CITY VIEWS

www.capetownccid.org

YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

August/September 2015

Brought to you by the Cape Town Central City Improvement District

A CENTRAL CITY IN BLOOM

Celebrating spring with life, love and the great outdoors

CCID CAPE TOWN
Celebrating 15 years in the CBD

12-month wedding planner
Your guide to getting hitched in the CBD
>> page 4

Reclaim your rooftop
How to turn dead space into sustainable space
>> page 6

Guided by voices
A smartphone app that takes you places
>> page 7

Here comes the sun

Spring is in the air. And with that, we embrace new beginnings, new ideas and open spaces.

It's a wonderful time of year, brisk enough to energise yet warm enough to provide relief from winter. But bookending those greyer months, during which we ran our annual GIVE RESPONSIBLY Winter Drive campaign (and will continue to run until the end of August), spring brings just a modicum of comfort to the Central City's street people. The CCID thanks you for heeding the call and helping the NGOs that help the indigent, and we urge you to continue donating even as it gets warmer by using the GIVE RESPONSIBLY SMS number (SMS "GIVE" to 38088 to donate R10) and SnapScan code (www.giveresponsibly.co.za).

The season ushers in new beginnings, and so we've taken the opportunity in this issue to focus on weddings. The Central City is a wonderful place to get married, full of old-world charm juxtaposed with modern facilities. And the photo opportunities are spectacular – your wedding album could be showcasing the most amazing backdrops to generations to come. We've highlighted, on pages 4 and 5, five spots to tie the knot and given you the lowdown on where to purchase everything from your wedding dress to your wedding cake and flowers.

Spring is also a time to get back outdoors. The CBD's public spaces come alive with people. But we've also found a hidden space that you might not be aware of – FEDISA fashion school's rooftop oasis, situated just off Buitengracht and visible only to people in the surrounding buildings. *City Views* spoke to the college's co-founder, Allen Leroux, who revealed the fascinating story behind the transformation of the space from a dull wasteland to a thriving garden and events area. It's an inspiring tale about a man realising his vision with hard work, determination and a lot of googling. Find out more on page 6.

This spring I'm looking forward to walking more again. In augmenting my usual urban rambling through the Central City, I will be trying out a new smartphone app we've discovered. It's called VoiceMap and it lets you tap into the minds of locals and insiders and get their insights into neighbourhoods you may think you know well! In fact, VoiceMap allows anyone with a good story to tell to become a tour guide – you can read more about it and the Central City walks on page 7.

Tasso Evangelinos

Finally, I'd like to let you in on a little secret. This is the last issue of *City Views* as you know it. In our next issue, the CCID will be celebrating its official November birthday month by relaunching its long-running newspaper with a brand-new design that reflects the organisation's ongoing commitment to promoting the CBD in innovative ways. Look out for it at CBD retailers!

Tasso Evangelinos
COO of the CCID

What have we done for you lately?

These dashboards indicate some of the activities with which the CCID has been involved over the past two months since the last issue of *City Views*.

URBAN MANAGEMENT

- 247.5kg OF CIGARETTE BUTTS REMOVED FROM CIGARETTE BINS
- TREE WELLS MAINTAINED: 799
- ROAD MAINTENANCE REPAIRS: 239
- ROAD MARKINGS PAINTED: 194
- DRAINS CLEANED: 3 611
- INCIDENTS OF GRAFFITI REMOVED: 404
- STRINGS & STICKERS REMOVED: 6 971
- ILLEGAL POSTERS IDENTIFIED: 484

SOCIAL DEVELOPMENT

- 21 adults were assisted to shelters
- 7 adults were assisted with healthcare
- 9 mothers and babies were referred to ACVV
- 18 clients were assisted back home
- 9 children were placed in youth- and childcare facilities

With thanks, the Social Development department received the following donations:

- 25 sheepskin slippers worth R6 000 from Woodheads – donated to The Ark.
- 6 bags of towels and 3 bags of linen worth R2 000 from Taj Cape Town – donated to Youth Solutions Africa and The Carpenter's Shop.
- Linen and cutlery from Holiday Inn Express.

SAFETY & SECURITY

- ISSUED 2 413 FINES AMOUNTING TO A TOTAL VALUE OF R1 031 000
- RENDERED MOTOR VEHICLE ASSISTANCE: 132 times
- RENDERED PUBLIC ASSISTANCE: 497 times
- RESPONDED TO MEDICAL AND RESCUE CALLOUTS: 541 times
- ARRESTS MADE TOGETHER WITH OUR LAW ENFORCEMENT PARTNERS: 188
- CRIME PREVENTION INITIATIVES CONDUCTED: 15 623
- WARNINGS ISSUED: 3 010
- ILLEGAL TRADING OFFENCES DEALT WITH: 82

Additionally, the Safety & Security team ran two major traffic operations with SAPS, Immigration and Metro Police, which resulted in a total of 68 impoundments.

A crime-free night concentrating on Long Street was held with the Community Police Forum, and 20 Law Enforcement stabilisation unit members were deployed to Long Street on two Friday nights in a row.

