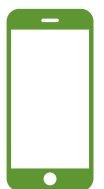
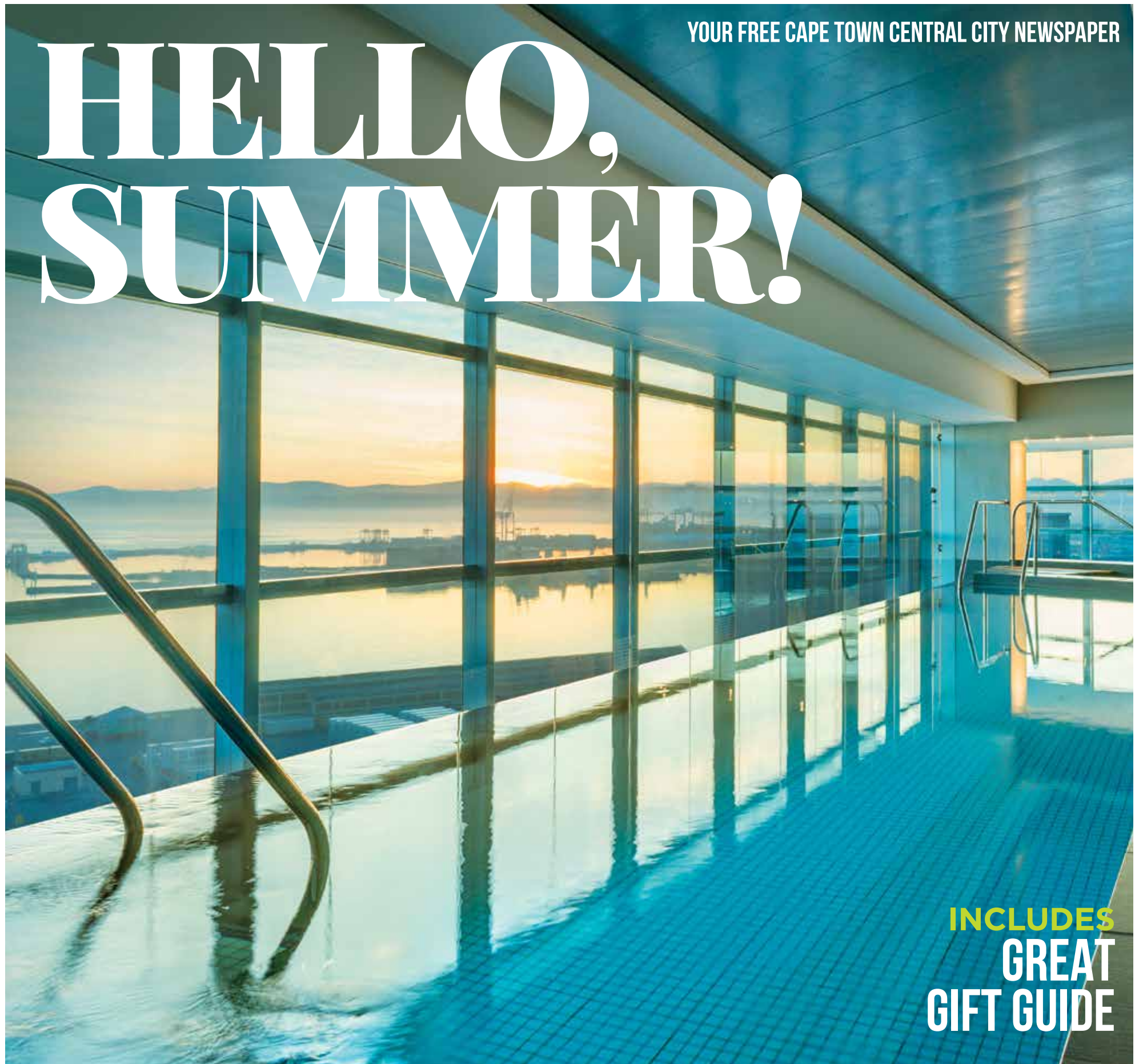


CityViews

Summer 2023-24

Brought to you by the Cape Town Central City Improvement District (CCID)



**CCID 24-HOUR
EMERGENCY
NUMBER**
082 415 7127

www.capetownccid.org

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this festive
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a divine dip
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SAFE, CLEAN, CARING AND OPEN FOR BUSINESS



FROM THE CEO

We are anticipating a busy holiday season in the Mother City and its CBD. Inbound international seats on flights this summer will exceed one million for the first time, reports the Western Cape's Ministry of Finance and Economic Opportunities.

