

03

Catch the new issue of
the Best of Cape Town
Central City Guide

06

Michael Chandler's city centre
meander

08

Trends, public art and
more ...

CityViews

@CapeTownCCID

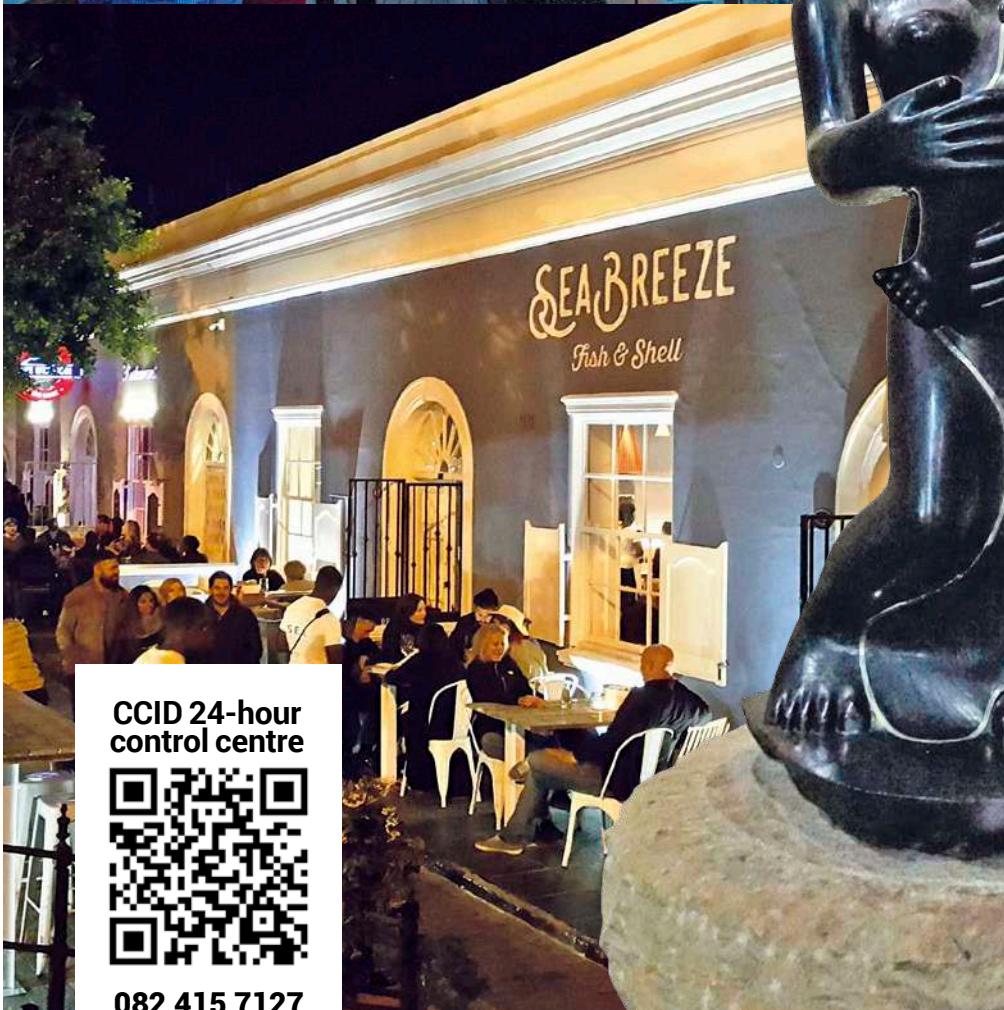
CityViewsCapeTown

CapeTownCCID

YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Summer 2019-20



CCID 24-hour
control centre



082 415 7127

www.capetownccid.org

12-PAGE BUMPER ISSUE:
**SUMMER
IN THE CITY**



SAFE, CLEAN, CARING AND OPEN FOR BUSINESS



TALK OF THE TOWN

CityViews

IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT COMPANY. IT IS THE CCID'S VISION TO ENSURE THAT THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.

www.facebook.com/CityViewsCapeTown

PUBLISHED BY

The Cape Town Central City Improvement District (CCID)
13th floor, 1 Thibault Square,
Cnr Long St & Hans Strijdom Ave,
Cape Town, 8001
www.capetownccid.org
www.facebook.com/CapeTownCCID
021 286 0830

Produced by the CCID
Communications department

EDITORIAL (CCID)

Communications manager:

Sharon Sorour-Morris

Editor: Simangele (Sims) Mzizi

Managing editor: Aziza Patandin

Online coordinator: Scott Arendse

DESIGN (INFESTATION)

Account manager: Melissa Sherwin

Creative director: Sam Bainbridge

Designer: Ashley Walker

www.infestation.co.za

021 461 8601

CONTRIBUTORS

Content: Simangele Mzizi, Sharon Sorour-Morris, Michael Chandler, Kate Crane Briggs, Sandra Gordon

Photography: Ed Suter, Nick Sherlock, Nigel Pamplin, Micky Hoyle, Sam Fourie, Anita Reed, Karl Rogers

Photography, The Electric, Iron Steak and Bar, Uncut, www.computicket.co.za, www.bigissue.org.za, www.mindfuldrinking.co.za, www.thefugard.com, www.webtickets.co.za

For more Central City news, sign up to receive our monthly newsletter. The link appears at the bottom of our website homepage. Go to www.capetownccid.org

DISCLAIMER

While every effort is made to ensure the correctness of all content, the publisher takes no responsibility for the accuracy of statements or content, and can accept no liability for errors, omissions or inconveniences arising thereof. All text, images and design are subject to copyright and any unauthorised duplication is prohibited. All work is accepted in good faith that all permissions have been granted.

CITY VIEWS SUPPORTS
SHOW YOU CARE

[/ShowYouCareCT](https://www.facebook.com/ShowYouCareCT)



[@CapeTownCCID](https://twitter.com/CapeTownCCID) #CityViews

[CityViewsCapeTown](https://www.facebook.com/CityViewsCapeTown)

[CapeTownCCID](https://www.instagram.com/CapeTownCCID)



LET'S CELEBRATE OUR CENTRAL CITY

TASSO EVANGELINOS
CEO OF THE CCID

LIKE many people who work in the City Centre, I spend a lot of time going flat-out, rushing from one appointment to the next, and neglecting to take in the many wonderful and unique sights and

sounds of downtown Cape Town. Our CBD is a veritable melting pot and has much to offer, if we simply take the time to experience and enjoy its offerings.

While the Festive Season traditionally has a frenetic pace of its own, it also lends itself to slowing down, taking a break and discovering the gems in our vibrant downtown.

To encourage you to get out and about and experience your CBD on another level, we have compiled a bumper 12-page issue, packed with ideas and information on what's on offer in the CBD over the holiday period.

To this end, we've asked well-known prolific artist, curator and gallery owner Michael Chandler to take us along to his favourite City Centre haunts (pages 6 and 7), and as a special treat, he has also illustrated them with his signature drawings. Then, in keeping with this theme, we tasked art-tour curator Kate Crane Briggs of Culture Connect to walk us through some of the City Centre's most notable, striking and interesting public art installations (see pages 4 and 5). They're an eye-opener!

What's more, we have also launched our annual award-winning publication on the best-of-the-best in the CBD, namely the *Best of Cape Town Central City*

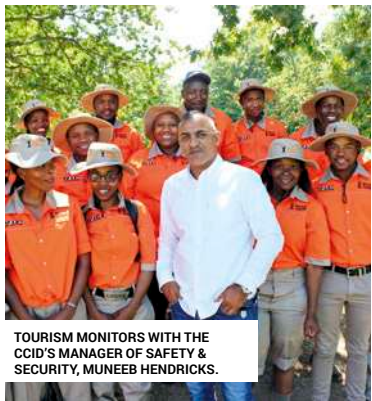
guide, in time for the holiday season. Here you'll find over 300 places to visit, eat, play, stay and enjoy in the CBD. You can get hold of a copy at restaurants, retailers and hotels in the CBD.

