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are coming to town

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Warming up to winter: soup
and vintage threads in the CBD

CityViews

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YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Winter 2017

How to help the homeless
in the Central City from
the ground up

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SHOW YOU CARE

Show you
CARE



CCID 24-hour
control centre



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SAFE, CLEAN, CARING AND OPEN FOR BUSINESS

CAPE TOWN
CCID



TALK OF THE TOWN

CityViews

IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT ORGANISATION. IT IS THE CCID'S VISION TO ENSURE THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.

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NAVIGATING THE WATERS

Rain, rain, go away ... or come again?

TASSO EVANGELINOS

CEO OF THE CCID

Winter is tricky. Cape Town's is usually cold and wet, a time when the worst off have it even worse. It's also a time when, after a long, dry summer, many of us are hoping for rain. Though we may feel guilty doing so from our warm homes, this is especially true in 2017 when, in the shadow of drought, we'll take

what we can get. I'm told, though, that even if we do receive our usual share of winter showers, it won't be enough to replenish our dams to a higher level than the end of last winter. This means water restrictions are likely to become a way of life in the Cape, at least for the next few years.

It's amazing how much we depend on water, and yet how much it makes life difficult on the street. To shelter street people from the elements – the rain and the icy winds – the CCID is putting in place a few important interventions this year. As in previous years, we'll be providing waterproof ponchos, as well as instant soup, for distribution by our Social Development fieldworkers to their clients as needed. This will supplement the assistance they already render every single day. We are also working with Youth Solutions Africa's Woodstock shelter to ensure it has enough bed space for up to 30 of our clients every night. You can find out about this and other CCID-partnered NGOs on page 5.

Then, for the first time this year, we are purchasing 150 Street Sleeper sleeping bags for our fieldworkers to distribute on the streets. Many may say we are encouraging and enabling people to sleep on the streets. The reality is that, as with

all other neighbourhoods throughout the City, whether there are city improvement districts or not, we have a street community. Until there are enough facilities to accommodate the homeless, we need to find solutions that best meet the challenges. And we will only find the ultimate solutions when we all work together – private, public and NGO sectors. But for now, let's all at least do the best we can to help the truly destitute. If, as a corporate, you would consider getting involved with the Street Sleeper project, take a look at page 7 for more information. It's all part of being a caring Central City we can be proud of.

On that note, on page 8, our Social Development manager, Pat Eddy, tells us about transitional housing for the homeless and harm reduction – two concepts that could also lead to a more caring CBD.

As for our regular programming, so to speak, this issue of *City Views* is, as usual, filled with a mix of retail and event news. We also look at the route the Foreshore Freeway may take in the coming years (page 4), and speak to three influential Central City-based millennials about the spaces they inhabit (page 9).

Enjoy, and stay warm.

SHOW YOU CARE

The CCID Social Development team's tagline is "show you care". It's the ethos by which we work every day, and we want to inspire others to do the same.

The Cape Town Central City and its surrounding neighbourhoods have a street population of around 1 200. Though they live in the public eye, the depth of their trauma is often overlooked. The only way to understand and assist is to treat them like you would anyone else. And that requires caring and compassion.

My team of four fieldworkers have this in bucket loads. As you will see in the Social Development "dashboard" below, between them they interact almost 2 000 times with street people in a three-month period. They have forged close relationships with many of the people they have met over the years, facilitating essential health services, visiting family and other social contacts in communities outside the CBD, and even attending some of their clients' funerals.

I would like to thank my team – Mark Williams, Headman Sirala-rala, Joseph Maganga and Shanien Stemmett – for their dedication to improving so many lives. I would also like to take this opportunity, like Tasso has above, to challenge the Central City community. To the business people, residents, NGOs and City officials we work with, I know we all have different viewpoints when it comes to street people. But how can we come together and show we all care for our community as a whole?

PAT EDDY

MANAGER OF CCID SOCIAL DEVELOPMENT

HIGHLIGHTS OF WHAT THE CCID HAS DONE FOR YOU IN THE PAST THREE MONTHS

SAFETY & SECURITY

Stay SAFE

Conducted **24 187** crime prevention initiatives

Issued **3 171** warnings

Made **217** arrests with law enforcement

Issued **1 935** fines to a total of **R1 299 400** during the day

Issued **1 265** fines to a total of **R748 400** at night

Dealt with **33** illegal trading offences

Rendered public & vehicle assistance **450** times

Responded to **149** medical and rescue callouts

URBAN MANAGEMENT

Keep it CLEAN

Identified **1 248** illegal posters

Removed **2 736** strings & stickers

Removed **723** incidents of graffiti

Removed **400kg** of butts from cigarette bins

Cleaned **5 643** drains

Maintained **843** tree wells

Undertook **35** road maintenance repairs

Painted **355** road markings

SOCIAL DEVELOPMENT

Show you CARE

Engaged with street people **1 830** times on the streets

Assisted **86 adults** to shelters

Assisted **30 adults** home

Assisted **15 adults** to healthcare facilities

Referred **2 adults** to Straatwerk for a work opportunity

Assisted **2 mothers** with babies

Assisted **9 children** with preventative services

COMMUNICATIONS

Making the PLACE

Generated **174 clips** with total media exposure (AVE) to the value of **R10 948 857** (estimated audience circulation: **90 806 205**).

A great deal of the coverage is from the launch of *The State of Cape Town Central City Report – 2016: A year in review*. During the last three months, the Communications department also concluded the "Stash it, Don't Flash it" campaign and conceptualised and rolled out the very successful #KeepItClean campaign for the Urban Management department (see page 3).

#TRENDING

#cosplay



FanCon: Cape Town Comic Con came to the CTICC on the weekend of 29 April. (image: Atlanta Comic Con)



#KeepItClean

Did you see our activation in Bree Street on 6 April? The CCID removes 2 100kg of street refuse a day from the Central City.

#KeepItClean



Sies! The CCID's 2017 #KeepItClean campaign has come to an end, but we continue to give a thumbs down to litter and illegal dumping.

Thanks to Belmond Mount Nelson Hotel, Cape Town Partnership, Laura Robinson, Mandela Rhodes Place, Protea North Wharf, Southern Sun Waterfront, Sun International and Taj Cape Town for donations.

STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new retailers all the best in the Central City.



