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City 2018 guide launches**

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**What's on in the CBD
during the festive season**

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**Tips to keep you safe
while you play and party**

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YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Summer 2017-18



**BUMPER
12-PAGE
ISSUE**

**DISCOVER
YOUR DOWN-
TOWN LIKE A
TOURIST**



**A VISITOR
IN YOUR
OWN
CENTRAL
CITY**



**WHAT
TO VISIT**



**WHERE
TO SHOP**



**WHAT
TO EAT**



TALK OF THE TOWN

CityViews

IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT ORGANISATION. IT IS THE CCID'S VISION TO ENSURE THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.

www.facebook.com/CityViewsCapeTown

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The Cape Town Central City Improvement District (CCID)
13th floor, 1 Thibault Square,
Cnr Long St & Hans Strijdom Ave,
Cape Town, 8001
www.capetownccid.org
www.facebook.com/CapeTownCCID
021 286 0830

EDITORIAL (CCID)

Acting editor and Communications

Manager: Carola Koblitiz
carola@capetownccid.org
Managing editor: Aziza Patandin
aziza@capetownccid.org
Contact Carola if you have a story to tell, and Aziza if you want copies.
Online coordinator: Scott Arendse

DESIGN (INFESTATION)

Account manager: Melissa Sherwin
Art director: Sam Bainbridge
Designer: Nicole Nell
www.infestation.co.za
021 461 8601

CONTRIBUTORS

Content: Judy Bryant, Carola Koblitiz
Photography: Ed Suter, Anita Reed, Carola Koblitiz, Scott Arendse

For more Central City news, sign up to receive our monthly newsletter.

The link appears at the bottom of our website homepage. Go to: www.capetownccid.org

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A VISITOR IN YOUR OWN CENTRAL CITY

So many “downtowners” spend their lives rushing to the next appointment. The festive season is the ideal time to slow down and discover your own CBD.

TASSO EVANGELINOS
CEO OF THE CCID

From 8 to 5, five days a week, 11 and a half months each year, most of us find ourselves on a fast track so fast that we often forget to take in the sights where we spend a huge part of our lives.

That’s why this issue of *City Views* is one in which we celebrate the upcoming festive season – when many of us may be taking a break or at least slowing down – by discovering our Central City in the way a visitor would. In other words, we’d like to show you how to be a tourist in your own downtown.

As the CCID, we were amazed to find out recently how much we could learn about the Central City when we participated in a “Footsteps to Freedom” walking tour with Garth Angus (see page 4), and we wanted to share some of this with you. So, from hidden secrets you did not know to places we’re sure you’d love to experience with your family, this summer issue is packed with great ideas. Who knows? You may just find that special place in the CBD where you can take refuge throughout the year, whenever

you need a few moments to calm your mind.

Over the past month, we’ve also been running our 2017 Central City Online Residential Survey, and by the time this issue hits the streets, if you live in the footprint of the survey (see below), you’ll still have a few days left to participate and stand the chance to win one of three cash prizes – just in time for the holidays.

The festive season is, of course, when we get many visitors to the CBD, and to cope with the increased footfall we also step up our own CCID efforts across the board, from additional members on our cleaning teams to an increased presence of our Safety & Security public safety officers via our summer season “Stash it, don’t flash it” public awareness campaign. For more about this campaign and hints and tips on personal safety and common sense, see page 7.

Enjoy the Central City through the summer months, save water wherever you can (we tell you how on page 12), and stay safe by being wise and aware.

LAST CHANCE TO PARTICIPATE IN THE CCID’S ANNUAL ONLINE RESIDENTIAL SURVEY AND WIN ONE OF THREE POSSIBLE CASH PRIZES



What residents think about where they live and what they want to see in their urban environment is important for the planning of everything from new retail to the right type of residential development.

To gauge these opinions, the CCID has been conducting annual online residential surveys since 2013 with people living in the CBD and its immediate surroundings, and it is currently running its fifth survey.

Says CCID Communications manager, Carola Koblitiz: “We encourage all residents living in the survey’s footprint to participate. This is their opportunity to be heard. If their opinions are not ‘out there’ then how can their needs and desires possibly be heard by those who could make a difference to the offerings for residents in the Central?”

By completing the survey, participants will also be given the chance to win one of three cash

prizes in a draw: a first prize of R1 500, a second of R1 000 and a third of R500. The survey takes about 10 to 15 minutes, and is completely confidential (apart from the prize winners who will be announced in the CCID’s next online newsletter mid-December.)

The 2017 CCID Residential Survey is currently accessible online until end Tuesday 12 December 2017 at www.surveymonkey.com/r/CCIDSurvey2017

HIGHLIGHTS OF WHAT THE CCID HAS DONE FOR YOU IN THE PAST THREE MONTHS

URBAN MANAGEMENT

Identified 756 illegal posters	Removed 1355 strings & stickers	Removed 436 incidents of graffiti	Removed 440kg of butts from cigarette bins	Cleaned 5381 drains and replaced 74 drain covers	Maintained 777 tree wells	Undertook 279 road maintenance repairs	Painted 54 road markings
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SOCIAL DEVELOPMENT

Interacted with clients on the street 800 times	Assisted 41 adults to shelters	Assisted 22 adults home	Assisted 13 adults to healthcare and 4 to TB/HIV care	Referred 28 adults to shelters for general services	Assisted 15 mothers with babies	Assisted 14 children with preventative services & interventions
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SAFETY & SECURITY

Conducted 33 009 crime prevention initiatives	Issued 11 191 warnings	Made 142 arrests with law enforcement (LE)	Issued fines with LE: 1 553 during the day to a total of R905 750 774 during the night to a total of R490 750	Dealt with 41 illegal trading offences	Rendered public & vehicle assistance 267 times
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SAFETY & SECURITY CONTINUED...

Responded to 142 medical & rescue callouts	Chrysalis student ambassadors in The Company’s Garden assisted the public 1 264 times, and were involved with 1 298 crime prevention actions
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COMMUNICATIONS

Generated 371 clips with total media exposure (AVE) to the value of R5 843 332 (estimated audience circulation: 76 949 382).
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STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new and expanding retailers all the best in the Cape Town Central City.