COMMUNICATIONS

During the past two months, the Comms team has been rather busy. Along with its normal projects and operations, it managed to:

- Achieve a whopping total media value of R7 445 801, across 166 clips (broadcast: 64, print: 52, and online: 80).
- Roll out the GIVE RESPONSIBLY Winter Drive campaign and along with it the placement of 20 bins with our corporate sponsor partners. This has also kept both the Comms and Social Development teams busy collecting and redistributing the generous donations being received.

CITY VIEWS

***City Views* is a free community paper published by the Cape Town Central City Improvement District. It is our vision to ensure that our CBD is Safe, Clean, Caring and Open for Business for all who use it, whether they live, work or play here, or are passing through.**

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INFESTATION

Tell us your news and your thoughts

Are you a new business or retailer in the Cape Town Central City? Are you planning an event or an exhibition? Would you like to write a letter to the editor or let us know what you would like to see in *City Views*? We would love to hear from you, so email Brent on brent@capetownccid.org.

Distributing *City Views*

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SAVE THESE NUMBERS ON YOUR PHONE

If you live or work in the Central City Improvement District, be sure to save these numbers on your phone.

CCID 24-hour hotline number:
082 415 7127

SAPS Control Room: **021 467 8001/2**

CCID Social Department:
082 563 4289

You can also Tweet us:

@Cape TownCCID
#CityViews

or Facebook us
www.facebook.com/CapeTownCCID

and follow our "Give Responsibly" campaign
www.facebook.com/GiveResponsibly

Retail news

The CCID welcomes these retailers to the Cape Town CBD.

Keep an eye out for our **ONLINE RESIDENTIAL SURVEY**, to be launched mid-August via the *City Views* Facebook page. If you live in the Central City, you can participate and stand a chance to win great prizes.

FOOD

Fancy a healthy salad or a hot soup for lunch? Order online from **chopchop** (**www.orderchopchop.co.za**), now based at **75 Harrington St** in the East City.

Grab a Gatsby or a snoek and chips at **Cape Town Fisheries.**
87 Plein St | 021 461 7759

Fans of fish tacos, pulled pork and chicken wings, be sure to knock at **Door 221**, which has joined the culinary row at upper Bree Street.
221 Bree St | 082 770 3366
www.facebook.com/door221

A trendy new gastropub called **The Village Idiot** has opened just around the corner from the Waterkant Street Fan Walk, on Loop Street. It has a huge balcony – perfect for this time of year. Book a table before you go.
32 Loop St | 021 418 1548
www.thevillageidiot.co.za

Popular Muizenberg "dude-food hangout" **Tiger's Milk** has opened a branch at **44 Long St**. Pull in for pizzas, burgers, ribs and craft beer.
021 422 0700
www.tigersmilk.co.za

FASHION

A high-end boutique called **Fashion Garden**, with sister stores in Paris and Milan, has opened at **58 Loop St.**
079 428 7942
www.fashiongarden.co.za

Gracious Daisy is your one-stop shop for vintage clothing and collectibles.
234 Long St | 082 557 7766
www.facebook.com/GraciousDaisyVintage

Nic Harry, purveyor of "incredible socks", is now retailing at **66 Wale St.**
www.nicharry.com

ECO-FRIENDLY

Carbon-smart travellers, hire a vehicle at **Smart Car Hire**, which has moved from Sea Point to **cnr Bree & Castle sts.**
021 434 0403
www.smartcarhire.co.za

&Bikes Café and Cycle Boutique is a hip new meeting point for cyclists where you can buy or hire bikes and have a coffee.
32 Loop St | 021 823 8790
www.andbikes.co.za

Thanks, you GAVE RESPONSIBLY

Special thanks to our partners *Benger*, Boston City Campus, Infestation, J&M, *LIFE Residential*, New Media Publishing, Old Mutual Pinelands, Pam Golding Properties (Claremont, Kloof Street, Mandela Rhodes Place and Sea Point), Protea Hotel North Wharf, The Rainbow Academy, Taj Cape Town and *Wimpy St George's Mall*, who have been hosting donation bins during the CCID Social Development department's Winter Drive.

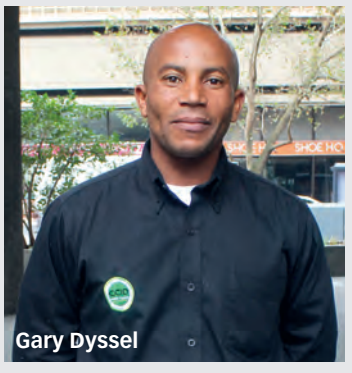
We're also very grateful to our *City Views* readers who heeded the call to GIVE RESPONSIBLY. Donation bins will remain in place at the public locations (italicised above) throughout August, so please continue to give – it's still cold out there! For info on how you can continue to support our NGO partners after the drive, please visit **www.giveresponsibly.co.za**.

Thanks also to Madame Zingara, who donated 200 chairs (as seen below) to one of the CCID's stakeholders, Cape Town High School.

Above: the CCID Social Development van was overflowing with donations after a recent pickup. Below: Headman Siralarala collects from Pam Golding Properties Kloof Street.