Villains Ale House

LEARN

The Sew Much Fun Studio
This boutique offers courses in sewing to anyone, whether they be absolute beginners or budding dressmakers.
210 Long St
http://thesewmuchfunstudio.com

PLAY

Villains Ale House
Brought to you by the guys behind The Village Idiot, Aces 'n Spades, Jerry's Burger Bar, Jason Bakery and Bardough, this English-style pub welcomes all.
38 Hout St | 021 422 2317
www.facebook.com/villainsalehouse

SHOP

Snipped Hair Bar
From colouring and cutting to blow dries and extensions, get groomed in the CBD's financial district.
4 Portside, Bree St | 074 093 7733
www.facebook.com/SnippedHairBar

EAT

Cool Bananas
From raw juice to hot coffee, everything's R10 at the cool new Cool Bananas kiosk in St Georges Mall.
St Georges Mall at Strand Street north intersection | 021 511 8054
www.facebook.com/TheVegologist

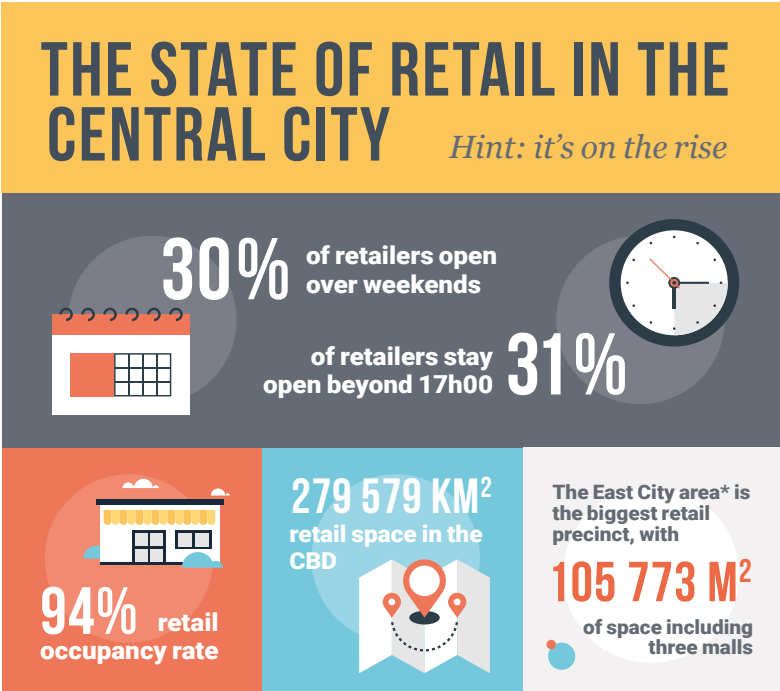
For more Central City news and views, subscribe to the CCID's newsletter. Go to www.capetownccid.org and enter your email address at the bottom of the homepage.

Hail Pizza & Wholesome
Two eateries have opened behind Clarke's Bar & Dining Room. Wholesome offers healthy light meals during the day. At night, the space turns into Hail Pizza.
133 Bree St | 072 349 3551
www.facebook.com/hailpizza
capetown | www.facebook.com/Wholesomecapetown

Evolution Café
This health store and wellness café serves nutritious and delicious food and drinks.
5 Portside, Bree St | 082 903 3406
www.evolution-cafe.com

Homage 1862
Located in a Victorian building opposite the Pepperclub Hotel & Spa, Homage pays tribute to the Cape's food heritage.
168 Loop St | 082 210 5218
www.facebook.com/homage.1862

Xpresso Café
Lo and behold, another R10 eatery in the CBD. Coffee, pastries, sandwiches and treats: everything's a tenner. And you can even buy a R10 voucher for someone on the street.
61 Adderley St (entrance on Shortmarket St) | 021 422 0437
www.xpressocafe.co.za



Source: 2016 Retail Opinion Survey, as published in *The State of Cape Town Central City Report – 2016: A year in review* | *East City = Adderley to Canterbury streets and Darling to Roeland streets

THE PEOPLE HAVE “SMOKEN”

The CCID's autumn #KeepItClean campaign entered its final phase with a novel way to stub out your stompie and leave your mark.



Our ciggie-butt bin got smokers talking.

In May, the CCID tested a possible new ciggie bin on St Georges Mall and Adderley Street. Inspired by UK-based charity Hubbub's "ballot bin" design rolled out in cities including Manchester (www.hubbub.org.uk/ballot-bin), this one turned an outdoor smoke into the same experience the office water cooler offers – a chance to debate the issues of the day.

The display area contained a question, changed on a regular basis, and asked smokers to vote with their butts. The idea was to encourage them to discard their stompies in a designated bin rather than on the sidewalk or in the gutter. And, judging by the crowds it drew and the number of butts it held at the end of each day, the activation was a huge success. Oh, and in case you're

wondering: the CBD is pretty evenly split between Beliebers and non-Beliebers (see left).

Along with new trolleys acquired earlier this year by Urban Management to make the work of our road maintenance and graffiti teams easier, other #KeepItClean elements activated in May as part of a month-long public awareness campaign included street-pole posters and an installation showing what 2 100kg of street refuse (the amount the CCID collects every day) looks like (see Twitter photo on page 2). During the campaign, we also distributed over 30 000 CCID-branded pocket ashtrays. These pouches have a flame-retardant lining, allowing you to stub out your stompie responsibly even when there isn't a bin nearby.

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR SAFETY & SECURITY

082 415 7127
(Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE

107 / 021 480 7700
(24 hours)

107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
(24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES

- Refuse Collection, Water Issues, Street Lights and Electricity Faults
0860 103 089
- Traffic Signal Faults
0860 001 948
- Prepaid Electricity Meters
0800 220 440
- Cable Theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

FORESHORE FREEWAY

TRAVEL TO TOMORROW

Cape Town's "road to nowhere" finally has somewhere to go. And it could pave the way for a more equitable Central City.



There are six hectares of underused City-owned land between and around the Foreshore Freeways (left).

One of the Foreshore Freeway Precinct proposals envisioned high-rise developments and completed road infrastructure (below).

Never mind Table Mountain, Cape Town's most famous landmark is arguably its Foreshore Freeway. This concrete monolith, which cuts the Central City off from the sea, features an elevated section as well as incomplete road "stubs". It has been this way since construction halted in 1977, a monument to an era of car-centred urban planning. Surrounding the freeway, however, is six hectares of valuable, underused City-owned land.

Built on reclaimed land in the 1930s, the Foreshore itself is being reclaimed for a second time, as greenfields developments and refurbishments bring people to its streets. As the value of the precinct has increased, so has the urgency to "deal" with the freeway and surrounds, especially considering Cape Town's status as the most traffic-congested city in SA (according to TomTom).

If completed, would the freeway solve this problem? Or is it time to look at it with new eyes? Proponents of so-called new urbanism cite the benefits of walkable neighbourhoods and globally advocate for the removal of such "overbuilt" infrastructure. There is even evidence to suggest doing so lessens traffic, a phenomenon known as "reduced demand" (the opposite of "induced demand"). The theory goes that if a road closes, travellers will adjust their behaviour to compensate – as long as there are alternatives.