Are you looking for something specific in the Cape Town Central City? Then visit the CCID website to search in our "Explore" section for everything from a general retail category to a specific venue. www.capetownccid.org



EAT

Kleinsky's Delicatessen
For lovers of the original Sea Point spot, this popular delicatessen serving everything from breakfast and homemade bagels to Frankfurters on a pretzel roll and mushroom latkes is now open in the Central City.
32 Parliament St
www.kleinskys.co.za
082 583 4162

Frater House Modern Eatery
With a commitment to provide modern dining using local produce, and open for breakfast from 06h30 right through to late dinner at 22h00, enjoy everything from the classics (eggs Benedicte or a pancake stack) to a "Silence of the lamb" sandwich, pulled beef sliders or a hearty steak.
Cnr Loop & Bloem streets
fraterhouse.capetown
021 422 0731

Seattle Coffee Company
This well-loved coffee shop experience is spreading its wings throughout the Central City, with two new branches now open.
Foodlover's Market, St George's Mall & Parliament St, Church Square
www.seattlecoffeecompany.co.za

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR SAFETY & SECURITY

082 415 7127
(Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE

107 / 021 480 7700
(24 hours)
107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
(24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES

- Refuse Collection, Water Issues, Street Lights and Electricity Faults
0860 103 089
- Traffic Signal Faults
0860 001 948
- Prepaid Electricity Meters
0800 220 440
- Cable Theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

2018 BEST OF CAPE TOWN CENTRAL CITY GUIDE LAUNCHES



The latest (2018) edition of the CCID's **Best of Cape Town Central City** guide is out, with ideas for over 300 places to enjoy in the CBD to complement 900 others that can be found online (go to www.capetownccid.org).

Published by the CCID (in collaboration between its Communications department and New Media Publishing) for more than a decade, this guide has become very popular with both locals and visitors alike and highlights the vibrant cross section of offerings the Central City has to offer.

In addition to being a sought-after publication available via the various outlets that distribute the guide, it is

also distributed in December via *The Big Issue*.

Explains CCID project coordinator, Aziza Patandin: "We have had this relationship for a number of years, whereby we supply *The Big Issue* with 15 000 copies, to be bagged together with the magazine's end-of-year 'Special Edition'. We see it as a way in which to assist vendors to sell the December issue and add value to *The Big Issue* offering."

With a total of 60 000 copies of the guide produced annually, the remaining 45 000 are distributed free of charge via a variety of outlets – many being distributed by retailers, restaurants, hotels and visitor information centres that fall within the CCID footprint.

However, what's in the guide is just a taste of what's on offer. According to CCID Communications online coordinator, Scott Arendse: "It complements the CCID's 'Explore' section on our website which features all destinations in the CBD in terms of places to 'Stay', 'Eat', 'Play', 'Visit' and 'Shop'. In addition, the website also has a directory for service industries ('Services') and educational institutes ('Learn')."

Hardcopies of the *Best of Cape Town Central City 2018* guide can be obtained by emailing Aziza Patandin (aziza@capetownccid.org). The guide is also available online at: www.capetownccid.org/about-ccid/publications/Best-of-Cape-Town-Central-City/59

CHANGE AGENT

The Big Issue is a socially responsible non-profit organisation, started in 1997, that enables willing unemployed and marginalised adults to take responsibility for their own lives through a developmental employment programme. The magazine it produces monthly is a great general lifestyle read that's sold on the streets across the city,

including the CBD, by vendors involved in the programme. Official *The Big Issue* vendors are easily recognised by the blue and white Big Issue bibs they wear.

These vendors come from all walks of life, and the opportunity to sell the magazine has been life changing for many. Buying a copy of the magazine (and a few more for friends) supports

around 80 vendors while keeping you updated, informed and entertained.

To find out how you can help *The Big Issue* in other ways – such as advertising your company in the magazine or donating school supplies for vendors' children – check out the website.

www.bigissue.org.za



DISCOVERING THE CENTRAL CITY

MAN ABOUT TOWN

Five hundred years of South African and global history come to life during a fascinating cultural and historical tour. By Judy Bryant.

Our tours are not a one-way lecture. They're discussions about our country and its issues, and other people's countries and their issues," says Garth Angus (seen right). For the past 15 years, Garth has been opening people's eyes and minds to the history of South Africa, linking tumultuous events in this country to catalytic events and socio-economic developments across the globe.

It's rather like focusing on a beautiful square in a patchwork quilt, then taking a step back and seeing how different pieces interlink to create a much more complex and fascinating mosaic. As Garth says: "It's a great experience to walk around the Central City, but quite another to have it interpreted as an historical narrative."

While the vast majority of Garth's clients are overseas visitors, he says the people who seem to enjoy the tours the most are locals. "People feel that they know the city, but when they share in the experience they really enjoy it."

The tour might sound a little highbrow but, actually, it's fun, absorbing and always adapted to your particular interests. I met Garth, whose previous careers have spanned agricultural engineering to portfolio management, in bustling St George's Mall where he set the scene for our "Footsteps to Freedom" walk.

In his early days, Garth was influenced by tour guide and former history and English teacher, Mary-Ann Wenham. She instilled in him a love of history, Cape Town, its stories and its people. "I have discovered an interest that has become my life. Now I spend my days sharing my interests and passion with visitors from around the globe, many of whom have become good friends and from whom I am constantly learning."

Garth describes four broad swathes of history starting with a description of how Portuguese ships harnessed favourable winds and currents to sail round the Cape of Good Hope, while on voyages of discovery. The second chapter starts in the early 17th century, when the Dutch emerged as the dominant trading power in the east. Their headquarters were in Batavia (present-day Jakarta), the central distribution point for 10 000 islands fragrant with spices. Next came the British, a major 1800s colonial influence. The final scene is set when the former Cape, Natal, Orange Free State and Transvaal provinces merge into an independent Union.

The Central City is fascinating when interpreted against this background: political power is represented by Parliament and the provincial government building; religious strength is indicated by St George's Anglican Cathedral and the Dutch Reformed Groote Kerk (great church); economic muscle comes from the mining and financial sectors' old buildings and Central Bank; and Parliament and the High Court represent the legislature.



In the cool environs of The Company's Garden, Garth explained the links between the elegant buildings surrounding us and similar institutions in America and Europe.

Washington's national mall in the USA is home to several iconic buildings, with the domed Capitol at the eastern end and the White House to the north. It's flanked by the Smithsonian museums and is filled with school groups, tourists and joggers. Cape Town, in turn, has Parliament (seen left) for law-making, Tuynhuys like the White House, and Capetonians and visitors relaxing in the

sun, feeding squirrels, playing music and buying and selling fruit and vegetables.

