.

is open for business. Today, thanks to the efforts of the CCID and its primary partners, the CBD is once again a vibrant area for investment and a world-class live, work, play and stay destination that is welcoming to all.

With a full-time staff of 22 people, the CCID oversees a total workforce of around 600 people who carry out the organisation’s mandate to manage the spaces “in between” the buildings of Cape Town’s traditional CBD or “downtown”.

Membership application

Membership of the CCID is open to all property owners within the CCID boundary. Members can exercise their rights to influence the business of the city improvement district and are entitled to attend, participate and vote at the annual general meetings held under the auspices of the *Companies Act*.

Office no: 021 286 0830

24-hour no: 082 415 7127

Email: info@capetownccid.org

Website: www.capetownccid.org or find the CCID on Facebook, LinkedIn, Instagram or Twitter.

WINTER WARMERS

HOT DRINKS TO
KEEP YOU WARM

Whether you prefer coffee, tea or hot chocolate to keep warm, the Cape Town Central City has got you covered this winter. Here's where to get your fix in venues across all four precincts of the CBD.

Did you know?
There are 45
dedicated coffee
shops in the Cape
Town CBD.

Why not do a random
act of kindness this
winter by buying an extra
hot beverage for a person
living on the street?
#ShowYouCare

ANTHONY'S GOLDEN
CUP COFFEE SHOP

Anthony's Golden Cup Coffee Shop is the perfect spot for a warm cuppa as it offers a variety of blends from Blue Mountain, Old Vienna and French to Mocha Java and Espresso.

59 Loop St, Precinct 2
021 426 1268 59
www.goldencup.co.za

BOOTLEGGER
HARRINGTON

This coffee spot in the East City is unapologetically passionate about great coffee and inspired people.

50 Harrington St, Precinct 4
021 201 6708
www.bootlegger.co.za

DELUXE COFFEWORKS

At Deluxe, the finest Brazilian, Guatemalan and Ethiopian hand-selected coffee bean varieties are blended and roasted in-house daily to your liking.

25 Church St, Precinct 2
082 681 5740
www.deluxecoffeeworks.co.za

YOURS TRULY CAFÉ
AND BAR

Besides coffee, this local favourite offers hot chocolate and has a wide range of teas to choose from.

63 Loop St, Precinct 2
021 422 3788
www.yourstrulycafe.co.za

FOLK CAFE

Folk Café offers coffee and other hot beverages to warm you up, such as a Rooibos fine leaf espresso topped with textured microfoam and creamy white-hot chocolate frappe topped with textured microfoam.

7 Bree St, Precinct 1
021 276 1795
www.folkcoffee.co.za

HAAS

Coffee at Haas is considered an art form. Treat yourself to Ethiopian, Guatemalan or Colombian single-origin coffees or be mesmerised by the delicious Haas blend.

19 Buitenkant St, Precinct 4
021 461 1812
www.haascollective.com

KAMILI COFFEE

Kamili Coffee prides itself on roasting coffee for people to enjoy. Grab a warm cuppa at this inviting venue.

29 Shortmarket & Long streets, Precinct 4
083 444 5375
www.kamilicoffee.co.za

BREAD MILK AND
HONEY

This family-run café offers coffee and other options to keep you warm for sit down or take away.

10 Spin St, Precinct 4
021 461 8425
www.breadmilkhoney.co.za



TRUTH COFFEE

Truth gives you the joy of tasting the extraordinary and is guaranteed to keep you warm no matter your choice of hot beverage.

36 Buitenkant St, Precinct 4
021 200 0440
www.truthcoffee.com

HOUSE OF MACHINES

A bikers' den, clothing store and trendy bar/coffee shop, are all part of House of Machines, which has been described by *Eat Out* as "one of the city's edgiest coffee spots", and is an experience you shouldn't deny yourself.

84 Shortmarket St, Precinct 2
021 426 1400
www.thehouseofmachines.com

SEATTLE COFFEE
COMPANY

The distinctive taste of Seattle Coffee sings with complex hints of caramelised sugar and dark chocolate, perfected to keep you warm. You can choose the outlet closest to you.