To this end, in 2016, the City of Cape Town's Transport and Urban Development Authority (TDA) launched the city's first transit-oriented

development (TOD) project, calling on investors and developers to submit proposals for the freeway and the surrounding land that would address the traffic congestion and make provision for affordable housing in the CBD. The aim was to reverse the legacy of apartheid spatial planning and bring people closer to places of work.

Six proposals made it through the initial assessment phase. The public could view these in an exhibition at the Civic Centre in March. Some of the proposals advocate for joining the freeway's unfinished viaducts, while others opt for demolition of all its existing infrastructure. In the case of the latter, an at-grade boulevard or a tunnelled roadway could serve as an entryway into – and route through – the Central City. Along with affordable housing in the area, other ideas also include green spaces, sports facilities and public transport infrastructure that could transform the Foreshore into a vibrant people-focused node.

This is by no means a world first. In fact, freeways are literally falling out of favour all over. One of these was San Francisco's Embarcadero Freeway, damaged by the 1989 Loma Prieta earthquake and then demolished. A new downtown emerged from the rubble, one that now has huge amounts of public space, as well as paths dedicated to cyclists and pedestrians. There are also new public transport routes, which have changed the way San Franciscans interact with their city.

Could demolition of Cape Town's Foreshore Freeway, as mooted by a few of the proposals,



result in the same for the Mother City? A similar project has transformed downtown Seoul, South Korea. The removal of the elevated Cheonggye Freeway reconnected the city with a lost waterway. According to Inhabitat, the area is now a "green oasis in a concrete jungle [...] that attracts 60 000 visitors a day".

Other examples include the John F Fitzgerald Expressway in Boston, Massachusetts, in the US, and Rio Madrid in Spain's central capital, where freeway traffic now goes into underground tunnels. All these projects have led to healthier, greener, and safer cities.

Demolition may not be necessary, however, to overhaul the freeway. Another option is to go the

way of the New York High Line, as raised by another of the proposals. This 2km linear park in Manhattan occupies an elevated section of a disused railway spur. The project, in addition to being a spectacular public space, has also catalysed development in the surrounding neighbourhoods. Could this be a way to reconnect the Cape Town CBD with the sea?

The City of Cape Town is now evaluating the public's comments on the proposals as part of a four-month process that will result in the selection of the preferred bidders for the development. Councillor Brett Herron, the mayco member for TDA, says the City would like to see the planning and approval processes concluded within two years. Whatever the outcome, it's sure to be a new way forward for Cape Town.

THE CCID'S PARTNER NGOS

Show you
CARESHOW YOU CARE:
DONATE

Winter is an especially tough time for Cape Town's street people. We're sure many of you want to help. If so, you can do so via the CCID's six primary partner NGOs.



The CCID's Social Development fieldworkers engage with street people and refer them to our partner NGOs for services. Pictured is Shanien Stemmet.

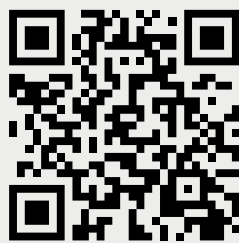
There are many organisations in Cape Town that help street people. The ones on this page are those with which the CCID Social Development team works the closest in the Central City. You can donate money via the

SnapScan system we've set up (see box below), in which case we will split it equally among the six NGOs that follow. Or you can contact one or more of the NGOs of your choice yourself to give money or goods directly.

WHAT IF I WANT TO
HELP RIGHT NOW?

There are four ways you can donate to the CCID's partner NGOs.

1. SMS "GIVE" to 38088 to donate R10*.
2. Download the free SnapScan app onto your smartphone and scan the code to the right to donate the amount of your choice**.
3. Make an EFT payment to the Show You Care GIVE RESPONSIBLY campaign. You can find bank details at www.showyoucare.co.za.
4. Or, as outlined on this page, you can make a donation directly to the NGO of your choice. All items in good condition are appreciated, but we've noted the most important ones some of the NGOs are hoping for.



All monetary donations the CCID receives are split equally among six partner NGOs. The CCID takes no admin fee.

*Our partner NGOs receive an average of R8 depending on your cellphone service provider.

**A 3% admin fee goes to SnapScan.

For detailed Ts&Cs visit www.showyoucare.co.za.



The Carpenter's Shop

Your donation goes to: social worker assessments and support aimed at rehabilitating and reintegrating street people into society; vocational training; a second-phase shelter; ablution facilities.

Also needs: clothing

The Carpenter's Shop also runs a car wash with dry washing. Here, you can get your vehicle cleaned by street people who have gone through a training course. Your support enables The Carpenter's Shop to train more people, giving them an opportunity to become employed.

14a Roeland St | 021 461 5508 | www.tcs.org.za



Straatwerk's road maintenance team attends to defects on sidewalks in the CBD.

Straatwerk

Your donation goes to: the rehabilitation of men and women living on the street via structured employment.

Also needs: shoes

Did you know Straatwerk gives the CCID extra capacity to meet urban management needs as they arise? Through this collaboration, the CCID creates work opportunities for around 300 street people each year. This includes an upskilled road maintenance team consisting of six members who attend to repairs to damaged pavement surfaces and signage, minor potholes, and road-marking painting.

37 Chiappini St, Bo-Kaap | 021 425 0140
www.straatwerk.org.za

Ons Plek

Your donation goes to: a shelter for female street children that provides food and accommodation.

7 Malleson Rd, Mowbray | 021 685 4052/49
www.onsplek.org.za

The Homestead

Your donation goes to: a shelter for male street children that provides food and accommodation; a reintegration programme.

150 Strand St | 021 461 7470
<http://thehomestead.org.za>

DID WE BIN THE BIN PROJECT?

If you've been a *City Views* reader for some time, or follow the CCID, you may remember our GIVE RESPONSIBLY donation bin project. We rolled these out to Central City businesses every winter for several years to encourage their staff to donate items for street people. We are so proud that the project has taken on a life of its own, with many of the original stakeholders – Belmond Mount Nelson, Boston City Campus, Infestation, New Media Publishing, Pam Golding Properties, Protea Hotel North Wharf, Redefine Properties, Tsogo Sun and Woodheads – having run with it and now managing it themselves. Thank you! If you are prepared to have a bin on your premises and manage it via your own organisation, please email aziza@capetownccid.org.



Khulisa Social Solutions

Your donation goes to: personal development and work-based rehabilitation for the chronic homeless to reintegrate into society.

Find out about the Khulisa Streetscapes garden, sponsored by the CCID and where members of the public can buy the produce grown, on page 6.

3rd floor, Norlen House, 17 Buitenkant St
021 465 6112 | <http://khulisa.org.za>



Youth Solutions Africa



Youth Solutions Africa

Your donation goes to: a shelter and skills training programmes for men and women; a social worker to help reintegrate them into society. **Also needs:** blankets

Find out how the CCID helped Youth Solutions Africa expand its Woodstock shelter, on page 6.