And in recognising that safety is key when one is out and about, we would like to remind you to be vigilant in the CBD over this time: read about our Safety & Security department's upcoming "Stash it, don't flash it" campaign (see page 10) which educates the public on how to avoid becoming victims of opportunistic crime while enjoying their "downtime".

In closing, I would like to thank everyone who has contributed to the ongoing success of our downtown in 2019. We faced many challenges this year, and some of them loom large in 2020 as we strive to meet the increasing demands of a growing CBD. However, I would like us to take a leaf from the Springboks recent triumph at the Rugby World Cup in Tokyo, and the words of captain Siya Kolisi, who said his team had shown that South Africans can "pull together if we want to achieve something".

On behalf of the CCID team, I wish you a peaceful and safe Festive Season.

ENHANCING THE VISITOR EXPERIENCE WITH TOURISM MONITORS



TOURISM MONITORS WITH THE CCID'S MANAGER OF SAFETY & SECURITY, MUNEEB HENDRICKS.

IMPROVING the safety of tourists and enhancing their experience of the Cape Town CBD is at the heart of a new programme recently introduced by the National Department of Tourism (NDT) in collaboration with the Expanded Public Works Programme (EPWP).

The Tourism Monitor Programme, which also provides work opportunities to first-time job seekers, is part of a long-term strategy by national government to enhance prime tourism destinations in the country. The programme, launched in

November in Cape Town, sees Tourism Monitors being deployed throughout the country to several areas and tourist attractions. Their tasks include interacting with tourists and patrolling identified tourist hotspots to ensure they are safe, and reporting any incidents to relevant enforcement agencies.

In downtown Cape Town, 16 Tourism Monitors have been allocated for a year. They are being deployed and managed by the CCID's Safety & Security department to focus specifically on educating tourists about the dangers of ATM fraud and promoting the CBD's tourist attractions.

Applauding the initiative, CCID manager of Safety & Security, Muneeb "Mo" Hendricks, says their presence "will go a long way in boosting the CCID's efforts

#TRENDING

#ShowYouCare

CLICK TO DONATE

HELP US RAISE R100K for people living on the streets

MAKE A LIFE-CHANGING DONATION

The CCID's annual "Show you care" campaign, which aims to raise R100 000 for the CBD's homeless community, has come to an end. However, we will be welcoming donations big or small until the end of the year. If you'd like to donate via SnapScan, snap here. You can also pay via EFT (www.showyoucare.co.za) and PayPal (<https://paypal.me/CCIDShowYouCare>).

WE WANT TO HEAR FROM YOU!

Share your feedback by emailing simangele@capetownccid.org

and those of its partners to help ensure that both locals and visitors have peace of mind while enjoying themselves in the CBD during the festive season and beyond".

The monitors, who are highly visible in their bright orange outfits, join the CCID's other student ambassadors from the Chrysalis Academy who are deployed during the day in the Company's Garden and at certain hot-spot ATMs throughout the City Centre to prevent ATM fraud.

SINCE WE PUBLISHED THE LAST ISSUE OF CITY VIEWS:

URBAN MANAGEMENT



Removed 573 illegal posters



Removed 624 strings & stickers



Removed 506 incidents of graffiti



Removed 545kg of butts from cigarette bins



Cleaned 1716 drains



Maintained 246 tree wells



Undertook 121 road maintenance repairs



Painted 21 road markings

SOCIAL DEVELOPMENT



Placed 26 adults in shelters

Assisted 22 adults to get back home

Assisted 7 mothers with babies

Assisted 16 adults to healthcare facilities

Referred 50 people to NGOs for general services

Referred 6 clients to TB HIV Care and Streetscapes

Conducted 46 interventions with day strollers & 17 with children

Interacted with 556 people living on the street

Handed donations received from **Clarke's Bar & Dining Room, Belmond Mount Nelson Hotel, The New Tullbagh Hotel, CCID and Southern Sun Waterfront** to various NGO partners

COMMUNICATIONS



Generated media clips to a media exposure value of R8 306 447 reaching an audience of 213 868 357 people



Wrote the CCID's Business Plan for the 2020-2025 period



Conceptualised the roll out of the 2019-20 crime prevention and public awareness "Stash it, don't flash it" campaign



Wrote and produced the CCID's 2019 Annual Report



Produced 2 e-Newsletters

SAFETY & SECURITY



Conducted 18 148 crime prevention initiatives and issued 9 125 warnings

With City Law Enforcement (LE), made 111 arrests, and issued 1 570 fines to a total of R945 000

Dealt with 22 illegal trading offences

Rendered public & vehicle assistance 282 times

Responded to 128 medical & rescue callouts

CCID-funded City Traffic Wardens issued 1 953 fines to a total of R1 288 400

Chrysalis Academy student ambassadors working in the Company's Garden issued 311 warnings, assisted the public 2 246 times and were involved in 1 940 crime prevention efforts

ATM Fraud Project ambassadors were involved in 93 crime prevention efforts, assisted the public 9 245 times and issued 346 warnings

STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new businesses all the best in the Central City.



IRON STEAK AND BAR ON
114 BREE STREET

Q&A WITH MEGAN KRITZINGER, OWNER OF STELLSKI COFFEE BAR

Tell us about Stellski Coffee Bar?

Named after my Staffordshire Bull Terrier Stella (also known as Stellski), it's an espresso bar that serves its own unique blend of coffee, a variety of no-nonsense toasties and fresh, simple breakfasts. With our bright, lobster-red and dusty pink walls, a large mural of Stellski, lush greenery and feel good music blaring, it's quite a vibe.

What sets Stellski apart?

We're redefining the hipster Cape Town coffee scene and are bringing

fun, excitement and joy one coffee cup at a time. Cape Town doesn't need another black, masculine coffee bar, but what it does need is something, bold, bright, super-fun and a little rock n roll – yup, enter Stellski.

What do you make of the Central City?

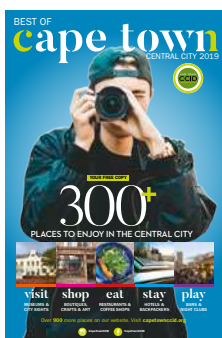
It's fab. We love meeting so many people from different backgrounds and cultures. There's lots of energy, and at times it can be a bit crazy, but we like that.

59 Loop St | www.stellski.com



MEGAN KRITZINGER, OWNER
OF STELLSKI.

2020 BEST OF CAPE TOWN CENTRAL CITY GUIDE OUT NOW



IT'S here! The CCID's *Best of Cape Town Central City Guide 2020* is crammed with everything you need to know to make the most of what's on offer in the CBD, from grabbing a bite, to seeing the sights, hitting the clubs and shopping up a storm.

Published in collaboration with New Media Publishing, the ninth edition of the guide has over 300 CBD places to enjoy, which complement over 900 others that are on the CCID website www.capetownccid.org. This includes destinations where you can stay, play, visit, eat and shop.

The guide, which won a Certificate of Merit in 2018 at the International Downtown Association's (IDA) 64th Annual Conference & Tradeshow held in Texas in the USA, is extremely popular with locals and visitors alike.

As in previous issues, the CCID and New Media have pulled out all the stops to highlight the vibrant array of offerings in the Central City. Of the 60 000 copies that are printed, 15 000 have been bagged with *The Big Issue*'s "Special Edition" which runs from November 2019 to January 2020, adding value to the magazine. The remaining 45 000 copies are distributed free via a variety of outlets, including retailers, restaurants, hotels and visitor information centres that fall within the CCID footprint.

Hardcopies of the 2020 guide can be obtained by emailing Aziza Patandin on aziza@capetownccid.org.