"This city is such a mix of people, architecture and fynbos even two oceans with different temperatures, generating variable marine life," concluded Garth, as we exit The Company's Garden onto Wale Street. "The constant theme of Cape Town is diversity and if you take a look about, you will get a tremendous sense of our diverse gene pool."

To book a Footsteps to Freedom tour visit footstepstofreedom.co.za

TURNING HISTORY'S PAGES

If you want to get fresh insight into the beautiful place where you live and work, or you're a visitor inspired to find out more about this fascinating destination, the Cape Town Central City has some great book shops staffed by passionate, knowledgeable people.

Garth Angus recommends several books for history and culture buffs who want to dig deeper. *Cape Town in the Twentieth Century: An Illustrated Social History* by Vivian Bickford-Smith, Nigel Worden and Elizabeth van Heyningen offers rich pickings. There's also *Diamonds, Gold and War* by Martin Meredith, which details brutal British empire-building after the discovery of the world's greatest deposits of diamond and gold. *Long Walk to Freedom* is the epic autobiography of political leader, philanthropist and President Nelson Mandela.

Here are a few places where you can find these.

THE BOOK LOUNGE

This independent, relaxed spot offers fiction and non-fiction, and a basement café.

Where: 71 Roeland Street
Contact: 021 462 2425
booklounge.co.za

CLARKE'S BOOKSHOP

New, second-hand and out of print books published in South Africa, Zimbabwe, Namibia, Mozambique, Swaziland, Lesotho and Botswana. Clarke's welcomes specific requests and will search for in print and out-of-print books.

Where: 199 Long Street
Contact: 021 423 5739
clarkesbooks.co.za

SELECT BOOKS

New and out-of-print Africana books, with categories including Cape Town and its environs, the South African War (Anglo-Boer War), botany and fauna.

Where: 232 Long Street
Contact: 021 424 6955
selectbooks.co.za



DISCOVERING THE CENTRAL CITY

CULTURAL CAPE TOWN

We usually place our “Events” onto our back page, but this time we’ve incorporated them into this issue’s “Discovering the Central City” to expand on our “tourist in your own downtown” theme.



SOUTH AFRICAN HOME GROWN

KING KONG

12 December to 9 February

A landmark 1950s South African jazz-influenced musical (see right), which launched the international careers of Miriam Makeba and Hugh Masekela, is back after an earlier sell-out season. It tells the story of the rise and fall of heavyweight boxing champ Ezekiel Dlamini (ring name “King Kong”), set to the music and lyrics of the late Todd Matshikiza.

Where: The Fugard Theatre, Caledon Street
Contact: 021 461 4554 (box office)
kingkongstagemusical.com



SCULPTURAL ART IN PERPETUUM

December to January

Working with steel is hot and unpredictable. But in the hands of 2017 Standard Bank Young Artist winner Beth Diane Armstrong, it makes magic in her solo show, in perpetuum.

Where: Iziko South African National Gallery, Government Ave
Contact: 021 481 3800
iziko.org.za



ALEXANDER BAR & CAFÉ

December to January

Busy bar (live music on Mondays) with vintage décor and operational old telephones downstairs, leading upstairs to an intimate theatre with new performances always on the menu. Summer line-up includes theatre drama comedy *Johnny Boskak* is *Feeling Funny* and dark comedy *Kidcasino* (seen above) exploring the dark underbelly of casino culture. *Black* looks at past and present South Africa. *The Communion with Sounds & Words* is spoken word poetry accompanied by a live band. Theatre, storytelling and performance in *The Hottentot Venus* - UNTOLD.

Where: Check website for details
Contact: 021 300 1088
alexanderbar.co.za

CAFÉ ROUX SESSIONS

December to January

Enjoy newbie and well-established musicians and comedians in an intimate setting. Watershed, Jesse Clegg and Ard Matthews are among the proudly home-grown performers in the December line-up. Check online for details; the calendar's packed.

Where: Cafe Roux, 74 Shortmarket St
Contact: 061 339 4438
caferouxsessions.co.za

NICE COAT (LEKKER JAS)

Until 9 December

Versatile performer Soli Philander's *Nice Coat* is all about his take on Cape Town. An insider's narrative to engage mind, memory and emotions sometimes happy, sometimes sad ... and always entertaining.

Where: Artscape, DF Malan Street
Contact: 021 410 9800
artscape.co.za

SPECIAL FUN FOR THE YOUNG

THE FROG PRINCE

9 – 23 December

Only the kiss of a beautiful princess can break the spell after a handsome prince stops at a well to have a drink of water.

Where: Artscape, DF Malan Street
Contact: 021 410 9800
artscape.co.za

THE BOOK LOUNGE'S STORYTIME

Every Saturday at 11h00

Apart from 30 December every Saturday is story time. Children can listen to a themed reading before being introduced to a related craft or game. No need to RSVP, recommended for 3-8 years old. This retailer also sells children's books and is just the place to find that unusual gift for a special little person.

Where: The Book Lounge, 71 Roeland Street
Contact: 021 462 2425
booklounge.co.za

ZIP ZAP CIRCUS

15 – 16 December

Innovative and inspiring social circus school teaching children valuable practical and life skills. With the High Commission of Canada, Zip Zap and guest Canadian stars will present *Boreal*, inspired by the textures and colours of the wild north.

Where: Founders Garden, Jan Smuts Street
Contact: 021 421 8622
zip-zap.co.za

FAVOURITES FROM ABROAD

The following are all on at the Artscape Theatre Centre in DF Malan St,
Contact: 021 410 9800
www.artscape.co.za



EVITA

2 December – 7 January

She seduced a nation, and now this iconic musical is set to seduce Cape Town. Remember those songs *Don't cry for me Argentina* and *On this night of a thousand stars*? Book now to hear them all live.

THE MAGIC FLUTE

Until 10 December

A young cast of outstanding singers from Cape Town Opera and the University of Cape Town's Opera School usher in summer with Mozart's joyful and uplifting masterpiece.

THE NUTCRACKER

15 – 24 December

This traditional fairytale ballet tells the story of Fritz, Clara and her mysterious magician godfather, Drosselmeyer, who brings toys to life. It features the dancers of Cape Town City Ballet, joined by younger dancers.

THE CABARET CLUB

31 December – 7 January

A sexy, jazzy ballet to welcome in 2018! The New Year's Eve performance includes a complimentary glass of bubbly. Featuring the versatile Cape Town City Ballet dancers, sharing the stage with musicians and singers.