Cnr Russell & Chapel streets, District Six
<https://safyouth.org> | 021 462 8006

OPPORTUNITIES TO HELP

SHOW YOU CARE: HELP SPONSOR A PROJECT

For many years, the CCID has worked with key stakeholders on programmes to assist the homeless and destitute, putting its money where its mouth is.

Several of the CCID's projects are now ripe for expansion, while new ones are in development. We would like to challenge the Central City's private sector to get involved with uplifting the community so we can collectively demonstrate the spirit of **#ShowYouCare**. Here are two projects currently seeking sponsorship.



The Khulisa garden

Khulisa Streetscapes

**VALUE: R2 146 560 –
SEEKING SPONSORSHIP
OF R1 497 600**

With the tag line "Reinventing lives", **Khulisa** is an NPO that empowers people and communities to unlock their potential. Its Cape Town office, in the CBD, creates diversion programmes that enable minor offenders to upskill themselves towards gainful employment, and ultimately reintegrate into society and away from what could otherwise become a spiral of crime.

THE PROJECT

The **Streetscapes** programme is primarily for the chronic homeless and repeat offenders who are often unable to stay at shelters due to heavy drinking or drug use. Many of them have been on the streets for decades, making reintegration under their current circumstances near impossible. Lack of diversion options for reoffenders has led to a vicious cycle of arrests and losing of hope, dignity and belongings.

Khulisa advocates for sheltered employment for this group, with many opportunities existing within the green economy; ie urban gardening and recycling projects. An initial pilot with 40 participants delivered these results:

- Individuals were happy to work, providing the work was in line with their capability.
- The income they received brought routine and structure to their lives as well as providing a sense of dignity and purpose.
- 77% of the participants were able to move off the streets, with 68% addressing their substance abuse.

Along with assisting with the identification of suitable participants from its own street clients for the pilot, the **CCID** also contributed towards the costs of the programme coordinator, a part-time trainer, a part-time substance abuse counsellor, and obtaining IDs for participants.

The **City of Cape Town's Expanded Public Works Programme (EPWP)** provided stipends for the first three months. The CCID then funded additional stipends beyond this period to ensure the sustainability of the project.

THE SPONSORSHIP "ASK"

The programme would need R2 146 560 to run for another two years. Of this, the CCID has committed to sponsoring R648 000, if an additional partner sponsor can fund the balance of R1 497 600 (mainly for expansion to the garden and to develop other work opportunities).



CCID fieldwork Joe Maganga interacts with a client in The Company's Garden.

Central City ablation facilities

**VALUE: R2 291 736 – SEEKING
SPONSORSHIP OF R1 917 336**

One of the biggest asks of our CBD homeless community is for adequate public ablation facilities. The few that do exist are kilometres away from each other and only open for very limited hours during the day.

THE PROJECT

The **CCID** wishes to acquire three portable ablation units that would remain open from 06h00 till 23h00. It wants to station these close to its own mobile public service and information kiosks to afford users security and peace of mind. Serviced by participants in programmes with the CCID's NGO partners, these facilities would also create work opportunities – a total of 4 368 four-hour shifts each year.

THE SPONSORSHIP "ASK"

A total of R2 291 736 would enable this project to run for two years. The CCID has already committed to sponsoring R374 400 towards the

costs of consumables in the use and maintenance of the facilities, and is seeking R1 917 336 towards

the capital equipment costs of the units and servicing them in terms of cleaning and waste removal.

HOW OTHERS HAVE ALREADY HELPED: EXPANSION OF YOUTH SOLUTIONS AFRICA'S WOODSTOCK SHELTER

One of the CCID's primary partners in the Cape Town CBD, **Youth Solutions Africa (YSA)** works to reduce the number of homeless people living on the streets, and provides temporary shelter offering beds, access to ablation facilities and two meals a day. By the beginning of 2016, it was able to accommodate up to 60 men and women at its Woodstock facility. But with the number of homeless in the CBD area being around 700, this was a drop in the ocean, with beds in extremely high demand.

To ensure at least 18 beds could be set aside for the CCID's own

clients, early in 2016 the **CCID** approached **YSA** with an offer to fund an upgrade of the facility to the value of **R249 700**. This included the building of four additional dormitories to accommodate more people, upgrading of ablation and kitchen facilities, provision of furniture and fittings, and building of 14 additional lockers.

In turn, the project drew sponsorship from **Eris Properties** (which contributed R50 000 to project management fees) and **Tsogo Sun** (which donated a stove and cooker). Other concerned CBD stakeholders donated carpeting, linens and kitchen appliances.

The CCID is now purchasing materials to tile YSA's ablation area, and providing the facility with an additional 18 steel lockers for its clients.

OTHER WAYS TO SHOW YOU CARE

Show you
CARE

STREET SLEEPER IS AN NPO THAT UPCYCLES VINYL BILLBOARDS INTO SLEEPING BAGS FOR THE HOMELESS. THIS TRANSFORMS THE NEGATIVE IMPACT OF WASTE INTO IMMEDIATE RELIEF FOR THOSE LIVING ON THE STREET.



Street Sleeper founder Oliver Brain and Caroline demonstrate the Street Sleeper bag.

Buy a Street Sleeper

Street Sleeper is an NPO that upcycles vinyl billboards into sleeping bags for the homeless. This transforms the negative impact of waste into immediate relief for those living on the street. The bag is durable and waterproof, and transforms into a carrier bag for storing possessions during the day. At night, the user can fill the pillow slip area with clothes for head support.

The CCID has purchased 150 "Show you care"-branded Street Sleepers for distribution to its Social Development clients. In the event of a Street Sleeper going missing, a CCID fieldworker will be able to return the bag, when found, through a numbering system that will link the property back to the original recipient.

If you would like to buy Street Sleepers or fund a similar project to the CCID's, please visit www.streetsleeper.org.

Help a friend

Obey Togarepi is an operations supervisor at Straatwerk. If you're a regular *City Views* reader, you may recall our 2016 story about Obey's health and the efforts of a CCID employee to raise money for him.

"Go home and spend time with your family." These were the words of a doctor at a state hospital when Obey sought help after receiving a diagnosis of kidney failure in November 2015. A Zimbabwean citizen, he was not allowed to access public healthcare in SA, even though he had an SA work permit.

Obey started dialysis at a private facility in March 2016, with most of his salary going towards two treatments per week, as well as supplementary medical expenses and a special diet. At the same time, he applied for private medical aid but was subject to a 12-month waiting period due to his pre-existing condition. His wife, Ashell, also brings in earnings (sometimes working seven days a week) but, between them, there hasn't been enough to cover his healthcare out of pocket and support their two children, one of whom has since started grade 1.