New CCID staff

Introducing Shihaam Mall and Gary Dyssel, who have joined the CCID as finance & HR assistant and night manager respectively.



USEFUL CONTACTS

SAPS CENTRAL CITY
021 467 8001/2
(24 hours)

EMERGENCY
ambulance, health, noise & fire
107 / 021 480 7700 (24 hours)
(107 from landlines only)

CCID 24-HOUR SAFETY & SECURITY
082 415 7127
(Cape Town CBD only)

CITY OF CAPE TOWN SERVICES

Bylaw and traffic infringements
- Metro Police *0860 765 423*
- Traffic Police *0860 765 423*
- Law Enforcement *021 596 1999 (24 hours)*

Social concerns
- Alcohol & Drug Helpline *0800 435 748*
- Social Development: Children *0800 220 250*
- Social Development: Adults *0800 872 201*

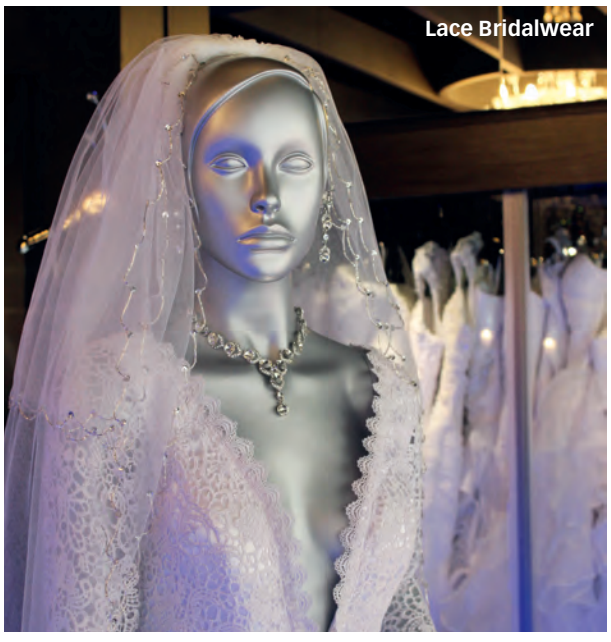
Incident reporting & enquiries
- Traffic Signal Faults *0860 001 948*
- Cable Theft *0800 222 771*
- Prepaid Electricity Meters *0800 220 440*
- Disaster Risk Management *080 911 4357* *021 597 6000 (24 hours)*
- Refuse Collection, Water Issues, Street Lights and Electricity Faults *0860 103 089*

Taj Cape Town

Park Inn by Radisson Cape Town Foreshore

Countdown to **happily ever after**

Everything you need to plan your wedding day is right here in the Cape Town Central City. We've put together a timeline to point would-be brides in the right direction.


Lace Bridalwear

12 MONTHS TO GO

Decide on a budget. Choose a date. Select a theme and visit appropriate venues.

Cape Town International Convention Centre (CTICC)

The CTICC can accommodate a diverse range of functions and offers state-of-the-art audio-visual equipment. It has two wedding packages, which include decor.
PHOTO OP: nearby North Wharf Square, with its water feature.
Convention Square, 1 Lower Long St
021 410 5000
www.cticc.co.za

Castle of Good Hope

Cape Town's iconic fortress has 16 venues – from the small Pasque De Chavonne room to the large rear courtyard. And you get to choose from an extensive food menu and entertainment options, including a military orchestra.
PHOTO OP: the castle's historic grounds will lend a unique old-time feel to a classic wedding.
Darling & Buitenkant sts
021 787 1260
www.castleofgoodhope.co.za

The Grand Daddy Hotel

A rooftop wedding at The Grand Daddy Hotel gives you the opportunity to spend the first night of your honeymoon in the Airstream Trailer Park.
PHOTO OP: stay on the rooftop and use the Central City skyline as your backdrop.
38 Long St | 021 424 7247
www.granddaddy.co.za

Park Inn by Radisson Cape Town Foreshore

Harald's Bar & Terrace on the 11th floor is perfect for a cocktail reception of up to 100 guests, weather dependent; or opt for a banquet-style reception with a dancefloor in the Heerengracht room for up to 80 guests. For smaller weddings, the terrace is ideal for an intimate ceremony.
PHOTO OP: the nearby fountain circle on the Heerengracht, with Table Mountain as a backdrop, will create a moment that'll stand out in your guests' minds for years to come.
29 Heerengracht
021 427 4800
www.parkinn.com/hotel-capetown

Taj Cape Town

Five-star luxury is what you get at Taj Cape Town. Banqueting rooms have high ceilings and natural light, and can accommodate eight to 80 guests. The Reserve, adjacent to the hotel, is a grand venue equipped to host up to 400. The Vault was built in the 1920s for the African Banking Corporation and is ideal for an intimate reception of up to 40 guests. Taj Cape Town also offers a dedicated service team and professional decorators.
PHOTO OP: the neighbouring St George's Cathedral has old-world charm and The Company's Garden is home to a beautiful rose garden.
Wale St | 021 819 2000
www.tajcapetown.co.za

11 MONTHS TO GO

Book a photographer.