It is also available online at:

<https://www.capetownccid.org/about-ccid/publications/Best-of-Cape-Town-Central-City/59>



Support The Big Issue

The Big Issue is a socially responsible non-profit organisation that enables willing unemployed and marginalised adults to take responsibility for their own lives through a developmental employment programme. The monthly magazine is a great general lifestyle read that's sold on the streets across the city, including the CBD, by vendors involved in the programme. Official *The Big Issue* vendors are easily recognised by the blue and white *Big Issue* bibs they wear. Please look out for them and support them.

For more Central City news and views, subscribe to the CCID's newsletter. Go to www.capetownccid.org and enter your email address at the bottom of the homepage.

SHOP

► Rain

The Cape Town Central City is now home to data-only network operator Rain, which has just become the first telecommunications operator in SA to launch a commercial 5G wireless home broadband service.

96 Strand St
087 727 6000
www.rain.co.za

EAT

► I Love The Dough

With its bright pink lights and décor, *I Love The Dough* on trendy Bree Street describes itself as a Neapolitan-style pizza restaurant and bar. The hip-and-happening vibe is palpable. Here, pink is the new black.

101 Bree St
072 145 9988
<https://www.facebook.com/ilovethedoughct/>

For more eateries in the Central City, visit the CCID website and search our "Explore" section for a specific venue.
www.capetownccid.org

► Iron Steak and Bar

Carnivores, sit up and take note! A new no-fuss steak concept has arrived in Bree Street called Iron Steak and Bar. It's all about "good food, good drinks and good vibes".

114 Bree St
021 422 1175
<https://www.facebook.com/ironsteaksa/>

PLAY

► Atlantic Fitness

Atlantic Fitness is a specialised gym geared to help you take the next (or first!) step in your health and wellness journey.

153 Loop St
www.atlanticfitness.co.za

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR
SAFETY &
SECURITY



082 415 7127
(Cape Town CBD only)

AMBULANCE, HEALTH,
NOISE & FIRE

107 / 021 480 7700
(24 hours)

107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
(24 hours)

CITY OF CAPE TOWN
SERVICESINCIDENT REPORTING
& ENQUIRIES

- Refuse collection, water issues, street lights and electricity faults
0860 103 089
- Traffic signal faults
0860 001 948
- Prepaid electricity meters
0800 220 440
- Cable theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC
INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

ART IN THE CBD

THE POWER OF PUBLIC ART

Public art has the ability to energise and transform the urban landscape. Certainly, the extraordinary variety on offer in the Cape Town city centre does much to enhance our cityscape, increase the flâneur's experience and enjoyment of indoor and outdoor public spaces, and contribute to our collective identity as Capetonians and South Africans. We asked KATE CRANE BRIGGS of Culture Connect (www.cultureconnectsa.com), who curates an interesting array of public and private art and cultural tours, to take us on a tour of her favourites in our downtown.

▼ OPEN HOUSE by Jacques Coetzer

A bright red beacon on the corner of Long and Dorp streets, the outdoor structure that is Open House is also a beacon of hope. Designed by contemporary artist Jacques Coetzer to celebrate our democracy, the structure won the Western Cape Government's Public Art Competition in 2016. Essentially a platform for creative expression, it embodies shelter and encourages public interaction.

Kate says: Bold and symbolic, Open House also has the element of surprise which is refreshing in a public artwork.



► BAOBABS, STORMCLOUDS, ANIMALS AND PEOPLE by Brett Murray and Tuoi Stefaans Samcuia

These three enormous cut-out panels in the main foyer of CTICC 1 are a collaboration between the late San artist Tuoi Stefaans Samcuia and Brett Murray. Beautifully rendered, they evoke Samcuia's childhood memories of hunting, and the spirit of Africa and the Cape.

Kate says: Murray worked with Samcuia in 2003 when he was a member of the !Xun and Khwe San Art and Cultural Project. Rock art is known internationally yet there is very little on offer in Cape Town, which is why these are special.



▲ ABSTRACT by Esther Mahlangu

Celebrated Ndebele artist Esther Mahlangu's 2014 painting in Gorgeous George's foyer attests to the hotel's owner, Tobias Alter, wanting to give local and international guests an authentic experience and celebrate South African art. Mahlangu, who has attained international stature, uses striking traditional Ndebele patterns to create her distinctive, renowned artworks.

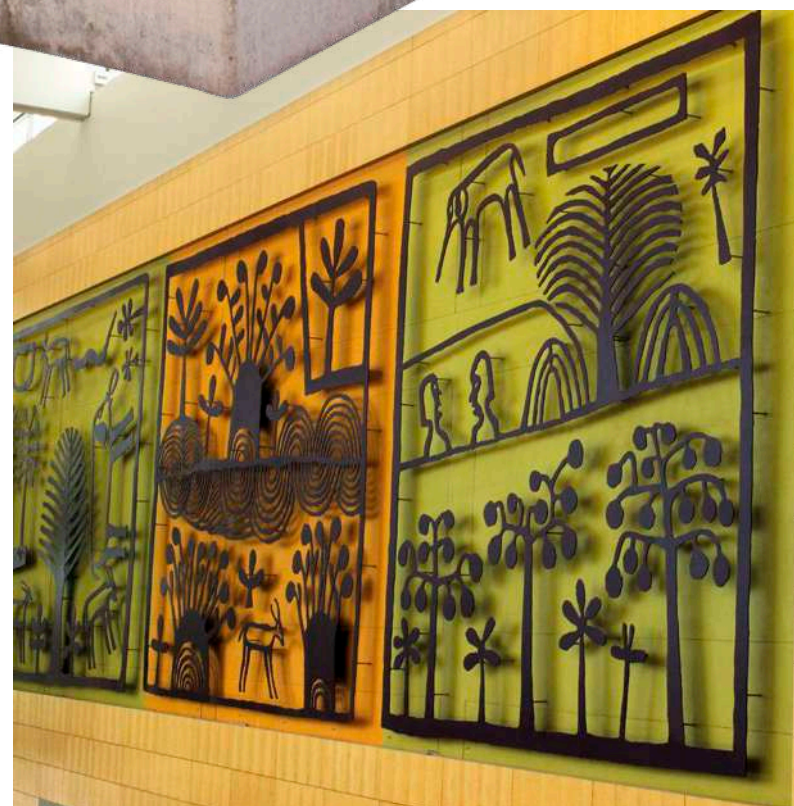
Kate says: Her designs are iconic, colourful and meaningful. To encounter her art in an intimate hotel foyer is an unexpected, special find.



◀ AFRICA by Brett Murray

Brett Murray's controversial sculpture "Africa", created in 2000 as an imitation of a traditional African sculpture but adorned with Bart Simpson's yellow head, is intended to "challenge and celebrate converging cultural paradigms", he says. Today it forms part of the fabric of St Georges Mall, where it is admired or ignored.

Kate says: Created by a sculptor of international stature, it has a serious message but can still be enjoyed by everyone, including children.



◀ SUGAR BIRD by Jack Mantis

Created in 2013 by street artist Jack Mantis, the giant Sugar Bird mural aptly adorns an exterior wall of Wild Olive African Artisan Apothecary in Pepper Street. Co-owner Marioara de la Tara commissioned the mural as she has a strong affinity with birds as a perfume manufacturer.