CINDERELLA ON ICE

10 – 28 January

A dramatic new interpretation of the classic tale with stunning skating feats. Glorious costumes, magnificent sets and special effects of fire, rain and flying.

DISCOVERING THE CENTRAL CITY

FESTIVE SEASON FAVOURITES

A host of annual events are held each year in the Central City, including a number which have no admission fee, perfect for families on a budget.

Since South Africa transitioned into a young democracy 23 years ago, visitors have flocked to our CBD. Some events have become so popular that they just keep on getting bigger and better, attracting fans from around the world every year. And of course, for local residents, it's great for creating holiday memories.

Here's a pick of summer specials to suit different tastes, ages and pockets.

MOTHER CITY QUEER PROJECT CARNIVAL

16 December

Be part of Africa's biggest and longest-running costume party – a wildly popular event among locals and visitors from all across the globe who like to dress up and have a great time. This year's theme is Dungeons and Dragons, so expect mystical creatures, characters from *Game of Thrones* and the time of Merlin.

Where: Castle of Good Hope, Corner Buitenkant & Darling streets
book via www.quicket.co.za

CAPE TOWN MINSTREL CARNIVAL

2 January

The longest-running party in Cape Town happens on Second New Year or *Tweede Nuwejaar*, as the locals call it. Troupes of minstrels dressed in shiny satin uniforms and hats, twirling umbrellas and with their faces painted, march through the streets. Enjoy the signature local *ghoema* musical style and competing choirs. This parade dates far back to when the slaves living in Cape Town were given one day off in the year (2 January). To celebrate, they'd dress up, make music, dance and parade through the streets.

Where: Rose, Wale, Adderley and Darling streets
watch press for details

CAPE TOWN INTERNATIONAL SUMMER MUSIC FESTIVAL

1, 8, 15, 18 & 25 February

A classical music festival presented by the Cape Town Philharmonic Orchestra which showcases some of the finest violinists and pianists in the world, along with various soloists. The final concert is a community cross-over featuring iconic artists from Cape Town. Pre-event talks, open to ticket holders, take place before the symphony concerts.

Where: Artscape Opera House
www.artscape.co.za



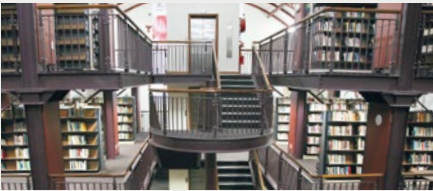
FREE EVENTS AND SIGHTS

Locals and visitors love how easy it is to reach the Central City on public transport, and then to get around on foot. There's nothing nicer than walking in the sunshine and simply people-watching. The CBD is full of fascinating historical buildings as well as new, modern architecture, public art and sculpture, musicians and street artists.



ST GEORGES MALL

Stroll this pedestrian street packed with interesting kiosks and stalls, relax on a bench in the shade and watch the world go by.



BROWSE A BOOK

The old drill hall where recruits marched in bad weather now houses the modern Cape Town Central Library. Thanks to Carnegie Corporation funding, there are beautiful books (the creative arts section is a treasure chest). There's also free internet and cultural events.

The Centre for the Book is also a beautiful building with a wood-panelled interior where you can enjoy reading-related activities and events such as poetry readings and writing workshops.

Where: Cape Town Central Library, Old Drill Hall, Corner Parade and Darling streets,
Contact: 021 444 0983
www.westerncape.gov.za/facility/cape-town-central-library

Where: Centre for the Book, 62 Queen Victoria St
Contact: 021 423 2669
www.nlsa.ac.za



CAPE TOWN SUMMER MARKET

17 to 23 December, 17h00 – 23h00

What could be easier than doing your festive season shopping in a huge shady garden, right in the historic heart of the CBD? It's secure and convenient – open till late – and a great place to bring the whole family. You'll also be supporting local talent, both at the craft stalls and the hospitality locations piled high with delicious food and beverages.

Where: The Company's Garden, Queen Victoria Street



TAKE IN A GALLERY

The Central City is packed with old established galleries as well as contemporary venues with innovative installations and exciting collaborations. Some stalwarts include The Association for Visual Arts (AVA) gallery, which shows contemporary art across all media and introduces rising stars as well as celebrating established artists. The Cape Gallery is another long-established outlet specialising in South African themes.

Where: AVA Gallery, 35 Church Street
Contact: 021 424 7436

Where: The Cape Gallery, 60 Church Street
Contact: 021 423 5309

SAFETY & SECURITY CAMPAIGN

STASH IT, DON'T FLASH IT

With the CBD gearing up for events from the Summer Market in The Company's Garden to numerous annual New Year's Eve celebrations across its footprint, the CCID has once again put into place its own plans to deal with the influx and keep people as safe as possible.



TIPS FOR STAYING SAFE

Often, criminals are such slick operators that a victim of a crime doesn't even realise it's happened until after they've become a statistic. So, the most important thing is to be aware at all times. For example:

ALWAYS BE AWARE OF WHO'S AROUND YOU AND DON'T ALLOW PEOPLE TO DISTRACT YOU.

DON'T FLASH YOUR CASH, JEWELLERY, WALLET OR CELL PHONE.

DON'T LEAVE VALUABLES IN YOUR CAR OR ANYTHING LYING ON YOUR SEAT THAT MAY TEMPT A THIEF TO BREAK A WINDOW.

PREVENT YOURSELF FROM BEING A VICTIM OF REMOTE JAMMING BY CHECKING THAT YOUR CAR IS LOCKED BEFORE YOU WALK AWAY.

BE PARTICULARLY VIGILANT WHEN USING ATMS. DON'T ALLOW ANYONE TO DISTRACT YOU, OFFER TO "HELP" YOU OR TRY TO SELL YOU A "PERMIT" FOR "WALKING" IN A STREET.

ESPECIALLY FOR PARTY GOERS:

DON'T ACCEPT OPEN DRINKS FROM ANYONE.

DON'T LEAVE WITH SOMEONE YOU JUST MET.

STAY WITH YOUR GROUP.

WHEN CLUB HOPPING, STAY ON THE "BEATEN TRACK" WITHIN WELL-LIT PATHS AND AVOID SHORTCUTS.

DRINK RESPONSIBLY.

IN OTHER WORDS, **BE SENSIBLE.** DO NOT CREATE AN OPPORTUNITY FOR A CRIME TO OCCUR.