CCID online coordinator Scott Arendse decided to step in, raising R30 000 for Obey and his family through a 12-hour tennis marathon in May 2016. Scott repeated the challenge on 3 June this year to celebrate the end of Obey's healthcare waiting period, and raised close to R9 000 by the time of going to print. Obey's ongoing monthly dialysis has transferred to his medical aid and he will have

access to more of his salary. But life will remain a struggle and expenses will continue to mount until he receives a transplant.

If you would like to help Obey out, please contact Scott Arendse at scott@capetownccid.org.

Support a business

Jarovi Trading, an independent company formed by two original **Straatwerk** participants in 2014, provides a variety of services. These include distribution of flyers and newspapers, graffiti removal and event management.

The directors are **Robert Viga** and **Vitalis Mhlana**, who came to Cape Town in 2009. They both fell upon hard times and were unable to find work. Robert joined Straatwerk in June of that year, and Vitalis in October, and the two struck up a close friendship as they upskilled on the job. In 2013, Straatwerk manager Hannes van der Merwe gave them an entrepreneurship opportunity to take over the distribution of this

very newspaper. Says Robert: "We regard Hannes as our mentor and we are so grateful to him."

Robert and Vitalis registered Jarovi Trading as a company in 2014 and have distributed *City Views* ever since. They have added to their portfolio over time and wish to take on more clients so they can increase their capacity for creating work for others. They recently assisted with the CCID Urban Management department's #KeepItClean activations in the CBD (see page 3), with CCID project coordinator Aziza Patandin referring to their professionalism and enthusiasm as "outstanding".

Says Robert: "When we need extra people for projects, we get them via Straatwerk. But our long-term goal is to give street people income and incentives in the form of permanent employment."

If you want to find out more about Jarovi Trading's services, visit www.jarovitrading.co.za.

LADLES OF LOVE

Ladles of Love started as a soup kitchen for 70 street people but now serves over 800 meals a week in three venues: St Georges Mall, The Carpenter's Shop, and The Haven in Napier Street. It has served over 70 000 free meals in total. The organisation is looking to partner with people and businesses who want to help on an ongoing basis.

To find out how, visit www.ladlesoflove.org.za or call Danny Diliberto on 073 720 8088.



Scott Arendse (left) enjoys a time out with Obey Togarepi.



Vitalis Mhlana (left) and Robert Viga (right)

SUPPORTING THE HOMELESS

A PLACE TO CALL HOME

CCID Social Development manager Pat Eddy tells us about the latest initiatives for supporting the homeless and other street people.



Mission Street's Navigation Center in San Francisco, California

There are a variety of shelters and services for street people in Cape Town, a number of which the CCID's Social Development team work with daily. While many of the CBD's homeless access these services, others are reluctant. The latter tend to be those who have been on the streets for a particularly long time and who may have lost hope or trust in the system. They are the so-called "chronic homeless".

As a caring CBD, how do we ensure those who need it most volunteer to seek help? The answer may lie in a transitional housing programme pioneered in San Francisco, California, and known as **Navigation Centers**. Run by the city's Department of Homelessness and Supportive Housing, it provides otherwise unsheltered San Franciscans room and board while case managers work to connect them to income, public benefits, health services, shelter and, yes, housing.

Like Cape Town, San Francisco has a high level of homelessness. Unlike Cape Town, where there has been a tendency to "wish it away", San Francisco has taken the bull by the horns. Its Navigation Centers are different from traditional shelters in that they have few barriers to entry and intensive case management. And unlike traditional shelters, people with partners, pets and possessions are welcome.

The first Navigation Center, which opened in March 2015, has proved popular with homeless residents who have been reluctant to go to traditional shelters. It plays a role in acclimatising clients to the municipal system, linking them with support services, and preparing them for moves into permanent housing.

A June 2016 evaluation of this pilot revealed some interesting statistics about its participants. The majority, 61%, had been homeless for one to five years. However, a significant amount had been homeless for longer, with 10% over 16 years. **78% of those who exited the Navigation Center went home or to permanent housing.** At the six-month mark, the average length of stay for clients who exited the centre into permanent housing was 57 days.

Other Navigation Centers have since opened in California, together bring over 1 150 vulnerable people off the streets, with 72% of them having exited to

housing. The centres themselves have received a warm welcome in many neighbourhoods, which have embraced the concept.

The good news for Cape Town's homeless population is that the City is considering a similar pre-shelter facility. A pilot safe space is set to open in the Culemborg area of the Foreshore in September. Funded by the City, it will provide the homeless at night with a place to sleep, eat and do laundry. It will also give them lockers to store their belongings and access to work programmes. As an initial outreach, it could persuade a user of the space to commit to a developmental plan.

The CCID supports this project, especially as many of our clients have identified a need for a safe space. In fact, we have tried to identify a suitable space for vulnerable people for some time.

The project could face some challenges, though, as there is currently no local best-practise model for the pilot to draw from. So, it is critical the City take into account input from the NGOs who render services to street people, as well as from potential users of the space. It is essential, also, to consider the uniqueness of each person and to move at their pace without trying to find one-size-fits-all solutions.

MANY OF OUR CLIENTS HAVE IDENTIFIED A NEED FOR A SAFE SPACE.

The CCID's Social Development department welcomes **TB/HIV Care's** new drop-in centre to the area.

Founded as the Nelspoort After Care Committee in March 1929, TB/HIV Care has been helping Capetonians for almost 90 years. Since 2011, it has become a major provider of health services to "key populations"; ie those most at risk of HIV infection.

TB/HIV Care has offered health services in the Cape Town Central City through its mobile clinics since 2007. This year, it established a fixed drop-in centre, on Rose Street in De Waterkant, right outside the CCID's boundaries. This centre provides "harm reduction" to help prevent and reduce the spread of HIV among sex workers and people who inject drugs (PWID).

Says Shaun Kelly, the projects, policy, advocacy and human rights manager at TB/HIV Care: "Harm reduction is about meeting people where they are at, without judgement, and helping them achieve their drug-use aims, including abstinence, in the way that causes the least harm to them, irrespective of the current legal and policy framework."

This, he believes, contributes to the understanding of drug use, the development of effective drug policy and the rights of marginalised groups.

Part of TB/HIV Care's **Step Up** project, the harm reduction programme includes a package of essential HIV and other wellness services recommended to PWID by the **World Health Organisation** (WHO). The project includes the



Cape Argus columnist and street people's activist Danny Oosthuizen speaks at the launch of TB/HIV Care's drop-in centre.

provision of sterile needles and syringes as well as condoms, HIV counselling and testing, TB and STI screening, wound care, and behaviour change interventions tailored to injecting, overdose prevention and the sexual risks of PWID.

The CCID's fieldworkers are able to refer clients to the drop-in centre

to access these services, as well as an on-site social worker and psychosocial counsellor. It also has a safe space where they can access shower facilities and a chill-out area.