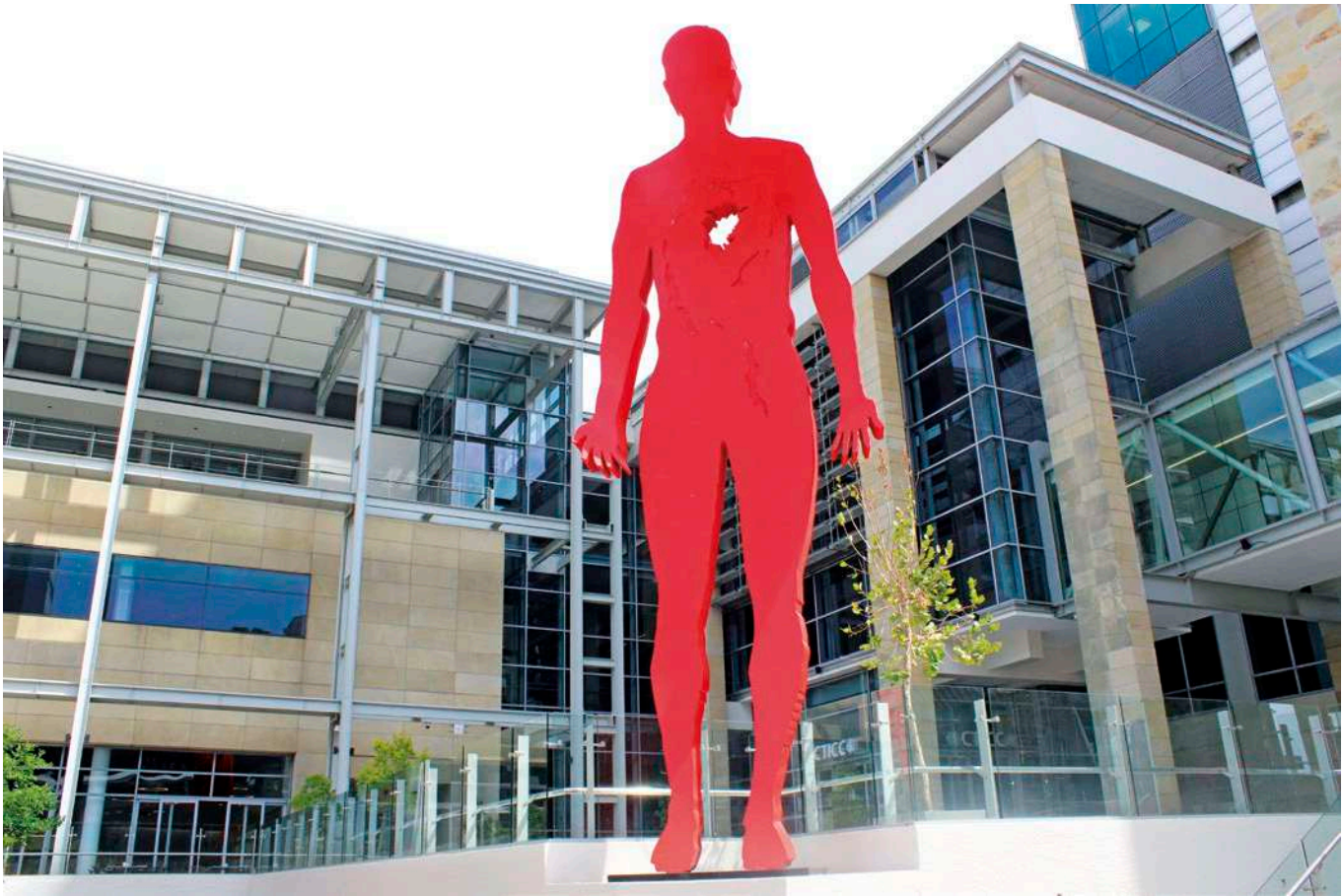
Kate says: This mural is in keeping with the ethos of Wild Olive and introduces the stunning beauty of nature to a barren part of town.



OLDUVAI ▶
by Gavin Young

Inspired by a steep ravine – Olduvai Gorge in East Africa's Rift Valley – and the Great Lakes, this looming, leaning nine-metre steel sculpture by internationally renowned Cape Town sculptor Gavin Young represents the gateway to Africa. Created in 2008, it symbolises the evolution of mankind, and attests to human endeavour, travel and global commerce.

Kate says: Bold and bright, Olduvai is eye-catching and iconic. It is beyond Cape Town, and I particularly like its references to the heart (which is Lake Victoria), and to humankind.



▲ NUMINOUS BEAST
by Bruce Arnott

Created in 1979, this iconic bronze sculpture in the forecourt of the Iziko South African National Gallery by the late traditional modernist sculptor Bruce Arnott is rich in metaphor and mystery. Arnott, an influential artist, curator and academic, created this human-animal hybrid as a melancholic memorial to the passing of the San through the Drakensberg.

Kate says: Its representation of oxen in a place where there were once animals is poignant. I also love its mysterious title and the balance created between the abstract and the animal form.

◀ BLACK MADONNA by Leon Underwood

This astonishing sacred sculpture, produced in 1935 by noted British sculptor Leon Underwood, who taught the great Henry Moore, found a permanent home at St George's Cathedral in 1986 after the Highveld climate caused it to start cracking. At the time, its depiction of the Virgin Mary as a black woman was criticised by conservative Christians. Today it is admired for its fine execution as a piece of modernist sculpture.

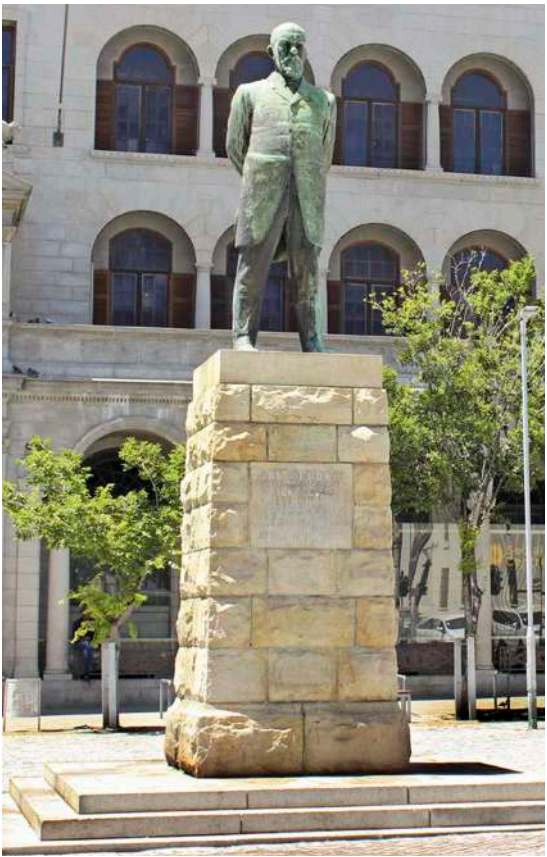
Kate says: It is an unusual artwork, and I admire its 1930s retro style. Its significance lies in its African portrayal.



▲ HUMAN FIGURES
by Egon Tania

The realistic bronzes that add life to Pier Place were produced in 2003 by Dutch-born, Cape Town-based artist Egon Tania. Conceived to celebrate "normal Capetonians doing normal things", landscape artist Adam van Nieuwenhuizen says they are "sculptures that people can engage with" as they spend time or pass through the square.

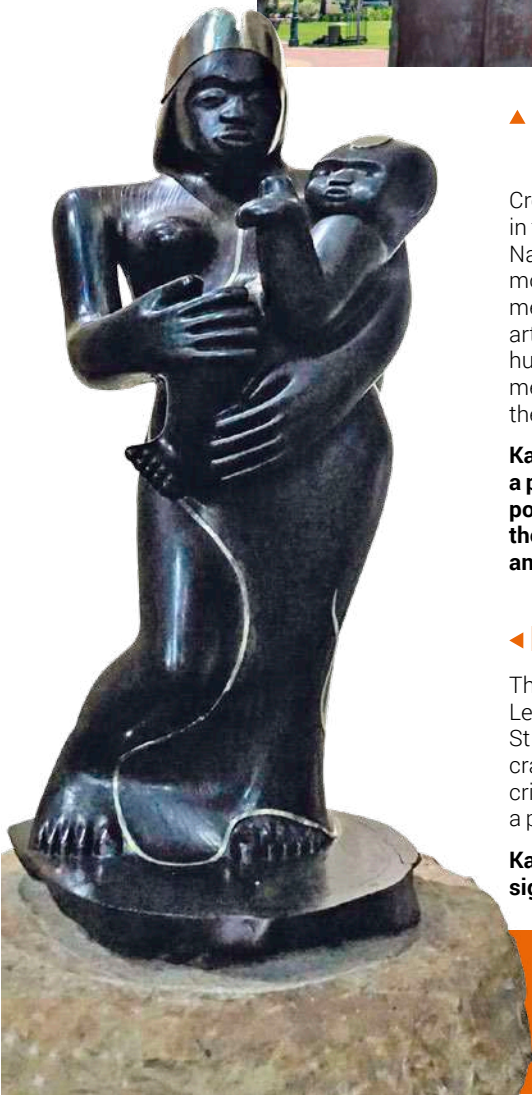
Kate says: These bronzes are technically brilliant and so life-like, which is what you need when trying to encourage people to use the square. I particularly like the older woman with her shopping bag.