Cameraland

If you want to go the amateur route and ask one of your guests to wield the camera, enrol them into a Cameraland class. They can also use its studio.
68 Long St
021 423 4150
www.cameraland.co.za

Book a DJ or live music.

Café Mojito

Café Mojito (at **265 Long St**) and The Waiting Room (at **273 Long St**) are intimate spaces to soak up some sounds – and they regularly feature both well-known and lesser-known (ie potentially more affordable) acts you could book yourself.
021 422 1095
www.facebook.com/Cafe.Mojito.Cpt
021 422 4536
www.facebook.com/WaitingRoomCT

10 MONTHS TO GO

Decide on your colours. Make an appointment with a dressmaker or visit a bridal shop.

Lace Bridalwear

This boutique has a variety of lovingly selected original and runway inspired dresses, and style consultants are on hand to help you choose the one that will make you look and feel fantastic on your big day.
Cartwrights Corner, 17 Adderley St
021 461 4216
www.lacebridalwear.co.za

Elbeth Gillis Couture

A bridal couturier with 20 years' industry experience, Elbeth carefully handcrafts each piece along with her team.
44a Bloem St
021 423 2220
www.elbethgillis.co.za

Hendrik Vermeulen Couture

Hendrik Vermeulen produces custom wedding gowns, which have appeared in the likes of *Fair Lady Bridal Magazine*.
79 Hout Lane
021 424 1686
www.hendrikvermeulen.com

KLûK CGDT

KLûK CGDT have a selection of ready-to-wear gowns or, if you prefer something that will stand out from the crowd, they can create a couture outfit just for you.
43-45 Bree St
083 377 7780
www.klukcgdt.com

Kobus Dippenaar Atelier

Kobus Dippenaar's Anna Georgina wedding gown range is a tribute to his mother. His aim is to make haute couture available to every woman – especially on the day she wants to look her best.
60 Loop St | 021 423 7810
www.kobusdippenaar.com

Aspen Flowers & Co

09 MONTHS TO GO

Decide on an officiator. Find a florist.

Aspen Flowers & Co

Aspen Flowers & Co will make itself available for setup and styling on the big day.
Shop 2, The Graphic Centre, 199 Loop St | 021 424 6511
www.aspenandco.co.za

Trafalgar Place Flower Market

Trafalgar Place Flower Market is the ideal place to stock up on a range of in-season blooms if you have a specific vision and the skills to realise it yourself.
Adderley St

08 MONTHS TO GO

Start planning your honeymoon.

For a listing of CBD travel agents, go to **www.capetownccid.org**, scroll down to Explore Our CBD, click Convenience Services; then check Tourism, Travel and Touring, and hit View Results.

Elbeth Gillis Couture

Mr S Price Tailor

07 MONTHS TO GO

Order your wedding cake.

Charly's Bakery
The world-famous Charly's Bakery makes wedding cakes that are as pleasing on the palate as they are on the eye.
38 Canterbury St
021 461 5181
www.charlysbakery.co.za

Book transport to and from the wedding.

The Cape Town Carriage Company
The Cape Town Carriage Company, based at the Castle of Good Hope, will make your journey to the ceremony a memorable one indeed.
Darling & Buitenkant sts
021 704 6907/8
www.ctcco.co.za

The Cape Town Carriage Company

06 MONTHS TO GO

Have your wedding stationery designed, and send out invitations.

Hot Ink
Hot Ink can design and print your entire range of wedding stationery.
55 Long St | 021 422 1208
www.hotink.co.za

Go shopping with your bridal party and make sure your man gets kitted out too.

For her

Afraid of Mice
For unique outfits and accessories for the mothers or your bridesmaids, this vintage store stocks clothes from the likes of Chanel.
Cnr Long & Longmarket sts, 021 423 7353
www.afraidofmice.com

Babette Clothing
Stop in here for a range of funky garments, jewellery and shoes. Look out for other delights, such as embroidered works, portraits and old-school suitcases, which can be used as decor.
41 Church St
021 424 4457
www.babetteclothing.co.za

Edgars
Head to Edgars for a range of lingerie options. While you're there get your makeup done by a consultant, who can advise you on what you'll need to perfect your look yourself on the big day.
Cnr Adderley & Hout sts
021 480 2800
www.edgars.co.za

Woolworths
Woolies has a great range of perfumes that you can use to seduce your groom's senses. Try on classic heels and don't forget the thing that will bring your bridal party's outfits together – the jewellery!
Cnr Adderley & Strand sts, 021 481 7111
www.woolworths.co.za

For him

Markham
If he's looking for a suit that will last long past the wedding day, this men's store is ideal. He can get his full kit here – complete with a stylish pocket square and tie bar.
60 Adderley St
021 423 4070
www.markham.co.za

Romens
Your hubby to be is guaranteed to find everything he needs here too – from the suit to underwear and shoes – with a range of brands to choose from, including Pierre Cardin and Carducci.
Shop 16, Parkade Mall, Waterkant St
021 425 4080
www.romens.co.za

For feet

Diomande Leather Craft
For standout handmade shoes or kicks that compliment your colour scheme, try Diomande.
130 Long St | 021 422 0747
www.diomande.com

Errol Arendz Boutique
Put your best foot forward when you walk down the aisle in one of Errol Arendz's stunning heels. Just beware they don't steal the show!
66 Hout St | 021 461 1385
www.errolarendz.co.za

Zoom
Zoom's footwear ranges from fabulous heels to basic classics and stylish flats.
2 Long St | 021 418 3966
www.zoomfootwear.co.za

For fixing

Mr S Price Tailor
Need alterations done?
201 Long St

05 MONTHS TO GO

Choose your wedding rings.