4 Loop St (Precinct 1), 32 Parliament St (Precinct 4), Newspaper House at 122 St Georges Mall (Precinct 2)
021 425 7741
www.seattlecoffeecompany.co.za

THE DAILY COFFEE CAFÉ

The Daily Coffee Café prides itself on excellent, professionally made espresso coffee and other hot drinks.

58 Strand St, Precinct 2
021 418 0926
www.thedailycoffeecafe.co.za

What you see here is just a taste of what's on offer in the Central City. For other coffee shops as well as all retailers in the CBD, go to the "Explore" section of our website (www.capetownccid.org).

URBAN BEAN CAFE

This welcoming spot at Thibault Square offers a variety of options to keep you toasty.

Shop 2, Thibault Square, Precinct 1
021 419 3317
www.facebook.com/UrbanBeanCapeTown/

PLAY

EASE THE WINTER BLUES

Beat the winter blues with some of the Central City's most exciting events and activities.

For more event info, visit *City Views* on Facebook at www.facebook.com/CityViewsCapeTown.

CAPE TOWN HOMEMAKERS EXPO



ENJOY A MUSICAL TRIBUTE

17 July

MANDELA TRILOGY

Through a unique fusion of traditional Xhosa songs, jazz tunes and modern music, this musical tribute to Nelson Mandela explores the former statesman's teenage years in rural Qunu, the vibrant life of 1950s Sophiatown as it falls under the shadow of the apartheid security forces and Madiba's years on Robben Island and release from prison.

Where: Artscape Theatre Centre
When: Various times (see website)
Cost: R130 to R280
www.artscape.co.za



INSPIRATION ALL AROUND

30 August (till 2 September)

CAPE TOWN HOMEMAKERS EXPO

The 2018 edition of the Expo will showcase the latest in home décor and design, and lifestyle trends. Over 32 000 visitors looking for inspiration and new ideas will be treated to a wide-ranging display of the top brands and local craftsmanship at the world-class CTICC.

Where: Cape Town International Convention Centre
When: Various times (see website)
Cost: Adults R90; pensioners R70; children under 16 free
www.homemakersonline.co.za



INDULGE YOUR TASTE BUDS

16 August

NEDBANK CAPE WINEMAKERS GUILD AUCTION SHOWCASE

Enjoy an informal tasting of the finest wines to be sold at the 2018 Nedbank Cape Winemakers Guild Auction. The Showcase also features a silent auction of rare wines to raise funds for the Guild's Protégé Programme aimed at cultivating and nurturing aspiring winemakers and viticulturists.

Where: Cape Town International Convention Centre
When: 18h00 to 21h00
Cost: R350 (includes a tasting glass)
www.capewinemakersguild.com

FOOD FOR THOUGHT

Now on till 22 September

STILL FIGURING OUT WHAT IT MEANS TO BE A MAN

Taking an empathetic view of individual men, but a critical one of the oppressive system of patriarchy, this multi-media exhibition considers various aspects of manhood and masculinity in today's South Africa. It arose against a backdrop of increasing gender-based and sexual violence perpetrated by men in South African society.

Where: Iziko South African Museum, Queen Victoria St
When: 10h00 – 17h00
Cost: R30
www.iziko.org.za

Show you CARE



Remember to help the NGOs that help the homeless and give where it will make a DIFFERENCE*.

*The Cape Town Central City Improvement District works closely with the following NGO partners in the Cape Town CBD

The Carpenter's Shop
Vocational training and rehabilitation services for adults

Khulisa Social Solutions
Work-based rehabilitation for the chronic homeless

Straatwerk
Job rehabilitation projects for street people

The Homestead
Residential care and family integration for boys

Ons Plek
Residential care and reunification processes for girls

Youth Solutions Africa
Shelter and skills training programmes for adults

YOU CAN GIVE IN ONE OF THE FOLLOWING WAYS:

SNAPSCAN
You can download the free SnapScan app onto your smartphone and SCAN the code (right) to donate the amount of your choice via your phone.



SMS "GIVE" TO 38088
to donate R10 towards the CCID's NGO partners.