According to CCID CEO, Tasso Evangelinos, the planning for the festive season begins many months in advance. "We want to ensure that we can roll out our safety campaign as soon as possible in December and run it all the way to the end of March."

According to Muneeb Hendricks, Manager of CCID Safety and Security: "Our biggest concerns are, firstly, that people are in a festive mood, and often not aware of or don't want to think about the possibility that they could become victims of crime, and therefore may not be aware that their behaviour can open them up to this type of activity. Secondly, we know that people usually have money to spend at this time of the year. And criminals are very aware of both of these, so they look for and find opportunities."

While the CCID now rolls out its highly effective "Stash it, don't flash it" public awareness programme year round, it doubles up on its efforts over the festive season.

Explains Muneeb: "The three most prominent types of crime that the CCID and its law enforcement partners target are theft out of vehicles, pickpocketing and ATM fraud, and we will be targeting these to prevent them as efficiently as we always do. We also urge important visitor 'touch points', such as hotels and information centres, to alert their guests on how to avoid becoming victims of crime."

There are numerous ways in which the CCID deploys its safety component over the four-month festive season. For example:

- From Wednesdays to Saturdays, when the nighttime economy is most active, the CCID will have the usual **80 CCID public safety officers (PSOs)** on duty per shift, as well as an **additional 10 officers per shift**. Each shift will also have **five lock-up vans patrolling along with two rapid-response vehicles**. Plus, there is a **six-member management team** on rotation throughout the festive season to manage the CCID squads.
- The CCID will also once again be running **joint operations with other agencies** to regulate behaviour throughout the CBD. These agencies include the **South African Police Service, and the City's Law Enforcement, Traffic, Metro Police and Social Development departments**. Says Muneeb: "Our rationale behind these joint operations is that, on our own, each of us can only offer limited coverage, but by pooling our resources we achieve much more together."

As it does throughout the year, the CCID also deploys an eight-person impact team providing a visible presence in hotspot areas as required. Says Muneeb: "This enables the CCID to deploy a target unit directly to an area in need without in any way depleting its usual PSO on-the-ground visibility."

Plus, there are also four CCID-funded law enforcement officers during day time and eight law enforcement officers at night time dealing with Bylaw infringements, as well as six CCID-funded traffic wardens during day time hours dealing with traffic congestion and violations.

In terms of its "Stash it, don't flash it" campaign, during the festive season, the CCID always upscales its distribution on the street of flyers and brochures to create public awareness, using teams of student interns as well as its own PSOs and partners from SAPS and Law Enforcement.

Finally, adds Muneeb: "We also have a poster campaign that we roll out across the Central City, and we step up our 'disruption' activities at hotspots across the CBD, where we erect special pole posters in public areas with high traffic and place our PSOs at these strategic points across the CBD, day and night. Our officers then go all-out to educate the public about the perils of ATM fraud, or to make them aware how easy it is to become a victim of something like pickpocketing or remote jamming."

DISCOVERING THE CENTRAL CITY

MEMORIES TO TAKE HOME

Memories are evoked by the senses – a beautiful view, the aromas of rare herbs and spices, the feel of a beautiful textile found in a market, the taste of a refreshing beverage, or the sound of a beating drum.

Whether your idea of fun is a movie under the stars, sipping a cocktail with a cityscape view or simply chatting to traders in a market, the Central City forms a beautiful backdrop to an array of exceptional experiences. Here are some ideas to consider ... from a family restaurant preparing authentic African cuisine to a tattoo parlour offering a more permanent reminder of your adventures.

TAKE IN THE VIEWS

A relaxed sundowner or celebratory meal is even better when you're gazing out at wraparound views of Table Mountain and Robben Island or the sparkling downtown lights spread out below you. Make the most of summer and book at a venue where you can enjoy magnificent scenery from a spectacular eyrie.



HARALD'S BAR & TERRACE

Take in a bird's eye view from the 11th floor at of this hotel bar, known as Harald's Bar & Terrace, while enjoying tasty meals like pizzas, burgers and snack baskets. Sip a smoothie or cocktail as you sunbathe at the splash pool.

Park Inn by Radisson
29 Heerengracht Street
021 427 4800
parkinn.com/hotel-capetown/restaurants-and-bars

SKY BAR

Cool bar on a hotel rooftop alongside vintage Airstream trailers and an outdoor cinema (see Pink Flamingo below).

The Grand Daddy, 38 Long Street
021 424 7247
granddaddy.co.za/play-and-eat/bars

DIAS TAVERN

Delicious Portuguese food – such as seafood, peri-peri chicken and espetada (beef cubes on a hanging skewer) – will take up much of your attention. Choose your seating wisely and you'll also enjoy a beautiful view of Table Mountain.

15 Caledon Street
021 465 7547
diastavern.co.za

HEAVENLY SPA

Revitalise and get pampered while enjoying a great view from the spa on the 19th floor – no wonder it was made the 2017 luxury urban escape winner in the World Luxury Spa Awards. You can combine a treatment with a three-course dinner.

Westin Hotel, Convention Square,
Lower Long Street
021 412 9999
heavenlyspa.co.za

COCOON

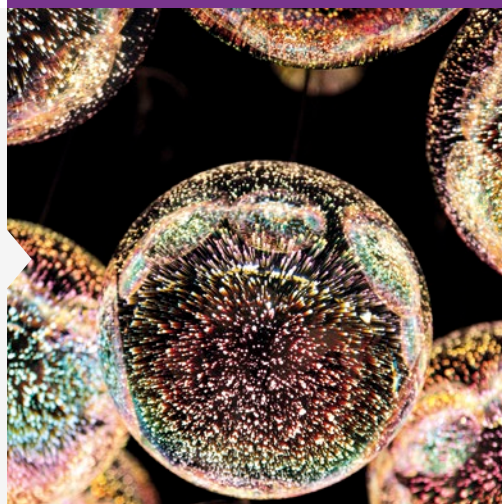
Upmarket chic high in the sky, with local and international clientele.

31st floor Absa Centre, 2 Riebeeck Street
021 421 0581

TJING TJING

A 200-year-old building with a rooftop bar on the third level.

165 Longmarket Street
021 422 4920
Tjingtjing.co.za



CARTEL BAR

The roof top bar and lounge (above office space for creatives and entrepreneurs) is available for events, film and still shoots and can accommodate up to 150 people. With the modern bar and kitchen, it is the perfect location for upmarket "happenings".