Prins & Prins
Prins & Prins will make a ring to your exact specifications.
Huguenot House,
cnr 66 Loop & Hout sts
021 422 0148
www.prinsandprins.com

Olive Green Cat
Olive Green Cat sells unusual pieces such as diamonds set in resin and also cufflinks.
76 Church St
021 424 1101
www.olivegreencat.com

04 MONTHS TO GO

Order drinks.

Caroline's Fine Wine Cellar
Caroline's Fine Wine Cellar stocks over 1 500 South African vintages and one of the country's largest ranges of European wines.
62 Strand St | 021 419 8984
www.carolineswine.com

Shaker Bar School
A trained mixologist at Shaker Bar School can whip up a drink that will match your theme and colour scheme, and get the party started.
235 Bree St | 021 422 1574
www.shaker.co.za

03 MONTHS TO GO

Choose wedding favours.

Honest Chocolate Café
What better way to thank your loved ones than with a slab of pure, organic chocolate?
64a Wale St | 076 765 8306
www.honestchocolate.co.za

Meet with an attorney. Marriages in South Africa are automatically in community of property, unless a valid antenuptial contract has been entered into before the marriage.

Search online at www.attorneys.co.za to find CBD-based matrimonial attorneys.

Prins & Prins

02 MONTHS TO GO

Finalise decor.

Skinny laMinx
Heather Moore's designs extend to artistic cushions, prints and napkins. The items are guaranteed to add a sparkle to your decor.
201 Bree St | 021 424 6290
www.skinnylaminx.com

01 MONTH TO GO

Two weeks to go: have your final haircut and colour.

One week: indulge in your final beauty treatment.

Jabula Salon
Most wedding hairstyles seem to be created with long locks in mind, but not everyone is Rapunzel. If you always pictured having curls bouncing down to your waist, though, don't despair: here you can get a genuine weave – and choose from a range of hair types, from Indian to Brazilian and even Peruvian.
Shops 66a, 67, 71a, 73, Golden Acre Mall
021 421 3341
www.jabula-hair.com

Frontline Hair Studio
While you get your hair perfected, give your nails some love as well. After all, your left hand is going to be getting a lot of attention on the day!
21 Riebeek St
021 425 4870

Swordfern Hair and Beauty Emporium
This eco-conscious store is a lot more than just a hairdresser. You can also purchase handmade jewellery while booking your hair, skin and body treatments.
104 Harrington St
021 462 4800
www.swordfern.co.za

For him

Barnet Fair
This supercool barbershop combines classic barbering with some funky modern styles. Your groom can indulge in a hot towel shave and get his hair trimmed.
St Stephen's Church,
98 Bree St | 021 424 1302
www.barnetfair.co.za

*The least glamorous aspect of your nuptials is also the most important. After the ceremony, the marriage officer must submit the register to the nearest **Department of Home Affairs** (**Fair Cape Building, 56 Barrack St**), where the marriage details will be recorded in the National Population Register. **www.dha.gov.za, 021 468 4500***

Lace Bridalwear

Gardens in the sky

A fashion school in the Central City is showing the way for sustainable development. *City Views* spoke to FEDISA director and "haute culturalist" Allen Leroux about his transformation of the campus's rooftop into a literal urban oasis.

FEDISA is the only tertiary institution in the Western Cape that offers a fully registered and accredited BA: Fashion Design and a BA Honours: Fashion degree.

The next time you're high up in a tall Cape Town CBD building, take a look out the window. What do you see? Rooftops covered in gravel, adorned with satellite dishes and air-con ducts? Imagine how different these vast spaces, often the size of entire city blocks, could be.

"If you were in Manhattan," says Allen Leroux, "you would see beautiful gardens in the middle of the city."

FEDISA's director was inspired by this to create his own rooftop garden, at the institution's campus off Buitengracht. Perhaps you can see it amid the grey from your window.

"In December 2011, when we took possession of this building," he says, "we inherited a 1 000m^2 rooftop deck, which is accessed from the third floor. When we arrived, there was just gravel and paving stones. It was a complete waste of space."

Today, you walk out onto real lawn, and hear the sound of running water.

Planting a seed

The rooftop started to come to life with the addition of fountains, which were installed by August 2012. "Being a Pisces, I'm big on water," quips Allen.

But there are weight considerations when working on a rooftop. So how did Allen and his team navigate this? "We built the fountains over high-density polystyrene blocks covered in concrete skin, with a waterproofing membrane on top, and finally tiling on top of that."

Fourteen trees and shrubs were then brought up through the college's goods elevator.