VISIT OUR WEBSITE
for more information on the campaign, our NGO partners and other ways in which you can assist.
www.showyoucare.co.za

THE TOUGH TIMES



Vol 1 No 3 | 2018 Winter Edition | Brought to you by the Cape Town Central City Improvement District (CCID) and *City Views*



- II HOW THE CCID AND PARTNER NGOS ARE SHOWING THEY CARE
- III FIND OUT WHERE YOUR MONEY IS GOING
- IV SIMPLE WAYS TO SHOW YOU CARE THIS WINTER

SHOW YOU CARE THIS WINTER

Pat Eddy, CCID Social Development Manager

Every winter, as the Cape Town Central City Improvement District's (CCID) Social Development department, we roll out our "Show you care" winter drive campaign aimed at raising public awareness about the plight of people living on the streets.

Cape Town's cold and wet winter is a particularly tough time for our streetpeople community. Through the winter campaign, we encourage you as members of the public to make a difference by supporting NGOs in and around the Cape Town CBD that work with people living on the street. The campaign is also aimed at raising awareness about the work carried out by

the CCID's Social Development team which engages with the Central City's most vulnerable individuals and forms partnerships that will alleviate the CBD's own challenges. In this third edition of the *Tough Times*, we speak to some of the key figures in the Central City about the challenges people living on the street face, and we also speak to members of the CCID's social team to find out what keeps them

going despite the challenges they encounter each day. In addition, we highlight some of our partner NGOs and the work they're doing this winter. And to respond to the question that keeps coming up in which members of the public tell us they want to offer assistance but don't know how, we share various simple ways in which you can show you care this winter.



OUT IN THE COLD

"THE WET AND COLD WEATHER POSE A GREAT CHALLENGE FOR PEOPLE LIVING ON THE STREETS THAT SNOWBALLS TO OTHER CHALLENGES."

— Jesse Laitinen, Khulisa Social Solutions

Streetpeople face numerous challenges all year round. However, Cape Town's cold and wet winter is a particularly tough time for our homeless community.



According to Ian Veary, social work manager at the NGO The Carpenter's Shop, while the winter weather pattern in Cape Town can vary from mild winter weather to storm warnings, the main concern for clients during extreme weather conditions is when they are unable to secure indoor sleeping quarters.

"This means that they are out in the open in close-to-zero temperatures overnight and in wet and windy conditions. As a result, they are prone to illnesses and other physical ailments. There are vulnerable people who may face death in such conditions due to lack of proper nutrition, adequate protection against the severe weather conditions and poor clothing that's insufficient to guard against the cold."

Ian further notes: "Our clients also lose out on job opportunities or income-generating activities that are

normally available during the summer period, as these could be related to being outdoors or having good weather. Also, during winter, many of us boost our immune system in order to avoid colds and flu but these measures are not available to our homeless clients on a regular basis."

Manager of strategic partnerships at Khulisa Social Solutions, Jesse Laitinen shares Ian's sentiments: "The wet and cold weather pose a great challenge for people living on the streets that snowballs into other challenges. People need warmer clothes and bedding, and lack of storage becomes a problem as people lose things they can't store."

"The winter weather also increases the risk of becoming sick, highlighting the problems in health services, especially for street people. We've noticed how they often get very poor service due to stigma

but also due to their perceived behaviour with substances or defaulting on medication."

The founder of Ladles of Love, Danny DiIiberto explains that staying dry in the rainy season is a very big challenge to streetpeople: "They have nothing to help keep the rain off them. I have done a number of clothing and shoe drives and I am amazed to see how quickly the stuff donated disappears from them; meaning they are in constant need of these drives to keep them warm."



WHAT THE CCID AND PARTNER NGOS ARE DOING

TO SHOW THEY CARE THIS WINTER

While the CCID's Social Development department has put key interventions in place to assist streetpeople this winter, it also works closely with a number of NGOs throughout the metropole who have various programmes to make winter a little bearable for streetpeople. It is important to note that, although these organisations have winter programmes in place, they are still in desperate need of donations of money or warm clothing, food, toiletries and shoes.



Look out for the CCID's "Show you care" poster campaign that lets you SnapScan donations right on the street.