Inner City Ideas Cartel, 71 Waterkant Street
021 824 1781
ideascartel.com

CATCH A MOVIE OUTDOORS

Check out movie favourites under the stars in three iconic venues in the centre of the CBD.

PINK FLAMINGO ROOFTOP CINEMA

Catch a well-loved movie favourite, alongside silver Airstream trailers, on the rooftop of this designer boutique hotel. Choose between the general seating, a love seat or a couch, which all include a welcome drink, bag of sweets and popcorn. You can also order a delicious picnic.

The Grand Daddy, 38 Long Street
021 424 7247
granddaddy.co.za



GALILEO OPEN AIR CINEMA

Sunset cinemas take place on Fridays at the historic Castle of Good Hope, with beverages and popcorn available. Cinema nights also happen on the scenic garden rooftop of the Fedisa tertiary education building, with movie action on selected Fridays from November to April. It's also conveniently close to the clubs and restaurants of Bree Street for post-movie partying.

Fedisa, 81 Church Street or Castle of Good Hope, cnr Darling & Buitenkant Streets
021 447 1641 (office hours)
Thegalileo.co.za

TATTOOS

Cape Town’s such a hotbed of inking creativity that it even hosts an international tattoo conference every year. If you want a lasting “impression” of your visit, there are several parlours to get you inked. How about a silhouette of Table Mountain circling your ankle?

MANTRA TATTOOS

142 Buitengracht Street
082 528 0566



METAL MACHINE TATTOO STUDIO

45 Shortmarket Street
021 423 0688
mmtattoo.com

WILDFIRE

192 Long Street
021 424 0877
wildfiretattoos.com

HAIR YOU GO

African hair salons are situated throughout the Cape Town Central City, and offer specialist expertise in braids, dreadlocks, corn-rows and weaves. The following are just two of the possible venues when you can get your look localised.

MARKETS

Markets are always a magnet for locals and visitors alike. They’re the perfect place to find authentic and unusual crafts and gifts, and taste food from the region as well as further afield.

ADDERLEY STREET FLOWER MARKET

For generations, the flower sellers have manned their stalls.
Trafalgar Place, 13 Adderley Street

CHURCH STREET MARKET

Chat to the stallholders as you trawl the trestle tables that are laid out with trinkets, silverware, china and bric a brac.
Church Street between Long and Burg streets

GREENMARKET SQUARE

This quaint cobbled square, framed by historical buildings, is now packed with traders selling curios, clothing and jewellery from across Africa.
Greenmarket Square, Burg Street, between Longmarket and Shortmarket streets



AFRO CORNER HAIR SALON

Pinnacle Building 33 Strand Street
021 839 3211
afrocorner.co.za

JABULA HAIR SALON

Golden Acre Shopping Centre
9 Adderley Street
021 421 7299
jabulahair.com

THE PAN-AFRICAN MARKET

Authentic African mementos, from baskets to drums, beadwork to masks. Not only are there interesting pieces from Southern Africa, but also from elsewhere on the continent. There’s also a coffee shop where you can enjoy a beverage or lunch.
76 Long Street
021 426 4478

EARTH FOOD FAIR MARKET

Local producers offer fresh, seasonal, artisanal goods like cheese, olives and free-range meat. Shoppers are encouraged to bring their own packaging and containers, such as glass jars and reusable shopping bags. Lunch on-the-spot from a vast variety of vendors is also very popular. It’s open every Thursday from 11h00 -15h00.
St Georges Mall, between Wale and Church Streets
earthfairmarket.co.za

CAPTURE INSTAGRAM MOMENTS
PICTURE THIS

There are two enormous “picture frames” erected in strategic points in the CBD through which visitors can frame themselves with Table Mountain in the background. One is to be found on the Cape Town Station Forecourt and the other on Harrington Square.
Cape Town Station, Adderley Street
Harrington Square, Harrington Street

SUNDOWNERS AND CITY VIEWS

The Hop-on Hop-off city sightseeing tour bus has expanded its repertoire to include the scenic Mother City at night. Go on a long loop and make the most of the sunset break on top of Signal Hill. From this great vantage point you can snap an idyllic image of the entire CBD. (Trips available before 23 December or after 2 January). You can also take a full moon hike up Lion’s Head and look down on the Central City spread out below you.
Hop-on Hop-off
citysightseeing.co.za

TASTES THAT ARE OUT OF AFRICA
THE DIPLOMATIC BAR & RESTAURANT

Authentic food and atmosphere with a range of African fare.
3 Hans Strydom Ave, Sahara House
Thibault Square
021 424 5000
thediplomaticsa.com

AFRICA CAFÉ

Long-established restaurant with zingy décor, passionate family owners and a promise to “expand your flavour horizons”. Choose favourites like a spiced lentil dip, beans and corn in gravy, and traditional fried dough balls (vetkoek) with chicken in paprika sauce.
108 Shortmarket Street
021 422 0221
africacafe.co.za



ADDIS IN CAPE

Ethiopian cuisine is famous for its rich aromas and generous use of herbs and spices. Enjoy a cultural dining experience with dishes served in a woven basket, scooped up by hand using injera, the traditional spongy flatbread.
41 Church Street, corner Long & Church streets
021 424 5722
www.addisincap.co.za

OUTDOOR EATING

The Central City is packed with places where you can relax outdoors, soak up some rays and watch the street life passing by. Here’s a selection that have outdoor seating when weather allows.

JASON BAKERY

Great artisanal pastries, breads, breakfasts and burgers.
185 Bree Street
021 424 5644
jasonbakery.com



CHEF’S WAREHOUSE

A favourite foodie spot (one of Eat Out magazine’s top 30 in 2017) that both serves delicious fare, and sells cookery books and utensils.
92 Bree Street
021 422 0128
chefswarehouse.co.za
HEMELHUIJS
Sophisticated South African and Dutch-influenced café fare.
71 Waterkant Street (off Bree Street)
021 418 2042
hemelhuijs.co.za

HOUSE OF MACHINES

Motorbikes, clothing and grooming products at the back, great cocktails, coffee and live music out front.
84 Shortmarket Street
021 426 1400
thehouseofmachines.com
CLARKE’S BAR & DINING ROOM
Great breakfasts and brunch, evening snacks and dinner.
133 Bree Street
021 424 7648
clarkesdining.co.za

DISCOVERING THE CENTRAL CITY

HIDDEN CAPE TOWN

All year, you've hurried past that interesting building with an ornate carved facade, or the shop whose contents have been beautifully curated by a knowledgeable owner. You've always meant to pop in and take a closer look, and now's the time to do it.