First signs of growth

Two years after the initial beautification, at the end of 2014, Allen and co installed the two lawns that make up 300m^2 of the rooftop space. "We did a lot of research, got a lot of quotes, and got a lot of people telling us it couldn't be done, but I'm not the kind of person who believes anything is impossible. So I did it entirely with my own maintenance staff – Roy and Clarens Zweni and Moses Magwashu – and Ncedile Nyama, who was initially employed as a temporary cleaner."

Weight came into play again. "This building was originally constructed in the 1960s as a showroom for a car dealership and we had an engineer's report before we did anything that confirmed the strength of the structure could support several additional storeys. But just in case, I bought enormous bags of waste polystyrene to build out the structure of the lawn. River sand went on top to hold it in place. The rationale behind the polystyrene was partially weight compensation and partially to save on top soils."

It's thanks to [Allen Leroux's] efforts that FEDISA's spectacular second-floor rooftop has become a sought-after event space.

But the first thing they did was to start cleaning the dusty gravel that had covered the rooftop by building a rudimentary sifting system. Following that, they brought in cinderblocks to create the borders of the beds into which the lawns would eventually be planted. Waterproofing membranes were laid, and the gravel reinstated. A geotextile, which Allen bought directly from a wholesaler, was placed over this. Then came the polystyrene and river sand. The leftover cinderblocks were used as planters for small shrubs around the lawns. The top soils were brought in – all six tons of it – via the hard-working goods elevator. "Over three days, we transported that soil up to the deck in wheelie bins."

The lawn arrived at 16h50 on a Friday evening, and by 19h30, FEDISA had a rooftop garden. As soon as those lawns went in, the irrigation went on to water the sods. Allen built this system himself. "The internet taught us all these things," he says. "It's not a case of just signing a cheque and getting someone else to do it at enormous expense. Sometimes you just have to put a little bit of blood, sweat and tears in yourself, and you can achieve amazing things on a very limited budget."

Water wise

"Our main fountain needs cleaning quite often because it's become a favourite spot of all the birds in the area, including two large hadidas."

Originally, the water from the fountain was drained and pumped down to the street. The fountains would have to be refilled after cleaning. "I didn't like this," Allen continues, "especially as we also needed a lot of water to keep the lawns growing. The biggest question we have, and that any business should have, is: how can we conserve resources?"

So, with his fashion degree, he designed an eight-valve distribution system, which now takes the waste water out of the fountain and sends it around the entire garden. Where the garden previously took three hours to water by hose, it now takes all of 15 to 20 minutes once a week.

The rooftop in December 2011

The Smart Building Handbook

The City of Cape Town published its *Smart Building Handbook* in 2012. It provides practical information on energy-efficient technologies, materials and design criteria, and promotes resource-efficient building practices, which can reduce the impact that buildings have on the environment as well as the cost of running them.

You can download the Smart Building Handbook at www.capetown.gov.za/en/EnvironmentalResourceManagement/publications/Pages/GreenBuilding.aspx.

Finishing touches

"The quotes we received for tiling the deck were outrageous," says Allen. "Hence the director of the institution learnt to do it himself – and I'm now the proud owner of my own tile cutter."

He was able to teach his team to tile as well. Together, they installed a beautiful border around the lawns. "All the maintenance guys have now acquired additional skills that they use in their communities."

The final step was to level it all up. So Allen went back to Google – and learned how to install decking. "Ncedile and I eventually built this deck for a fifth of the quotes, with 4.2 tons of wood – treated so that it lasts for 25 years. Each slat has six to eight screws and it took eight weeks to complete. I worked from nine in the morning till one every day. Then had a shower and was director again until five."

The main event

Allen says that prior to this exercise, he had "no more gardening experience than any other suburban boy whose dad made him mow the lawn".

It's thanks to his efforts that FEDISA's spectacular second-floor rooftop has become a sought-after event space. On First Thursdays, the institution hosts "Fashion Flashes", where second-year students model their outfits. Allen says up to 500 members of the public regularly enjoy this event. Why not pop round on 3 September and have a look for yourself?

FEDISA
81 Church St
021 424 0975
www.fedisa.co.za

Allen and Ncedile powering through the deck-building process

Sustainability in other cities

Cities will be home to an estimated 70% of the world's population by 2050 and they will need to operate differently from now. Here are those leading the way.

- Rooftops on new buildings in commercial zones in French cities must either be partially covered in gardens or solar panels.
- Toronto adopted a bylaw in 2009 mandating green roofs in industrial and residential buildings.
- Bogota's Transmilenio bus rapid transit system, an inspiration for MyCiTi, carries 70% of the population through the city each day, resulting in an emissions reduction of 350 000 tons per year since it was implemented. The system also aims to completely convert to hybrid and electric buses by 2024.
- In 2002, San Francisco started its Zero Waste programme. Since then it has achieved an 80% landfill diversion rate.
- The High Line is a 2.33km Manhattan park built on an elevated section of a disused railroad track.
- Munich has targeted a 100% clean electricity supply by 2025. To this end, Stadtwerke München, the city-owned utility, has invested in offshore wind farms in the North Sea.