Donation received by CCID Social Development



Meals being served at The Carpenter's Shop

WINTER INTERVENTIONS BY THE CCID'S PARTNERS

1. CITY OF CAPE TOWN

According to media reports, a "Safe Space" designed for 230 homeless people under the Culemborg bridge in the Foreshore area should be operational by mid winter. The space, to be accessed free of charge, will have sleeping and ablution facilities as well as storage lockers. The initiative is intended to address the shortage of beds at shelters in the Central City area, as well as the safety of those sleeping on the streets. In anticipation of the opening of the facility, the CCID will donate 300 Street Sleeper bags and 600 care bags and offer whatever other support it is able to give.

Contact City of Cape Town Social and Early Childhood Development:
080 087 2201



A meal served on Mandela Day

2. YOUTH SOLUTIONS AFRICA

Youth Solutions Africa is dedicated to reaching out to disadvantaged children, youth and adults living on the streets of the city as well as in the townships and thus reduce the numbers of homeless. This NGO, which provides shelter space all year round, has received funding for 40 additional beds from the City of Cape Town's Department of Social and Early Childhood Development – meaning that at least some individuals who would otherwise be out in the cold will have a warm place to sleep. The

organisation will also have additional ablution facilities to accommodate the number of clients this winter.

Contact Youth Solutions Africa:
Cnr Russel & Chapel streets
fundraising@safyouth.org
021 462 8006

3. THE CARPENTER'S SHOP

In another significant development, The Carpenter's Shop – which provides ablution facilities, a second-phase shelter and vocational training – has secured funding for three months from the City of Cape Town's Department of Social and Early Childhood Development to provide shelter facilities to 15 people who would ordinarily live on the street. These 15 beds will in turn be offered to participants from the Streetscapes programme, run by Khulisa Social Solutions (see also 4 below).

The Khulisa programme is primarily for chronic homeless and repeat offenders who are often unable to stay at shelters due to heavy drinking or drug use. Khulisa advocates for sheltered employment for this group, with many opportunities existing within the green economy; i.e. urban gardening and recycling projects.

Says Ian Veary, social work manager at The Carpenter's Shop: "We chose Streetscapes participants as our organisation is close to their place of work. They will be screened and documented and be part of a recognised programme. The temporary shelter will allow these clients to continue with both their work and their development programme without having to worry too much about shelter or being fit for work."

Contact The Carpenter's Shop:
14a Roeland St
info@tcs.org.za
021 461 5508

4. KHULISA SOCIAL SOLUTIONS

According to Jesse Laitinen, manager of strategic partnerships at Khulisa Social Solutions (which also runs two

community gardens on the boundary of the CBD), while the NGO doesn't necessarily have a special winter programme, it tries to assist people to find space off the street if they wish to: "And this year is special as The Carpenter's Shop has partnered with us and is offering 15 places to sleep for our people as part of their winter programme. That is something amazing and new."

THE CCID'S WINTER INTERVENTIONS



Distribution of
420 pairs of shoes
to partner NGOs



Distribution
of **waterproof
ponchos**



Distribution of
instant soup
when needed



Strategic placing of **10
donation bins** at various
establishments in and around
the Central City to collect food,
shoes, clothing and toiletries



Distribution of
2 000 care bags
to partner NGOs



Subsidising **20 additional beds**
for clients every night at **Youth
Solutions Africa in Zonnebloem**
(throughout the year, the CCID
subsidises 18 beds at the facility)



Donation of **300 sleeper
bags and 600 care bags**
to the City of Cape Town's
"Safe Space" project
(see number 1)

“WE WANT TO SHARE THE NEWS THAT HELP FROM THE PUBLIC IS NOT GOING INTO A BOTTOMLESS PIT.”

– Pam Jackson, Ons Plek



Garden by Khulisa Streetscapes participants

“We also want to buy a digester to start turning food waste into methane gas that we can cook on; we could make hot soup and boil water for coffee and tea in the garden. It would be a great way to warm up on a cold day and contribute to community building and educating everyone that there is no such thing as waste, really; just a lack of imagination as to what to do with waste.”