The **Western Cape Government Department of Health** supports the project, acknowledging that taking away someone's safe

injecting equipment won't stop them from using drugs, but will make it harder for them to stay as safe and healthy as possible.

Many of the CCID's own clients living on the streets are injecting drugs. The harm reduction services provided at the drop-in centre allow this group to receive appropriate HIV counselling and testing, which assists in reducing the spread of HIV on the streets. As a welcome gesture, the CCID is purchasing two mesh locker sets for TB/HIV Care, one for the male and one for the female ablution areas, as well as 20 post-box lockers for clients to store their most important belongings.

A NEW HOME FOR HARM REDUCTION

SOCIAL SPACES

MEETING IN THE MIDDLE

City Views spoke to three millennials who are shaping the Central City by enabling the spaces that attract them. In so doing, they are helping improve the area for all generations.

Born between 1980 and 2000, millennials came of age in an era of rapid technological progression. For them, boundaries are not set by geography but by the limitations of their devices. They are collaborators and can reach the world in an instant message.

Despite this, millennials tend to seek out a downtown lifestyle where people prize face-to-face connection in social spaces. Globally, more and more of them are migrating to CBDs.

The CCID's 2015 online residential survey reflects this, revealing Generation Y is the largest group living in the Cape Town Central City. (44% of all respondents were between 18 and 34.) The area also has many young workers as well as students passing through every day (owing to 82 education institutes).

We found out what attracts them, straight from the horse's mouth.



Rashiq Fataar

Rashiq Fataar is the MD of Future Cape Town (FCT), which has its office in St Georges Mall. The 30-year-old founded the consultancy online and is redefining civic engagement.

Rashiq says: "I trained as an actuary, and my passion for cities started at the age of seven through Cape Town's 2004 Olympic bid. While I worked at a large corporate for four years and completed my degree, I started a blog in my spare time. It gained attention and has transformed into an independent NPO that collaborates widely to contribute towards a more visionary, equitable and innovative city, and works on projects to move the city towards this vision."

To this end, FCT recently undertook a study of Church Square for Urban Lime, a property

regeneration company. It evaluated the space across multiple criteria and released a report with recommendations to improve it.

According to Rashiq, the Central City appeals to millennials because it has layers of history, and a relevant contemporary, cultural and entertainment offering. "At the same time," he says, "there is a sense of potential that speaks to the city's regeneration thus far and the remarkable future ahead. Millennials want to feel that they are part of this."

THE CENTRAL CITY APPEALS TO MILLENNIALS BECAUSE IT HAS LAYERS OF HISTORY ...



Katlego Maphai

Also working in the CBD is Yoco co-founder and CEO Katlego Maphai. Yoco, based in Loop Street, provides merchants of all sizes with a mobile point of sale application and card acceptance solution. Over 300 retailers and restaurants in the City Bowl have signed up.

Katlego says: "Cape Town is one of the strongest SME environments in South Africa. There's a lower concentration of big corporates than Johannesburg and, as such, people are more likely to start a venture or work for one."

The 33-year-old believes the CBD appeals to millennials because a sense of connection is something they value. "It is vibrant, with a lot going on. Importantly, we are surrounded by our customers and remain

grounded as a result. We are also surrounded by partners who help us to deliver our service.

"Additionally, the CBD's ever-changing environment forces us to be forward looking. This is critical for a venture."

THE 33-YEAR-OLD BELIEVES THE CBD APPEALS TO MILLENNIALS BECAUSE A SENSE OF CONNECTION IS SOMETHING THEY VALUE.



Kyle Lucky

Our CBD is also home to an increasing amount of so-called "third spaces" catering to millennials. This term refers to the social realm outside the home and the office, and includes community centres, cafés, bars and even barber shops. According to urban sociologist Ray Oldenburg, these hangouts are the heart of a community's social vitality.

A three-in-one venue at 61 Harrington St epitomises this concept. Managed by hospitality group The Firm, it includes District (an events venue and night club), Harringtons Cocktail Lounge, and SurfaRosa (a dive bar). Kyle Lucky (30) – the vocalist in hard rock band Dead Lucky and hardcore punk band One Eight Seven – manages the latter.

He says: "SurfaRosa is super laid back. Anyone is welcome. We're all about good times and taking

it easy. My dream is to smash through the class and subcultural lines and have everyone hang out together as one people."

For Kyle, this melting pot is energising: "I love the hustle and grind of the CBD. It keeps your mind sharp and your heart strong."

Many agree. According to the CCID's 2015 online residential survey, 91% of all respondents, ranging from millennials to retirees, frequented The Company's Garden and 80% ate out at least once a week.

It seems whether you're a member of Gen X, a baby boomer, the iGeneration or the millennial in the middle, you will find a place to socialise in the Central City. It's thanks in no small part to the latter that these spaces continue to thrive.

SURFAROSA IS SUPER LAID BACK. ANYONE IS WELCOME. WE'RE ALL ABOUT GOOD TIMES AND TAKING IT EASY. MY DREAM IS TO SMASH THROUGH THE CLASS AND SUBCULTURAL LINES.

PICTURE COURTESY OF GREGOR RÖHRIG

SMART CITY THE CCID ONLINE

We have several services on our website and social media you may find useful.

We designed the CCID website as a place where it would be easy to locate retailers and service providers in the Central City. And since launching two years ago, we have added new features to enhance this experience. **Here they are.**

Explore the CBD

You can use the CCID website to locate retailers and service providers in the CBD in seven categories: **Eat | Learn | Play Services | Shop | Stay | Visit**

Get images

The CCID has a vast library of open-source images of or relating to the Central City. This includes everything from buildings and events to public spaces. Select the photo you need under **Media >> Galleries** and click **"request high resolution"**. Fill out the form with your contact details and the reason for your request, and we'll do the rest.