▲ ONZE JAN
by Anton van Wouw

This bronze statue of Jan Hendrik Hofmeyr on Church Square attests to Van Wouw's mastery of "the complex and challenging art of sculpting the human form", says Emma Bedford of Aspire Art Auctions. One of SA's most outstanding sculptors, Van Wouw's great attention to detail, as seen in this 1920 work, results in many of his sculptures fetching prices in the millions.

Kate says: As an artwork, it is first-class and to be able to enjoy the work of a pre-eminent sculptor is first prize.



**OTHER
ARTWORKS
TO LOOK
OUT FOR:**

1. The Purple Shall Govern by Conrad Botes (2008), Burg St

2. Animal head carvings (1940s), WC Government building, Wale St

3. Wrestling Podium by Johann van der Schijff (2007), Church St

4. The Knot by Edoardo Villa (1981), CT Civic Centre

5. Into Tomorrow by Paul du Toit (2015), Riebeeck Square

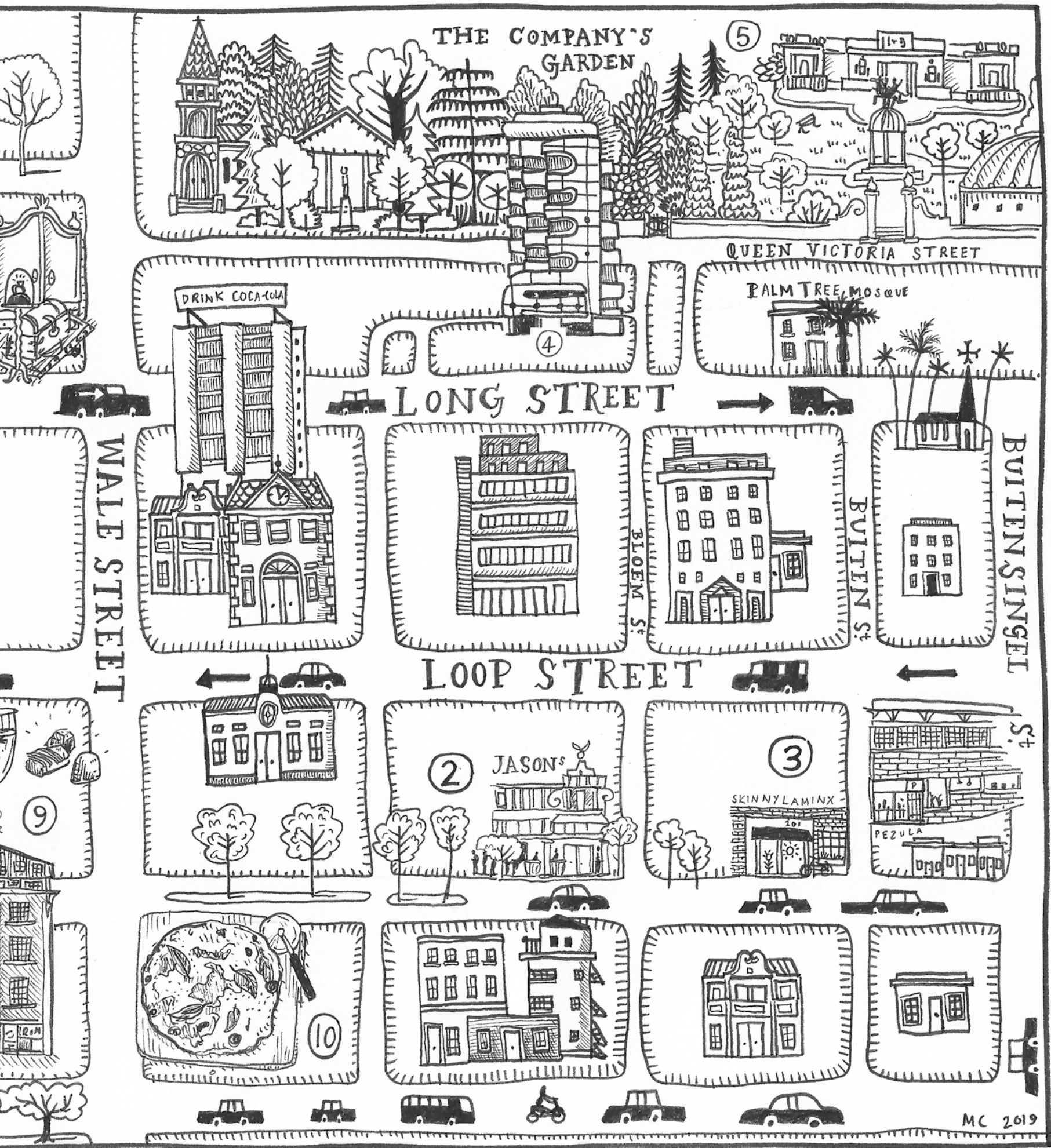
Michael Chandler draws inspiration not only from Cape Town's rich cultural heritage but also from his immediate surroundings. The well-known artist, curator, gallery and shop owner, ceramicist and designer (his creativity knows no bounds!) is immersed in the heartbeat of the CBD, where he works, lives, plays and creates. Here he takes us on a meander to his favourite City Centre haunts.

1. When I wake up, I put on a pot of coffee (using my favourite Deluxe Coffeeworks beans) in my studio apartment, which I call the **Skynest** (120 Bree St) in the heart of the city, just up the road from my shop, **Chandler House** (53 Church St).
2. I then amble down Bree Street to **Jason Bakery** (185 Bree St) for their bacon croissants. There is only one Jason Bakery and one bacon croissant. This is it.
3. After breakfast, I like to take in what's on offer at interior and design stores **Pezula Interiors** (17 Buiten St) and **Skinny laMinx** (201 Bree St).
4. Then I walk past **Tuynhuis** (54 Keerom St), the extraordinary residential building designed by visionary architect Robert Silke, just to admire it one more time.
5. My next destination is the **Iziko South African National Gallery** (Government Ave, Company's Garden). There is so much to see, from the bead work to the pottery. It's not only about the paintings. It's also interesting to remember that what we think is cutting-edge today will end up in this kind of gallery one day and be a relic of the past. It's good to be reminded of that ...
6. Lunch calls. On my way to grab a bite to eat I pop into the **Long Street Arcade**, as it's always fun to poke around here.
7. Then it's on to **Molten Toffee** (161 Longmarket St) for the sandwich I devised called the Larney Salami Sarmie. The coffee is pretty special, too.
8. I pop into **Chandler House**, which also houses my **Voorkamer Gallery**, to pick up the art supplies I'll be needing later to complete commissions over the weekend in my studio.
9. **Honest Chocolate Café** (64A Wale St) is always on my agenda. This small artisanal chocolate company's hand-crafted chocolates of Trump, Zuma and Zille are such fun. Take your pick ... and just behind is **The Gin Bar** (64A Wale St), the best place to be at cocktail hour.
10. Finally, at the end of a long and lovely day, I end up at **Bocca** (cnr Bree & Wale streets), which is where you'll find of the most authentic Italian food in Cape Town. I love **Bocca**. The pizza dough is perfect, chewy as it should be. This is no-fuss food at its best. A fitting wind-down to a perfect day.