Walk the talk

How do you experience a place you know well as if for the first time? The answer may be in VoiceMap, a smartphone app that lets you tread in someone else's footsteps and see your surroundings through their eyes.

Iain Manley and Lauren Edwards founded VoiceMap as "a reaction to the lack of personality in tour bus audio guides".

Their thinking was this: rather than have a "disembodied" voice guide you through a place with layers of history, why not listen to someone who is connected to it through memories and feelings of their own?

VoiceMap has published audio guides in over 30 cities around the world, and Cape Town is leading the way with 22, several of which are in the CBD. The collection of walks is as varied as the storytellers who created them. In a single day, you could climb inside a street artist's head during a tour of the East City, then – guided by an activist – learn about the sites across town that are linked with past struggles.

Lauren Edwards and Iain Manley, founders of VoiceMap

Get VoiceMap

VoiceMap's Android (bit.ly/getvoicemap) and iOS (bit.ly/voicemap) apps are free to download, and audio walks in Cape Town cost an average of R24.99. After downloading the app and selecting a walk, you can put your smartphone in your pocket and listen to anecdotes, commentary and opinions, which play through your earphones automatically at specific locations.

Tell your story

VoiceMap connects listeners with stories told by individuals and organisations such as Cape Town Tourism who has partnered with VoiceMap on some of the walks, with its staff members contributing their own tales. If you have something to say, you could even add your voice to the mix and earn royalties. The VoiceMap website (www.voicemap.me) tells you how.

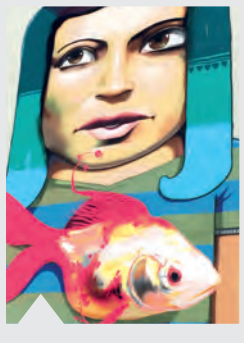
Central City strolls

These are a couple of our favourite CBD walks.

Revolution Route

Written by journalist and activist Gael Reagan, the *Revolution Route* is infused with performance poetry and original music. It explores stories of resistance to oppression, from the Khoekhoe resistance to colonialism, through the apartheid struggle where figures like Mandela and Biko feature strongly.

Landmarks: City Hall, District Six street art, Parliament, St George's Cathedral and Church Square.



My Design District

Narrated by Suné Stassen, programme director of the Open Design Cape Town festival and founder of Rock City Foundation (which specialises in design education), this is the story of the East City, today one of Cape Town's main design and innovation hubs.

Landmarks: Truth Coffee Roasting, The Bank, Harrington Square, The Fugard Theatre and Charly's Bakery.

For more info on these and other audio walks, including *Being a Woman in Cape Town*, *The Fringe* [East City] *Street Art Mural Tour* featuring Falco One, *Slavery in the Cape*, *Landscape of Change* and *The Company's Garden*, visit **www.voicemap.me**.

AUGUST – SEPTEMBER

What's on in the CENTRAL CITY

Music, design, theatre, photography and sport; there's something for everyone in the Central City. We've featured some of these events here but keep up to date via our Facebook page, **www.facebook.com/CityViewsCapeTown.**

Till 3 August

Cape Town Photographic Exhibition

In celebration of its 125th birthday, the Cape Town Photographic Society will be exhibiting photographs from as far back as the 1890s up to the present day.
Where: Marble Foyer, Artscape Theatre Centre, DF Malan St
When: from 09h00
Cost: free
www.artscape.co.za

Till 26 September

The Celebration

Madame Zingara's mesmerising dinner theatre has found a home on the Grand Parade – and it's seriously spectacular! Trust us, we've seen it.
Where: Grand Parade
When: from 18h00
Cost: R650-R1250
www.madamezingara.com

19-22 August

Heart of Redness

A young cast, which includes Magnet Theatre and UCT drama graduates, and some of the Cape Town Opera's members, have come together under the direction of Mark Fleishman to create a musical version of the Zakes Mda novel *Heart of Redness*.
Where: The Fugard Theatre, cnr Caledon & Buitenkant sts
When: 19h30
Cost: R100-R190
www.thefugard.com

12-23 August

Open Design Cape Town 2015

Open Design Cape Town is an annual cross-disciplinary event that creates an educational, inclusive and collaborative platform for the people of Cape Town to openly share their design.
Where: Cape Town City Hall, Darling St
When: 08h00 till 18h00
Cost: TBC
http://opendesignct.com

22 August

Tweak & friends

After a 10-year hiatus, local pop-punk band Tweak, return to rock your socks off for one massive reunion show.
Where: The Assembly, 61 Harrington St
When: 21h00
Cost: R70 via Webtickets
http://theassembly.co.za