View the CCID's publications

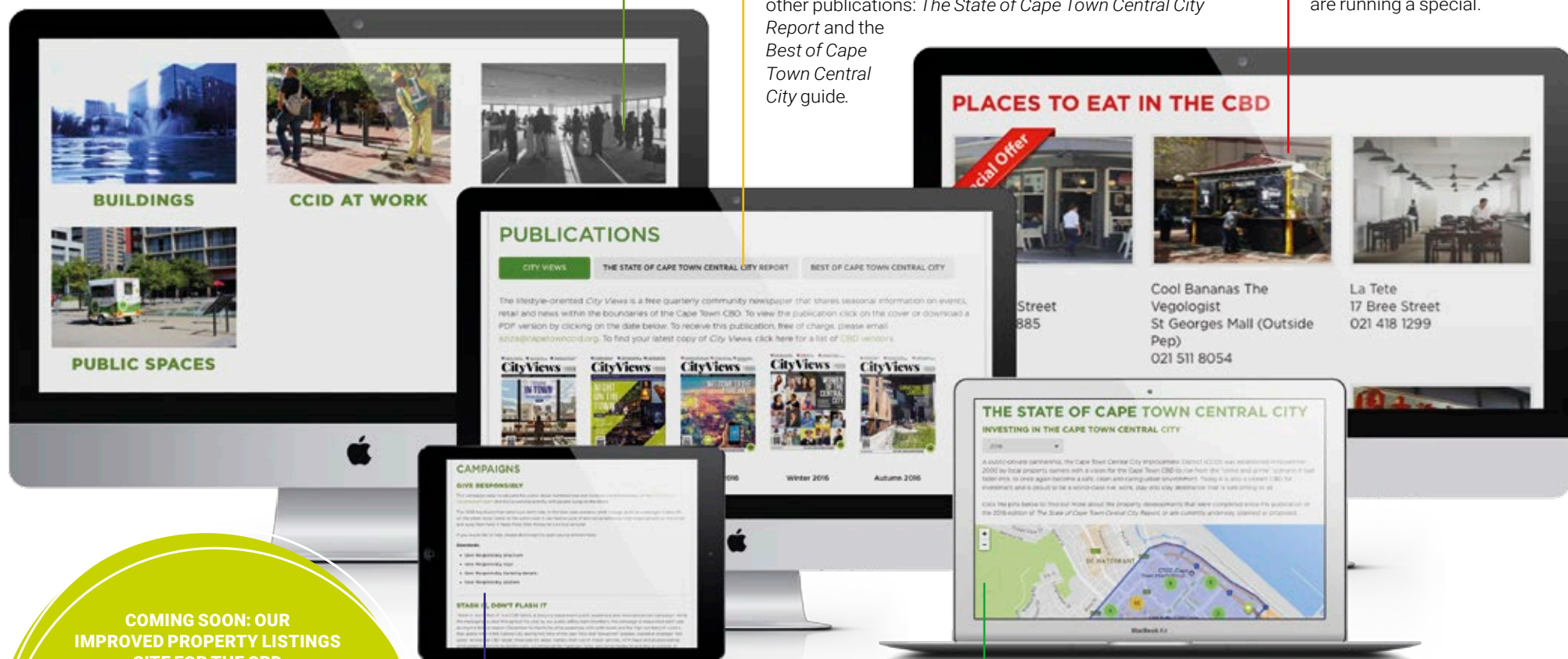
You can download or view *City Views* online by going to **About >> Publications**. Here you will also find the CCID's other publications: *The State of Cape Town Central City Report* and the *Best of Cape Town Central City* guide.

WHEN YOU NEED US RIGHT NOW

If you have an on-the-ground emergency or find yourself in need of immediate assistance in the Central City, it's always best to contact our 24-hour control centre on 082 415 7127, and our Safety & Security team will respond.

Promote your specials

If you run a restaurant or shop, or provide accommodation in the CBD, you can draw attention to specials on the CCID website. **First, find your venue under Explore the CBD.** (If it's not already there, please email its details to scott@capetownccid.org.) When you click on it, an image (if available) and a map will appear to the right. Under the map, select **"If this is your venue and you have a special on you'd like us to help you promote, click here."** Fill in the form and you're done! We'll vet the information and post it on your listing. A red banner will then appear over your venue's photo, indicating that you are running a special.



COMING SOON: OUR IMPROVED PROPERTY LISTINGS SITE FOR THE CBD

We are currently giving this portal, launched last year, a revamp to make it much easier for real estate agencies to link their own listings directly to our site. Stay tuned for more information on the upgraded features, but go ahead and still take a peak if you are looking to buy or rent property in the CBD, from residential to commercial to retail. **Click Property Listings on the navigation menu.**

Request open-source CCID campaign material

The CCID produces a wealth of campaign and promotional material that other communities may want to use in their own neighbourhoods. **You can find PDFs of these by going to About >> Campaigns.** To request open artwork so that you can add your own logo etc, **contact aziza@capetownccid.org.**

Gauge the economic climate of the CBD

The *State of Cape Town Central City Report* has its own digital portal on the CCID website (**click Invest in the navigation menu**). This page opens on a map showing the locations of the various property developments underway, in planning or proposed in the CBD. This map will soon also represent other economic activities in the area, from the clustering of retailers and eateries to residential complexes and beyond.

SOCIAL MEDIA

If we need to get the word out quickly in the CBD – for example, should there be protest action that could negatively impact on our stakeholders – the CCID will send out an email alert to the contacts in its database. (To be on this list, send an email to reception@capetownccid.org.) However, for all other information, it's best to keep your eye on the CCID's social media accounts. **Here's what we use and how we use it:**



twitter.com/capetownccid

We use Twitter primarily for alerting the public to events such as marches with over 50 participants or other occurrences such as road closures that may affect their journey in town.



facebook.com/CityViewsCapeTown

The dedicated *City Views* page is all about the lifestyle in the Central City. **Like** it to find out more about cultural events and retailers in the area.



facebook.com/CapeTownCCID

This page focuses on the CCID's work – from fixing potholes on pavements to the implementation of new technologies to assist our public safety officers on their daily beat. We also post important notifications here.



instagram.com/capetownccid

The CCID's Instagram page is, of course, dedicated to great pictures of the CBD!

WINTER WARMERS

IT'S SOUP SEASON

When the winter craving strikes, know where to go to get warm at lunchtime.

Bakoven

This is your one-stop shop for a variety of warm treats, including soup. The staff, many of whom have been there for 20 years, make everything on site.

11 Riebeek St
021 419 1937

Brownies & Downies

A restaurant and training centre for people with intellectual disabilities offers a soup of the day with crusty bread.

2 Long St
021 200 0459
<http://browniesdownies.co.za>

Café Honeybun

The newest addition to Greenmarket Square has a selection of soups, including pea and ham, spicy quinoa and tomato, and butternut, on its menu.

54 Shortmarket St
021 422 5225
www.facebook.com/CafeHoneyBunCT

Clarke's Bar and Dining Room

This hip Bree Street spot has soup on its day and night menus. You get a choice between smoked tomato, cauliflower or oyster chowder. It comes a grilled cheese sandwich or a slice of toasted sourdough.

133 Bree St | 021 424 7648
www.clarkesdining.co.za

chopchop

This East City hidden gem is all about health and affordability.

75 Harrington St | 071 262 4717
www.facebook.com/orderchopchop

Dear Me

For a difference, try Dear Me's miso broth with silken tofu, seaweed, shiitake mushrooms and spring onion. During winter, they usually have one other soup on the menu, which is a meatier option.

165 Longmarket St
021 422 4920/4374
www.dearme.co.za

Folk Coffee Anthropology

This beautifully decorated café serves "soup sliders": a selection of three soups along with ciabatta toast.