SPECIAL OFFER! Bring this map in to Chandler House, 53 Church Street, Cape Town, and get 10 percent off one of Michael Chandler's illustrated prints of Cape Town, South Africa, The World or the Winelands.



AEEL'S MEANDER



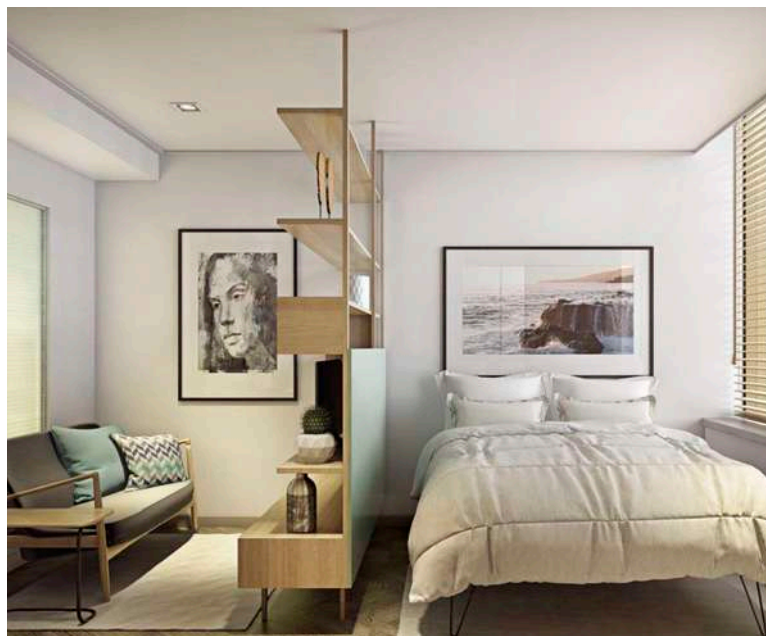
TRENDING IN TOWN

TOP 10 IN 2020

How will we be living, working and playing in the year ahead? CITY VIEWS identifies the trends that are shaping downtown Cape Town's urban landscape.

1 Micro apartments

Young professionals and investors are buying into the emerging micro-apartment trend and are increasingly opting to sacrifice space for a convenient location and shared communal facilities. They are purchasing more compact homes which allow for the work-live-play lifestyle in the heart of a business growth node. One of the exciting new developments buying into this trend is the conversion of the iconic Absa building into Foreshore Place, on the corner of Adderley and Riebeeck streets, and The Heriot City Centre Apartments on St Georges Mall.



2 Green buildings

Faced with soaring energy costs, repeated bouts of load shedding and the prospect of ongoing water restrictions, there is a growing demand for energy- and water-efficient features in both commercial and residential properties. In the Cape Town Central City, many of the new developments include green features. The CTICC 2, for example, which was launched in 2018, has a five-year strategy to incorporate greater investment in generating electricity more sustainably and reducing consumption, using methods such as photovoltaic solar panels, solar water heating and heat pumps.



3 East City

The East City precinct continues to surprise and delight. Investment in the area continues to grow, boosting its popularity. Hip-and-happening Harrington Street, which will see a new mixed-use development, The Harri, open its doors in 2020, remains a destination for fashionable food and entertainment venues.



4 Art in the CBD

The gallery scene in the heart of Cape Town continues to expand and mature at a rapid rate. Added to that, there are also 44 artistic studios in the Central City. We predict First Thursdays will continue to attract the art-loving crowds next year, reflecting a greater interest in art as well as events such as the annual Investec Cape Town Art Fair and Infecting the City, indicating that art in the CBD is poised to go from strength to strength.



5 Co-working spaces

As the tech hub of South Africa, Cape Town has seen the launch of numerous co-working spaces, particularly in downtown Cape Town. At present, there are 17 co-working spaces in the CBD, giving entrepreneurs the opportunity for collaboration and networking. And more importantly, shorter rental periods and greater flexibility with no start-up costs as these plug-and-play offices have everything from desks and chairs to high-quality connectivity and eateries. Some of the co-working spaces in the CBD include Cube Workspace, Inner City Ideas Cartel, Akro Co-working Space and Tiny Empire.

6 Vintage revival

The movement to live more consciously and re-use and recycle is alive and well in Cape Town, especially when it comes to vintage clothing and jewellery. This follows the global trend to buy pre-owned pieces or rework them. A recent article in *The Guardian* reported on a study that showed that in 2018, 64 percent of women were willing to buy pre-owned pieces compared with 45 percent in 2016. By 2028, it is predicted that 13 percent of the clothes in women's wardrobes will be second-hand. The vintage trend is likely to grow next year in the CBD, with characterful shops like Babette, Unseen, Afraid of Mice and Gracious Daisy Vintage leading the way.



7 Sneaker culture

All hail, the sneaker! The rise of sneaker culture is well-documented in the Central City and we don't see it letting up any time soon. The demand for retailers selling sneakers across all price ranges is not about to fade. At present, there are about 15 sneaker retailers in the CBD, with Jack Lemkus, Sneaker Cartel, Shelflife and Archive leading the way. As footwear designers expand their repertoire with a whole range of new sneaker permutations, it's clear the sneaker is adding new energy in formalwear and is here to stay.



8 Mindful drinking

Mindful drinking is an emerging trend of choosing low- and non-alcoholic drinks for both health and social reasons. Barry Tyson, co-founder of Mindful Drinking SA, says the trend towards non-alcoholic drinks is only going to get bigger as awareness increases and their taste improves. He believes that in a country like South Africa, with its huge drinking culture, there is a need for people to become more aware of alcohol-related issues, and opt for healthy and tasty alternatives.



9 Rooftop gardens

This developing global trend, already entrenched in Jozi, is a growing one in the CBD. Climate change, which insists on the greening of cities and the reduction of food miles, is likely to propel this trend, as well as the growing number of permanent residents in the CBD. Not only do rooftop gardens provide a green sanctuary for inner-city residents, they allow small-scale farmers to access rooftops to grow organic produce for neighbouring restaurants and markets. In addition, rooftop leasing is another emerging trend. In one example, the rooftop at The Terraces (34 Bree St) has been converted into a high-quality lounge with panoramic views over the city, which can be used for working, meetings, or leisure time.



10 African food

African Cuisine, your time is now! This year saw the rise in popularity of cuisine from the African continent and the signs are there that the trend will be consolidated next year. Food from West Africa, apparently, is on the list of top food trends for 2020, according to Amazon's Whole Foods. With its array of restaurants serving African food, the CBD is on the button. Some of the top African restaurants in the CBD include Madam Taitou, Mama Africa, Lucy Ethiopian Restaurant and Mariams Kitchen.



SAFETY & SECURITY CAMPAIGN

#STAYSAFECT: STASH IT, DON'T FLASH IT

Be mindful of your surroundings, and be sensible. That way you won't become a victim of crime in the CBD.

THIS is the main message of the CCID's annual crime-prevention campaign, "Stash it, don't flash it", now in full swing.

Through the campaign, the CCID's Safety & Security department is once again focusing on the three problematic crimes in the CBD, namely pickpocketing, theft out of motor vehicles and ATM fraud.

To get the message across, activations are being held in public spaces and in front of

hotels, with more than 30 000 flyers containing safety tips being handed out to tourists and locals. Safety & Security manager, Muneeb "Mo" Hendricks, says his team has also put additional measures in place to complement the campaign. These include:

1. Extending the deployment of CCID teams

The CCID's 45-strong team of Safety Ambassadors, which was due to remain on the streets only until the end of December, will be on the streets until June 2020 following its success in addressing antisocial behaviour, petty offences and creating a visible presence in the CBD. In

addition, the CCID's 12-man Displaced People's Unit, which deals with land invasions, will also remain in place until June 2020.