Contact Khulisa Social Solutions:
Norlen House, 17 Buitenkant St|
www.khulisa.org.za
021 465 6112

5. TB HIV CARE AND SOUPER TROOPERS COLLABORATION

CCID partner NGO TB HIV Care has teamed up with another Central City organisation Souper Troopers on a beanie project. TB HIV Care service users will make beanies for homeless individuals and Souper Troopers will, in turn, sponsor the looms and wool, pay a small service fee for each beanie made and then distribute to those in need.

Contact Souper Troopers:
info@soupertroopers.org

6. LADLES OF LOVE

Throughout the year, Ladles of Love, the brainchild of Danny Diliberto, serves over 500 meals a week from three venues: Doppio Zero Mandela Rhodes Place (Danny’s own restaurant), The Carpenter’s Shop and The Haven in Napier Street.

Says Danny: “I will continue to serve homeless people freshly prepared hot soup three times a week and maybe more if the opportunities arise.

I will also most likely do a clothing and food drive for Mandela Day, but my main focus will be to ensure that the homeless can rely on me for a hot meal three times a week. If other organisations are keen to collaborate, I will welcome that.”

Contact Ladles of Love: Corner nr St Georges Mall & Church Street
kate@ladlesoflove.org.za
073 720 8088



The Service Dining Rooms

7. ONS PLEK

Ons Plek is a shelter for female street children that provides food and accommodation.

While the organisation doesn’t have a dedicated winter programme, its Director, Pam Jackson, says: “It is winter and for anyone on the street, it is a tough time, yet we bring a message of hope and one of thanks to the public for enabling our work to be successful.

“We need help all year round to help prevent girl children from ending up on the street. Our food bill has soared, and we are battling to keep providing a service in these financial times. But, above all, we want to share the news that help from the public is not going into a bottomless pit.”

Contact Ons Plek:
7 Malleson Rd, Mowbray
onsplek@onsplek.org.za
021 685-4052/49

8. THE SERVICE DINING ROOMS

The Service Dining Rooms has become a pillar of hope in the CBD for those who depend on it for a nourishing daily meal. The organisation serves these to Cape Town’s most vulnerable people and will continue to do so this winter.

Contact The Service Dining Rooms:
82 Canterbury Street
karen@sdr.org.za
021 465 2390



“Show you care” Street Sleeper bag

OTHER NGO PARTNERS

The CCID also liaises with a number of other NGOs throughout the year.

THE HOMESTEAD

Your donation goes to:
a shelter for male street children that provides food and accommodation, and a reintegration programme.

Contact The Homestead:
Cnr Chapel & Russell streets, District Six
info@thehomestead.org.za
021 461 7470

U-TURN HOMELESS MINISTRIES

Your donation goes to:
equipping the homeless adults that provide them with skills to overcome homelessness.

Contact U-turn Homeless Ministries: 155 2nd Ave, Kenilworth
info@homeless.org.za
021 674 6119

STRAATWERK

Your donation goes to:
the rehabilitation of men and women living on the street via structured employment and skills training.

Contact Straatwerk:
5 Oranje Street
admin@straatwerk.org.za
021 425 0140

THE HAVEN

Your donation goes to:
night shelters for homeless adults that provide them with clean beds, a safe environment and meals.

Contact The Haven:
2 Napier Street, Green Point
info@haven.org.za
021 425 4700



Streetpeople being served food by volunteers

SnapScan

SnapScan is available for iOS, Android and BlackBerry.
www.snapscan.co.za



All monetary donations the CCID receives are split equally among six of its partner NGOs. The CCID takes no admin fee.

*Our partner NGOs receive an average of R8 depending on your cellphone service provider.

**A 3% admin fee goes to SnapScan.

For detailed Ts&Cs visit www.showyoucare.co.za.

HOW TO SHOW KINDNESS TO PEOPLE LIVING ON THE STREET THIS WINTER

As winter takes hold, spare a thought for the Cape Town Central City's streetpeople population by showing acts of kindness.

Says Pat Eddy, manager of CCID Social Development: "When looking at the difficulties facing homeless people especially in winter, it's easy for members of the public to get overwhelmed and to perhaps believe that one needs lots of money to make a difference. However, it's true that there's no such thing as a small act of kindness – every act creates a ripple effect. And there are things that each one of us can do to assist or to make a difference and some of them don't even cost money."