Touchstone House, 7 Bree St
021 276 1795
www.folkcoffee.co.za

Food Lovers Market

All three Food Lovers Markets in town have a self-serve soup station.

122 St Georges Mall
Cnr Heerengracht & Hertzog Boulevard | Icon, cnr Loop St & Hans Strijdom Ave
087 740 9600
<https://foodloversmarket.co.za>

The General Store

According to *Eat Out*, which has its offices nearby, The General Store has some excellent lunchtime soup options.

22 Bree St | 021 418 2305
<http://the-generalstore.co.za>

Giulio's Café

This lunchtime hot spot offers a soup of the day on cold days. Ask your waiter for details.

Cornerstone House, 16 Loop St
021 418 6304
www.giulios.co.za



Jason Bakery's Cup of Luv

Jason Bakery

Captain Bread's famous Cup of Luv flavour changes daily and is always served with a toasted slice of freshly baked bread.

185 Bree St
021 424 5644
www.jasonbakery.com

Lunchworks

The Waterkant Street institution often has soup as a daily special. Stay tuned to its Facebook page for details, lest you miss out on the likes of cabbage and sausage, and creamy leek and potato soup.

22 Waterkant St | 021 418 3118
www.facebook.com/Lunchworks.ct

SMAC Delicatessen

SMAC's butternut and sweet potato soup finished with a hint of cinnamon, coconut cream and deep-fried chickpeas, is as vegan-friendly and delicious as they come.

22 Bree St | 021 418 3266
www.smac.co.za

Southern Sun Cape Sun

The landmark hotel is offering an express winter lunch including bottomless soup and freshly baked breads. The offer will be available weekdays between 12h00 and 14h30 in Le Bar & Lounge at the hotel.

23 Strand St | 021 488 5100
www.tsogosun.com



Afraid of Mice

WARM AND FUZZY

Winter is the perfect time to look back and cover yourself in nostalgia – clothing-wise that is.

Afraid of Mice

This designer store has just unpacked vintage coats, sweaters and winter dresses.

86 Long St
021 423 7353
www.afraidofmice.com

Glitterati

Glitterati specialises in retro fashion from the '50s through to the '80s.

Shop 2, Long Street Antique Arcade, 127 Long St
082 819 5247
www.theantiquearcade.co.za

Gracious Daisy Vintage

This is the place to find all those old-school threads you wish your mother had kept for you.

234 Long St
021 422 3597
www.facebook.com/GraciousDaisyVintage

Merry Pop Ins

This second-hand kids' store caters for zero to 13 year olds. Its high-quality stock includes items from abroad, and new items arrive every day.

201 Bree St | 021 422 4911
www.merrypopins.co.za

Second Time Around

This fun-loving vintage clothing store is full of hats, dresses and jackets that would make a flapper proud.

196 Long St | 021 423 1674
<http://secondtimearound.co>

U-turn Charity Shop

This outlet has a wonderful selection of men's, women's and children's clothing, and accessories, all in great condition at great prices. Many items come straight from retailers and have never even been worn before.

9 Long St (entrance on Riebeek Street)
021 674 6119 | www.homeless.org.za

PLAY

For more event
info, visit *City Views*
on Facebook at
[www.facebook.com/
CityViewsCapeTown](http://www.facebook.com/CityViewsCapeTown).

COLD WINTER, COOL TIMES

It's mid-year (can you believe it?) and Central City events and activities keep on coming.



**Open
Design**
CAPE TOWN

SPOTLIGHT ON...

14-25 August

OPEN DESIGN FESTIVAL

This 12-day festival is an interactive design platform that attracts participants from far and wide. Most of its events (talks, exhibitions, performances and much more) are free to enter, ensuring that people from all walks of life can take part.

Where: Cape Town City Hall, Darling St

When: programme TBC

Cost: mostly free

<http://opendesignct.com>

ON STAGE

2-18 June

SWAN LAKE

Accompanied by the Cape Town Philharmonic Orchestra, the Cape Town City Ballet brings *Swan Lake* to the Artscape Opera House.

Where: Cape Town City Hall, Darling St

When: various times; see website

Cost: R120-R300

www.artscape.co.za

WHERE THE HEART IS

31 August (till 3 September)

CAPE HOMEMAKERS EXPO

This home improvement, decor, design and lifestyle expo showcases the year's hottest trends and ideas. It features top brands and local craftsmanship ... all under one roof.

Where: Cape Town International Convention Centre, Convention Square, 1 Lower Long St

When: 10h00

Cost: Adults R80; pensioners R70; children under 12 free

www.homemakersonline.co.za

A STRETCH

17 June

INTERNATIONAL DAY OF YOGA

This day full of yoga will raise money for charity. There will be workshops, a market and a mega yoga practice.

Where: Cape Town International Convention Centre, Convention Square, 1 Lower Long St

When: 08h00 till 19h00

Cost: Free

www.joellesleeboos.com

UNDER THE DOME

Ongoing

IZIKO PLANETARIUM AND DIGITAL DOME

The Planetarium reopened in May with the latest digital technology. Allow it to transport you and your kids to distant galaxies.

Where: Iziko Planetarium and Digital Dome, 25 Queen Victoria St

When: Various

Cost: Adults R40; children, students and SA pensioners R20 (to increase from 17 June)

www.iziko.org.za

Show you
CARE

HELP THE NGOS THAT HELP
THE HOMELESS AND GIVE WHERE
IT WILL MAKE A DIFFERENCE*



*The Cape Town Central City Improvement District (CCID) works closely with the following NGO partners in the Cape Town CBD

The Carpenter's Shop
Vocational training and rehabilitation services for adults

The Homestead
Residential care and family integration for boys

Khulisa Social Solutions
Work-based rehabilitation for the chronic homeless

Ons Plek
Residential care and reunification processes for girls

Straatwerk
Job rehabilitation projects for street people

Youth Solutions Africa
Shelter and skills training programmes for adults

Show you care by giving responsibly to the NGOs that provide these services and help break the cycle of life on the streets. To help the NGOs listed above that work with the CCID, you can make a difference in one of the following ways.

GIVE RESPONSIBLY to the NGOs that provide these services and help break the cycle of life on the streets. To help the NGOs listed above that work with the CCID, you can make a difference in one of the following ways.

SNAPSCAN

You can download the free SnapScan app onto your smartphone and SCAN the code below to donate the amount of your choice via your phone.



SMS "GIVE" TO 38088

to donate R10 towards the NGO partners with which the CCID works closely in the Cape Town Central City.

An average of R8 is donated depending on your service provider. For detailed Ts & Cs visit .

VISIT OUR WEBSITE

for more information on the campaign, our NGO partners and other ways you can assist.

WWW.SHOWYOU CARE.CO.ZA

An initiative of the Cape Town
Central City Improvement District (CCID)
www.capetownccid.org