2. Working with the National Department of Tourism to deploy Tourism Monitors

Tourism Monitors, funded by the Department of Tourism, are being deployed to several areas and attractions to enhance the experience and wellbeing of local and international tourists. In the CBD, 16 trained monitors are being deployed and managed by the CCID's Safety & Security department to promote the Central City and educate tourists about ATM fraud.



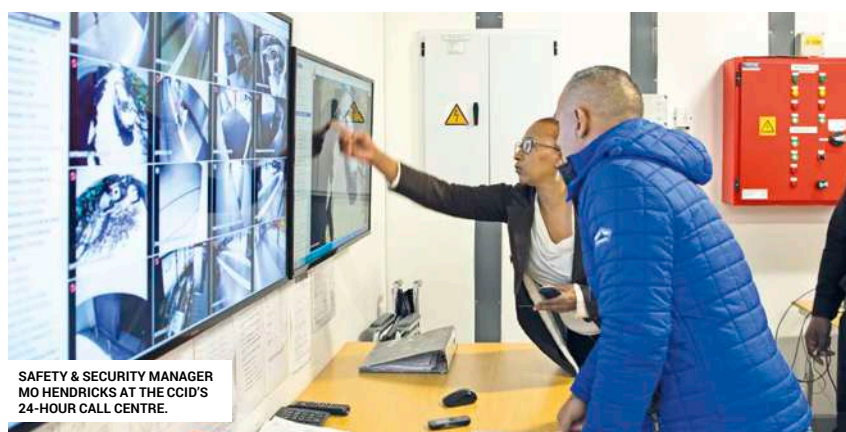
"STASH IT, DON'T FLASH IT" CAMPAIGN STUDENTS HANDING OUT PAMPHLETS TO THE PUBLIC.

Tips to stay safe this Festive Season:

1. Park in a well-lit area as close to your destination as possible.
2. Don't leave valuables in your car.
3. Physically check that your car is locked before you walk away.
4. Avoid the obvious visibility of valuables such as jewellery or wallets.
5. Make sure your cellphone is safely tucked away while walking.
6. Never accept drinks from strangers.
7. Don't hang bags over the backs of chairs.
8. Drink responsibly – you don't have to finish everything behind the bar in one night.
9. Save the CCID 24-hour control centre number (082 415 7127) on your phone to report safety issues.



SAFETY & SECURITY MANAGER MUNEEB "MO" HENDRICKS (BACK MIDDLE) WITH (CLOCKWISE FROM FRONT) ALEC VAN DE RHEE (ASSISTANT MANAGER), GARY DYSEL (NIGHT MANAGER) AND TINUS JENKINS (NIGHT MANAGER).



SAFETY & SECURITY MANAGER MO HENDRICKS AT THE CCID'S 24-HOUR CALL CENTRE.

AHEAD OF THE GAME

He is on a mission to ensure the CBD stays safe for its residents and visitors, and his work includes the use of ground-breaking technology to reduce crime in the city centre of one of the world's most popular cities. Here's how its helping the CCID head of Safety & Security, Muneeb "Mo" Hendricks, do his job.

AT the crack of dawn, you can be sure that Mo Hendricks is already reviewing what's gone down in the CBD the night before on the CCID's internal monitoring system. It's something he does as a matter of course.

Using state-of-the-art technology is key to the success of the CCID's Safety & Security department. Mo believes that, combined with the right relationships and partnerships, technology is a powerful way to improve his department's performance and measure its impact.

This is evidenced by the CCID's world-class approach, for example, being the first city improvement district in the country to equip its Public Safety Officers with body-worn cameras.

The CCID has also implemented a system to electronically log every call, incident, report and complaint. That data is plotted on a map of the CCID's four precincts (which span 1.6 square kilometres) to show where crime is occurring. The system sends real-time alerts by way of SMS and email, and that information is communicated directly to officers on the ground.

"We have a 24-hour call centre which the public can use to send WhatsApp messages, voice notes and images. Together with our intel, we disseminate exact information to our officers. So, there's no more speculation and gaps in important information," Mo says.

The CCID works with its primary partners, namely SAPS and the City of Cape Town Law Enforcement, offering

top-up services to help keep the city safe. "Police and Law Enforcement are under-resourced, but we have capacity, so we act as a bolster for resources, in conjunction with our own tactics to ensure that people abide by the law," he explains.

Mo believes that the key to a safe city is eliminating the opportunity to commit crime. His overriding strategy focuses on prevention which, in part, means proactively addressing minor offences.

"Eliminating crime is everybody's business," he says. "And I've taken personal responsibility, as well as being a part of my team, to ensure that every stakeholder is engaged in the dialogue and initiatives to improve the safety of the city centre."

EAT AND PLAY

CATCH THE SUMMER VIBE WITH THESE SPECIAL OFFERS

There are over 150 restaurants in the CBD, according to CCID's The State of Cape Town Central City Report 2018. Many of these vibrant eateries, bars or cocktail lounges offer more than just food. They encourage patrons to interact with their surroundings and forge new connections. Here's a pick of some venues and their exciting offerings.

The Station On Bree

Every Saturday from 15h00 to 20h00, The Station On Bree hosts a Mini Gin & Tapas Fest like no other. For only R200, you can taste up to 10 gins as well as delicious tapas. The Mini Gin & Tapas Fest is great for birthday parties, team building and special celebrations. Bookings are essential.

207 Bree St
021 422 0566
<https://thestation.capetown/bookings>



Swan Café

Swan Café has introduced a Swan Soirée (Thirsty Thursdays). Alongside their daytime menu of savoury galettes, salads and delectable sweet crêpes, on Thursday evenings, you can now enjoy cider and dip platters, wine, MCC and beer on tap in a cosy and festive atmosphere.

Cnr Buitenkant & Barrack streets
079 454 4758
www.swancafe.co.za



Uncut

Uncut operates as a restaurant by day and turns into a club at night. The outlet also has a buy one, get one free burger special on **Burger Mondays**. If you're looking for some pre-Friday fun, you can enjoy Phuza Thursdays at Uncut.

158 Long St
www.facebook.com/UncutCPT/
071 865 4344

Afrolife and Pitso's Kitchen

According to a *Daily Maverick* article, when police officer Pitso Chauke from Malamulele in Limpopo moved to Cape Town, he drove around the city looking for food that reminded him of home. When he couldn't find it, he turned in his bulletproof vest and put on an apron. Today, he runs a popular stall at the Old Biscuit Mill on Saturdays and has partnered with Afro Bar on Long Street to offer great local food, music and drinks all week.

Every Monday to Friday from 12h00 to 1400, you can enjoy a lunch special for only R70 from their selection that includes *skop* (sheep's head), *mogudu* (tripe), chicken feet, beef trotters, deboned cow head, oxtail, steamed bread, samp, *pap* and veggies.

230 Long St
067 272 1964 (WhatsApp)

SunSquare

Watch the sunset from the spectacular rooftop pool deck at SunSquare and drink in the view with a cocktail or two. Every Monday to Thursday from 17h00 to 19h00, it's buy one, get one free on selected cocktails, wines and beers.

23 Buitengracht St
021 492 9999
<https://www.tsogosun.com/sunsquare-cape-town-city-bowl>



Lekker Vegan

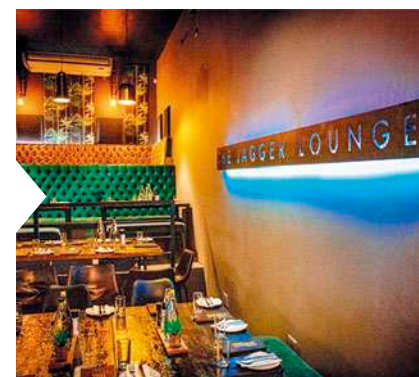
The mission for this plant-based junk-food haven is simple: to provide easy and fast vegan food that's scrumptious. Some of the exciting offerings at Lekker Vegan include **The Wrappy Wednesday Special** for only R84.50 each and the **Throwback Thursday Special** for R179, featuring a selection of the much-loved menu options that have been around since the restaurant opened. In addition, it's **Thirsty Thursday at Lekker Vegan on Thursdays** from 16h00 till 21h00, which means all cocktails are half price and it's buy one, get one free, on all beers and wine by the glass.