The festive season is perfect for slowing down and taking in the sights of your own CBD. Do your own chilling: wander around, stop for coffee, browse properly and finally take a closer look at that fascinating hidden gem you've always meant to explore. Here are some ideas around lucky finds for locals and visitors alike.



A BIT OF BERLIN

Saturated with history, a portion of the Berlin wall can be seen at the top of St Georges Mall (where it borders on Wale St). After the wall was pulled down in November 1989, this piece was presented to Nelson Mandela.

150 St Georges Mall



DOWNLOAD AN APP AND ACT LIKE A LOCAL

If you'd like to find out more while exploring the city, Cape Town Tourism has launched the Official Guide to Cape Town as a mobile app. This "local in your pocket" is free from the app stores for IOS and Android devices. You don't need to be connected to the internet to use it.



GROOTE KERK

The imposing Groote Kerk, the first Christian place of worship built in the Cape, has an enormous timber vaulted ceiling (that was an engineering feat in its day) and an imposing pulpit resting on a pedestal sculpted with enormous lions. The ceiling lights are inspired by proteas and other colourful natural features, set in a pure white arch. Music lovers will be in awe of the country's largest pipe organ, with about 6 000 pipes.

43 Adderley Street, 021 422 0569

RECOGNISING CAPE TOWN'S ROOTS

Church Square is rich in the history of the many slaves who lived in Cape Town. Take time to read some surnames printed on 11 black stone blocks, revealing their distant homelands: van Cape Verde, van Angola, van Bengal, van Madagascar. Cross Spin Street (a reminder of efforts to establish a silk-spinning industry) to the former Slave Lodge, built by the early Dutch settlers in 1679. It housed slaves until 1811 when the building was used for a variety of government departments, including the Cape Supreme Court, the library and the post office. It's now a museum with a charming courtyard and well.

Iziko Slave Lodge, 49 Adderley Street



3



THE MANDELA RHODES BUILDING

The beautiful building on the corner of St Georges Mall and Wale Street once belonged to the diamond mining De Beers Group. Now it's the hub of the Mandela Rhodes Scholarship Fund, dedicated to growing exceptional young African leaders. Gaze at this Arts and Crafts building designed by Herbert Baker, then learn about the life and times of Nelson Mandela through posters and photographs in the central atrium. Also check out a larger-than-life wire statue of our late, great statesman.

150 St Georges Mall

GRAND OLD GRAPEVINE

A square of inner city buildings (at least 200 years old) luckily escaped the demolition ball and now houses the charming Heritage Hotel and restaurants. Stroll into the inner courtyard (it's a wonderful lunch spot) and discover a grape vine that's been flourishing here since the 1770s. It still produces grapes for wine today.

Heritage Square, corner Bree & Shortmarket Streets

5

A SIGHT TO BE SEEN

Mullers is South Africa's longest established optometrist. It's still run by the family of Joseph Muller who arrived in Cape Town from Germany in 1890, and is located in a beautiful Art Deco building. Admire its treasure trove of retro fittings, wood and glass display cases, parquet flooring, historical detailing and one of Cape Town's oldest working lifts. An optometry museum has been created on the third floor, and the building is open to the public daily during normal business hours. Every First Thursdays there's a new art exhibition on the first floor.

104 Longmarket Street
021 461 6254

Sources: Garth Angus
(Footsteps to Freedom),
Cape Town Tourism,
Wikipedia.

7

GREENMARKET SQUARE GEMS

While stallholders do a brisk trade in the cobbled square, look up at the imposing buildings all around you. The multi-hued Central Methodist Mission church gets its coat of many colours from a combination of Malmesbury shale, granite and Table Mountain sandstone. The former Royal Dutch Shell headquarters reveals previously unnoticed gems, such as a curvaceous large shell and an imposing clock. The Old Town House, originally the site of a burgher watch house, is home to artworks by 16th to 18th century Dutch and Flemish masters.

Around Greenmarket Square, Longmarket, Burg and Shortmarket Streets



6

HIDDEN CAPE TOWN

THE LUSH HEART OF THE MOTHER CITY

New York has Central Park ... and Cape Town has The Company's Garden, a lush, green, shady oasis dotted with objects of interest and with many hidden gems to discover.

This is a place where you can discover individual themed gardens and a wonderful family restaurant, and with the summer season in full swing, there's a great summer market in December too (from 17-23 December, 17h00-23h00 daily).

The garden takes its name from the Dutch East India Company, which established a settlement in 1652 to grow provisions to supply the sailing ships. In fact, if you peek through the railings at the grand white-painted building called Tuynhuys – the president's office – you'll see the Company's VOC sign. It's the logo of the world's first formally listed public company.

The Company's Garden is situated in a prime position abutted by landmark buildings, making it a perfect base for sightseeing. Within easy walking distance you can view the red and white Houses of Parliament, the Iziko South African Museum and Planetarium, St George's Cathedral (the seat of the Anglican church in South Africa), the National Library, the South African National Gallery, the Great Synagogue and Holocaust Centre, and more. The entrance on the corner of Wale and Adderley streets got a new addition this year with the striking wooden domed archway, "Arch for Arch" (see pg 9).

Gardening gurus will be interested to learn that the horticulture incorporates two different landscape styles – the Dutch "produce garden" grid pattern and the later "Victorian Romantic".

The garden is studded with ancient trees providing shade and shelter, colourful bedding displays and even a beautifully designed veggie garden, opened only three years ago and now in its prime. Here are some more interesting finds to look out for:

- **The oldest cultivated pear tree in South Africa, probably planted in 1652**
- **Historic statues and a sundial dated 1781 in the centre**
- **The old 1855 fire alarm bell from the first town hall in Greenmarket Square**
- **A rose garden**
- **The Delville Wood Memorial Garden, commemorating the World War I battle at Delville Wood in France, in which many South Africans were killed**
- **A Japanese-themed garden with a stone Japanese lantern donated in 1932; and**
- **A koi fishpond and an aviary with a variety of birds.**



Once you've taken in the sights, you could buy food for the squirrels that scamper everywhere, support the local stall-holders, listen to the buskers, or treat yourself to delicious goodies at The Company's Garden Restaurant. It's ideal for all ages – whether you're treating granny to tea, or looking for a child-friendly venue.