22 August

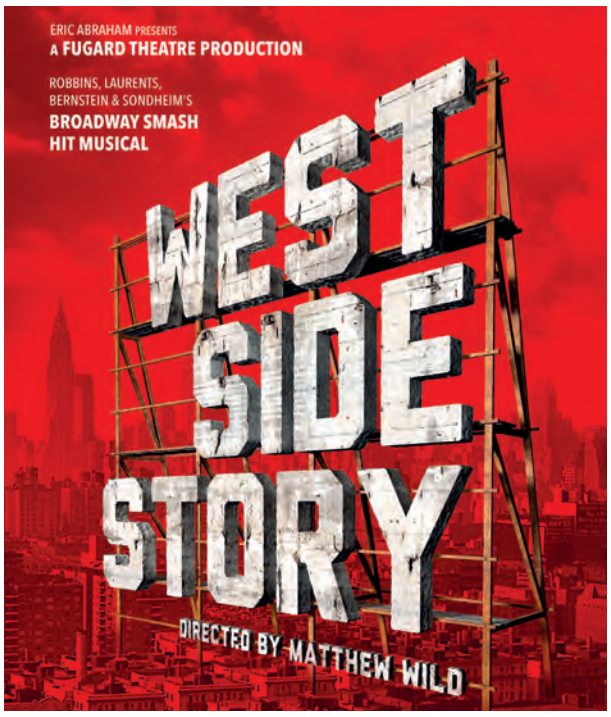
Brass Band Extravaganza

Artscape plays host to a number of young big band musicians, who will participate in workshops run by legendary Jazz musician Ian Smith throughout 2015. The year's workshops culminate in a grand extravaganza on the theatre stage. Featuring Ian Smith, Kader Miller and the Delft Big Band.
Where: Artscape Theatre Centre, DF Malan St
When: 15h00
Cost: R40
www.artscape.co.za

Till 23 August

West Side Story

This Eric Abraham and Fugard Theatre production is brought to you by the award-winning creative team behind the smash hits *The Rocky Horror Show* and *Cabaret*, and features a local cast that breathes new life into the musical masterpiece.
Where: Artscape Opera House, DF Malan St
When: Tuesdays to Fridays at 20h00, Saturdays at 16h00 & 20h00, Sundays at 14h00 & 18h00
Cost: R95-R400
www.thefugard.com



27-30 August

Cape Homemakers Expo

Cape Town's leading home improvement, decor, design and lifestyle exhibition celebrates 20 years in 2015. From modern bathroom fittings to the latest in kitchen design and appliances, and beautiful new furnishings to the best in DIY – you'll find it all at this inspiring event.
Where: Cape Town International Convention Centre, 1 Lower Long St
When: Thursday to Saturday at 10h00 till 20h00, Sunday at 10h00 till 18h00
Cost: adults R70, pensioners R50, children under 12 free entry
www.cticc.co.za/event/2015-cape-homemakers-expo

Saturdays

Story Time at the Book Lounge

Every Saturday morning at 11h00 is story time for kids aged three to eight at the Book Lounge. It's a great way to get the little ones excited about reading and it's free.
Where: Book Lounge, 71 Roeland St
When: 11h00
Cost: free
www.booklounge.co.za

28 August

Josie Field live

Soulful South African Music Award-nominated singer-songwriter Josie Field performs upstairs at Alexander Bar.
Where: Alexander Bar, 76 Strand St
When: 20h00
Cost: R90 (R80 online)
http://alexanderbar.co.za

19 & 20 September

Cape Town Marathon

Over 12 500 runners from 53 countries took part across all events last year, including 29 elite international athletes, and the bar has been raised with many more runners expected to challenge themselves this year. The race gives participants an opportunity to experience the heart of Cape Town, and view landmarks and historic sites from a unique perspective.
Where: throughout the Central City
When: 07h00
Cost: entry fees: R300-R1 000; free to spectators
www.capetownmarathon.com

GIVE RESPONSIBLY

HELP THE NGOS THAT HELP THE HOMELESS AND GIVE WHERE IT WILL MAKE A DIFFERENCE*

The Cape Town Central City Improvement District (CCID) works closely with the following NGO partners in the Cape Town CBD

Salesian Institute – Projects providing education, skills training and rehabilitation to vulnerable youth

The Carpenter's Shop – Skills training and rehabilitation services for adults

The Haven – Night shelters with the vision to get the homeless home

Ons Plek – Residential care and reunification processes for girls

Straatwerk – Job rehabilitation projects for men and women

The Homestead – Residential care and family integration for boys

There are a number of wonderful NGOs that work with street people in an attempt to provide them with alternatives to begging and life on the streets. These alternatives range from rehabilitation services, skills training and education, to the possibility of shelter or even family reintegration.

GIVE RESPONSIBLY to the NGOS who provide these services and help break the cycle of life on the streets. To help the NGOs listed above that work with the CCID, you can make a difference in one of the following ways:

SNAPSCAN
You can download the free SnapScan app onto your smartphone and SCAN the code to the right to donate the amount of your choice via your phone.

SMS 'GIVE' TO 38088
to donate R10 towards the NGO partners with which the CCID works closely in the Cape Town Central City.
An average of R8 is donated depending on your service provider. For detailed Ts & Cs visit .

VISIT OUR WEBSITE
for more information on the GIVE RESPONSIBLY campaign, our NGO partners and other ways in which you can assist.
WWW.GIVERESPONSIBLY.CO.ZA

This campaign is an initiative of the Cape Town Central City Improvement District (CCID)
www.capetownccid.org

CCID CAPE TOWN
Show you CARE