23 Buitengracht St
021 492 9999
<https://www.tsogosun.com/sunsquare-cape-town-city-bowl>

The Jagger Lounge

The Jagger Lounge is a world-class live music venue offering a variety of acts weekly. The venue also offers breakfast, lunch and a selection of cocktails. Tickets for the live performances at The Jagger Lounge are available on Webtickets.

74 Shortmarket St
www.thejaggerlounge.com



The Korner

This new restaurant, situated where Doppio Zero used to be, describes itself as "the home of comfort food". Some of the specials at The Korner include:

- **Happy Hour Hangouts** every day from 16h00 to 18h00 for half-price cocktails and selected draughts.
- **Bottomless Crazy Loaded Fries** every Saturday and Sunday between 12h00 and 15h00 when you buy any burger from the menu.
- **Happy Coffees** between 06h00 and 11h00 in the morning for only R20.
- **Live Music** on Fridays from 16h00 to 18h00.

Mandela Rhodes Place, corner Church St & St Georges Mall
021 424 9225
www.thekorner.co.za

1
2
3
4
5
6
7
8

PLAY

FESTIVE SEASON FUN

There's a variety of fun events to enjoy in the Central City this Festive Season. Have a look to see what tickles your fancy.

For more event info, visit *City Views* on Facebook at www.facebook.com/CityViewsCapeTown.



KINKY BOOTS NEW YEAR'S EVE

31 December 2019

Grab your kinky boots, feather boas, faux fur and false lashes. For one night only, you'll experience a *Kinky Boots* New Year's Eve performance as well as a Beyond Kinky afterparty with exclusive access to an after the show experience with chill areas, multiple bars, best-dressed prizes and live DJs.

Where: The Fugard Theatre, cnr Caledon & Buitenkant streets
When: 21h30
Cost: R580 – R700
www.thefugard.com



ALUTA CONTINUA

Now on till July 2020

Aluta Continua zooms in on the largely overlooked Western Cape chapter of the 1976 student uprisings and brutal killing and arrest of students by the apartheid regime. It also seeks to map the student's individual and collective contribution to the fall of apartheid.

Where: Iziko Slave Lodge, cnr Adderley & Dale streets
When: 09h00 – 17h00
Cost: R30 (adults), R15 (18 years and under), R5 (five years and under)
www.iziko.org.za

TWEED NUWE JAAR PARADE

4 January 2020

A slight departure from previous years, the Tweede Nuwejaar will take place on 4 January instead of the usual second day of the New Year. Don't miss troupes of minstrels dressed in shiny satin uniforms and hats, twirling umbrellas while marching through the streets.

Where: Rose, Dale, Adderley & Darling streets; watch the press for details
When: 12h00 till 23h00
Cost: Free
www.facebook.com/kaapseklompsekarnivalasosiasie/

SPECIAL FUN FOR THE FAMILY

STORYTIME AT THE BOOK LOUNGE

20 November till 1 December

Every Saturday morning is Storytime at The Book Lounge and all kids are welcome.

The Book Lounge also has a dedicated children's bookseller who will be able to assist with recommendations and all things related to kiddies' books.

Where: The Book Lounge, Roeland St
When: 10h00 – 17h30 (Tuesday to Friday)
10h00 – 14h00 (Saturday)
Cost: Free (plus there's no need to RSVP)
www.booklounge.co.za

A CHRISTMAS CAROL: THE STORY OF SCROOGE

Now on till 24 December

You're in for a treat this holiday season as Cape Town City Ballet presents a special Dickens production of the timeless classic story of the triumph of joy and the human spirit over greed.

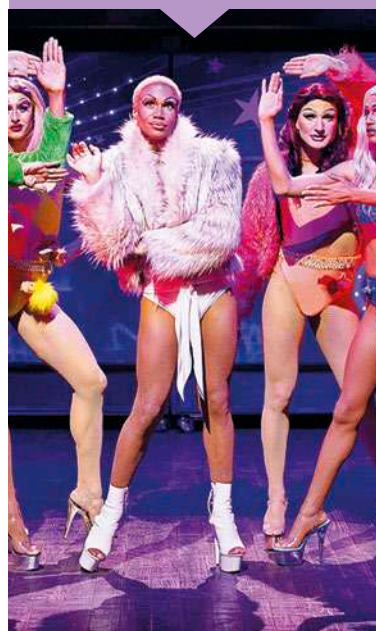
Where: Artscape Theatre Centre, D.F. Malan St
When: Various times (see website)
Cost: R150 – R295
www.artscape.co.za

PETER PAN ON ICE

15 January till 2 February 2020

The world's premier theatrical ice-skating company, The Imperial Ice Stars, returns to South Africa with a brand-new *Peter Pan on Ice* show featuring 23 former World, European and National Championship-level skaters.

Where: Artscape Theatre Centre, D.F. Malan St
When: Various times (see website)
Cost: R150 – R475
www.artscape.co.za



JESSE CLEGG LIVE

23 December 2019

After 18 months of anticipation since dropping his last single, singer and songwriter, Jesse Clegg is back on the music scene with his hot new track, *Let it burn*, and much more.

Where: The Jagger Lounge, Shortmarket St
When: 09h00 – 17h00
Cost: R170
www.webtickets.co.za

VIENNESE NEW YEAR CONCERT

5 January 2020

Treat yourself and your loved ones to some of the loveliest music ever written by enjoying the Cape Town Philharmonic Orchestra's (CPO) Viennese New Year Concert. It will be conducted by Richard Cock, with soloists Hlengiwe Mkhwanazi (soprano) and Sipho Fubesi (tenor).

Where: City Hall, Darling St
When: 19h00
Cost: R80 – R170
www.cpo.org.za



CAPE TOWN PHILHARMONIC ORCHESTRA'S SUMMER MUSIC FESTIVAL

23 January till 2 February 2020

If you love classical music, don't miss the Cape Town Philharmonic Orchestra's 14th International Summer Music Festival, featuring internationally acclaimed conductors and musicians.

Where: City Hall, Darling St
When: 20h00
Cost: R135 – R350
www.cpo.org.za

"MASTER HAROLD" ... AND THE BOYS

4 February till 8 March 2020

This Athol Fugard masterpiece deals not with political issues, but with individuals and their struggle for happiness and a better life in a world that is set up to deny them basic human rights.

Where: The Fugard Theatre, cnr Caledon & Buitenkant streets
When: Various times (see website)
Cost: R180 – R250
www.thefugard.com

DESIGN INDABA

26 February till 28 February 2020

Described as a "creative pilgrimage", the Design Indaba celebrates its 25th anniversary in 2020. The three-day event will offer an experience that includes a series of captivating design talks by day and festival by night, featuring live music, theatre, exhibitions and master classes.

Where: Artscape Theatre Centre, D.F. Malan St
When: Various times (see website)
Cost: R1 945 – R9 155
www.designindaba.com

INVESTEC CAPE TOWN ART FAIR

14 February till 16 February 2020

The annual Investec Cape Town Art Fair offers a platform for collectors, gallery owners, curators, artists and art journalists from across the globe to create connections at the forefront of contemporary art. Visitors will also be treated to live performances and various talks.

Where: CTICC, Lower Long St
When: 11h00 – 19h00
Cost: R150 (adults), R110 (students)
www.investeccapetownartfair.co.za