The Company's Garden
19 Queen Victoria Street
The Company's Garden Restaurant
021 423 2919
thecompanysgarden.com

Images courtesy of the City of Cape Town

CAPE TOWN HERITAGE TRUST VISITOR'S CENTRE

The Company's Garden is also home to the Cape Town Heritage Trust, with a visitor's centre and the Heritage shop, selling a beautiful array of gifts for yourself or someone dear to you. The Trust also hosts the "Cape Town Fynbos Experience", a botanical "first of its kind".

The "experience" offers tastings and apothecary workshops, wherein distinctive Fynbos flavours and traditional remedies are explored in the context of a laboratory theme.

Rhino bush, Snow bush and Cancer bush are amongst the botanical infusions, with tinctures and digestives on offer.

SCHEDULED FYNBOS TASTINGS

December 6, 7, 13, 14, 20, 21 at 11H00

Tickets available at www.webtickets.co.za, or for more information call 021 426 2157



WATER IN THE CENTRAL CITY

EVERY DROP COUNTS

Just like the rest of the metropole, the Cape Town Central City is in the grips of a severe drought, and every drop of water counts. If you're a visitor to our CBD during this time, act like a responsible local. And if you're a local, do everything you can to conserve our H2O.

In so many ways, the story of the Cape Town CBD and everything that happened here before its existence is built on water – from the Camissa springs that today run through its underground tunnels, to the reclaimed Foreshore area.

BE AWARE OF RESTRICTIONS AND USE WATER SPARINGLY

The City of Cape Town has started rationing water through extreme pressure reduction and limiting supplies. Even the popular Long Street Baths have been closed until further notice. Here are some water-saving tips:

Find and fix water leaks.



Keep between 5 and 10 litres of water available for drinking use only.



Shower for no more than a minute.



Flatten out usage during peak times. Wash your clothes or dishes after 21h00 or before 06h00.



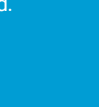
Ensure all taps are closed when not in use to prevent damage or flooding when supply is restored.



Collect non-drinking water for toilet flushing, particularly in multi-storey buildings.



Use less toilet paper (and preferably one-ply) as this requires less water to flush and prevents blockages. Only flush when required.



Use waterless hand sanitiser where possible.



For more information, including a water calculator to work out your own use, go to capetown.gov.za/thinkwater

RECONNECTING THE CENTRAL CITY TO CAMISSA - PLACE OF SWEET WATERS

The original first nation people's name for the Cape Town area was "Camissa", meaning "the place of sweet waters". These referred to the plentiful springs that supplied water for their stock herds, with the water replenished by winter rainfall and the "table cloth" which appears on Table Mountain (which accounts for an additional 500mm mean average). Later, when a settlement was established, the same water was used to grow fruit and vegetables (see The Company's Garden, pg 11) to supply the ships.

Caron von Zeil has researched and uncovered many fresh-water springs whose water flow is now hidden below Cape Town's pavements. Her work for a master's degree at

the University of Cape Town developed into Reclaim Camissa, a non-profit organisation with concepts to sustainably harness this underground water, and on developing related cultural projects.

Caron explains: "The main aim is to reclaim Cape Town's Central City connection to the water, ensuring that the public is able to enjoy the right to this water; and that the water remains in good ecological health."

Caron supplied fascinating research, much of it from an unpublished work *From rivulets to reservoirs – the story of Cape Town's water supply from 1500 to the future* (1970) by Joe Lison, which tells the story of the Central City's water from the 16th century.

Water from the mountain originally flowed around The Company's Garden, irrigating it before returning to the river bed and then into a reservoir. As there were complaints about water quality, triangular wooden pipes were constructed to channel water from the Fresh River source to a water-collecting chamber above Oranjezicht, as well as to the Castle from where a canal led water to homes. An expert wood turner known as the *Baas Pompenmaker* was in charge.

The first streets were parallel and at right angles to the streams that flowed down from the mountain to the sea. Later, these streams

were formalised and directed into canals, known as *grachte*. Today's Adderley Street (then known as the Heerengracht) followed the course of the Fresh River to the castle.

The Heerengracht, bordered with oak trees and fine houses, sounds appealing, according to Lison: "It was threaded by a double streamlet, with tiny bridges crossing at intervals. It ran through the town centre and continued the axis of The Company's Garden linked by way of an old gateway; and was lined with stooped townhouses of the burghers and at its foot was the wooden jetty. By 1767 the street had been widened into a fashionable promenade."

However, it was not as pretty as it looked, as rubbish was dumped in the canals. Lison quotes: "Waste disposal was left largely to the South-Easter, slaves, open ditches, stray dogs, hyenas and the sea". This led to a programme of building arches over the canals and enclosing them (from 1838) and by the end of the 1850s the Heerengracht was completely covered over and named Adderley Street.

Sources: Reclaim Camissa and Joe Lison (From rivulets to reservoirs)

BOOK A WATER TOUR

Learn more about the city's multi-layered water story through one of three different tours: at above-ground places of interest leading from the Castle of Good Hope to The Company's Garden (the original subterranean tour has been put on hold due to the drought); along the slopes of Table Mountain; and to the Waterworks Museum located on the northern side of Table Mountain, between the Woodhead and Hely-Hutchinson reservoirs. The museum displays machinery, equipment, memorabilia and photographs harking back to the days when dams were built on the mountain.

Good Hope Adventures
[082 482 4006](tel:0824824006)
goodhopeadventures.com



During the upcoming festive season, remember to help the NGOs that help the homeless and give where it will make a DIFFERENCE*.

*The Cape Town Central City Improvement District works closely with the following NGO partners in the Cape Town CBD

The Carpenter's Shop
Vocational training and rehabilitation services for adults

Khulisa Social Solutions
Work-based rehabilitation for the chronic homeless

Straatwerk
Job rehabilitation projects for street people

The Homestead
Residential care and family integration for boys

Ons Plek
Residential care and reunification processes for girls

Youth Solutions Africa
Shelter and skills training programmes for adults

YOU CAN GIVE IN ONE OF THE FOLLOWING WAYS:

SNAPSCAN
You can download the free SnapScan app onto your smartphone and SCAN the code (right) to donate the amount of your choice via your phone.



SMS "GIVE" TO 38088
to donate R10 towards the CCID's NGO partners.

VISIT OUR WEBSITE
for more information on the campaign, our NGO partners and other ways in which you can assist.
www.showyoucare.co.za