Pat outlines some of the ways to show kindness to people living on the street this winter:

MAKING DONATIONS

The CCID welcomes donations including monetary contributions, clothing, food and toiletries. These are then distributed to the various NGOs

that the CCID works with (see pages 2 and 3. There are four ways you can donate to the CCID's partner NGOs.

1. SMS "GIVE" to 38088 to donate R10*.
2. Download the free SnapScan app onto your smartphone and scan the code to the right to donate the amount of your choice**.
3. Make an EFT payment to the Show You Care GIVE RESPONSIBLY campaign. You can find bank details at www.showyoucare.co.za.
4. Or, you can make a donation directly to the NGO of your choice. All items in good condition are appreciated.

"And," says Pat, "while we encourage donations to be made towards our partners, this shouldn't stop individuals from showing they care within their own communities or lending a hand directly to organisations that assist those in need. The most important thing is to show you care and this forms the basis of everything the CCID's social development team does."

VOLUNTEER YOUR TIME

One of the ways to assist is to volunteer your time. This goes a long way as NGOs supporting people living on the street generally have limited resources and are always in need of a helping hand. In the Central City, there are various organisations that serve meals to the homeless and need volunteers. They include:

- **Ladles of Love** which provides meals on Tuesdays at 17h30 in St Georges Mall, Thursdays at 17h30 at the Haven Shelter in Napier Street in Greenpoint and on Saturdays at 12h00 outside The Carpenter's Shop in Roeland Street.
- **The Service Dining Rooms** at 82 Canterbury Street which serves meals daily.
- **RPJ Helping Hands** which serves meals regularly at the Carpenter's Shop.

TREAT HOMELESS PEOPLE WITH DIGNITY

"It's important that we treat others as we wish to be treated and this applies to our homeless population who sometimes aren't treated with respect and dignity. A simple hello goes a long way in acknowledging someone's humanity," says Pat. She adds that it's encouraging that there are organisations such as Souper Troopers in the CBD providing specific events and services that bring homeless people dignity and a sense of belonging.

GIFT A BAG

To donate a Street Sleeper sleeping bag visit www.streetsleeper.org

FIND OUT WHAT KEEPS THE CCID'S SOCIAL TEAM MOTIVATED

Every day, members of the Cape Town Central City Improvement District's (CCID) Social Development department pour their hearts and souls into their work engaging with the Central City's most vulnerable. We spoke to them to find out what keeps them going despite the challenges they face. Here's what they had to say...



Mark Williams
Field worker

"Having been a field worker for many years and having been involved in community-based youth development work, I can say, for me, it's all about making a difference even if I just manage to help that one person."

Contact Mark:
082 262 0112
mark@capetownccid.org



Shanien Stemmett
Field worker

"This work chose me; it's about helping people and it is fulfilling to know that our efforts, no matter how small, are never in vain. Knowing this is inspiring and gives me the strength to continue giving support to those who need it most."

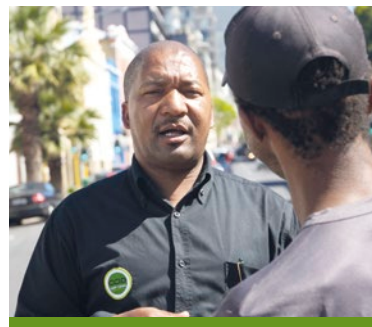
Contact Shanien:
072 561 9073
shanien@capetownccid.org



Joseph "Joe" Maganga
Social worker

"What keeps me going is the need that's out there among our homeless community; the numbers are rising and most of the clients I interact with want help and to move off the streets. Yes, the challenges are there, but it is a motivator when someone keeps coming back for help; it makes you hopeful."

Contact Joe:
082 928 3862
joseph@capetownccid.org



Headman Siralarala
Field worker

"With this type of work, you learn that you must take it one day at a time; just like our clients. So, I'd say the small victories – like when a client gets rehabilitated or when you manage to reunite them with their family – that keeps me going."

Contact Headman:
082 262 0113
headman@capetownccid.org