We are ecstatic, and as a company working with our partners to manage and promote the Central City, we are pulling out all the stops to ensure it lives up to the expectations of our visitors with its top-class accommodation, destination restaurants and retailers, events, and vibrant downtown vibe.

Many of these are highlighted in articles in this 12-page bumper holiday issue. They include The Great Gift Guide (see pages 4-5), which is filled with ideas on where to shop for unique gifts in town; our team's recommendations for must-visit CBD establishments (pages 8-9); and the most inviting city centre pools (pages 6-7).

One of the not-to-be-missed shows to catch is *The Sound of Music*, presented at the Artscape Theatre Centre by Pieter Toerien Productions with Cape Town Opera. This issue has a teaser of what to expect and insights into the company's spectacular year and its cultural impact (page 12).

Lastly, I wish you all a fantastic holiday season and a Happy New Year. Our thanks to our tenacious CBD business and building owners, who refuse to give up (just like the Boks!), and who are now benefiting from an improved CBD economy.

TASSO EVANGELINOS
CEO of the CCID

MESSAGE FROM THE MAYOR

As the days lengthen and our city is bathed in beautiful summer sun, Cape Town is preparing for a bumper festive season. The signs are there that we are set to bounce back from the disruptions of recent years, and we cannot wait to welcome the world to the Mother City and the CBD.

Our visitors will play a crucial role in helping us build a City of Hope as they spend their money and

help sustain tens of thousands of jobs in the hospitality, travel and service industries. In return, we owe it to them to make their stay not only an unforgettable experience, but also a safe one. That is why we have deployed an additional 4 000 uniformed Law Enforcement and emergency personnel in shifts, as part of our biggest festive season safety deployment. Popular tourist routes will benefit from 80

dedicated safety patrollers over this period. Our safety plan will also utilise safety technology that includes drones, dash-cams, bodycams, licence plate recognition software and Africa's largest CCTV surveillance network of over 3 000 cameras. We're also ensuring that our city looks spick and span. When it comes to keeping the CBD beautiful, safe, and business-friendly, we are grateful for our partnership with



the CCID, and we will be ready for the season thanks in no small part to the CCID. Wishing you all a wonderful festive season, and a blessed and peaceful 2024.

GEORDIN HILL-LEWIS
Executive Mayor of Cape Town

Numbers THE CCID AT WORK FROM AUGUST TO OCTOBER 2023

SAFETY & SECURITY

176 Made **176** arrests with law enforcement agencies

Dealt with **21** illegal trading offences

17 Responded to **17** alarm activations and secured **54** premises and vehicles

843 CCID-funded Law Enforcement Officers issued **843** fines for non-moving traffic violations to the value of **R489 100** & **196** fines for bylaw and moving traffic violations to the value of **R197 600**



CCID-funded Traffic Wardens issued **9 991** fines to a total of **R6 344 700**

359 Conducted **359** crime-prevention initiatives

Responded to **147** medical & rescue call-outs

837 Rendered public assistance **837** times

Assisted at the scene of **260** motor vehicle accidents

COMMUNICATIONS



Generated **116** media clips to an advertising value equivalent (AVE) of **R4 526 191** with a potential reach of **137 717 123** people

Produced and published the *State of Cape Town Central City Report 2022 – A year in review* (SCCR)

Organised the annual CCID **Business Breakfast** to launch SCCR 2022

468 Wrote **468** Facebook posts on the CCID's **3** Facebook pages

Produced **1** e-Newsletter which reached **6 127** subscribers



Boosted **2** Facebook posts which reached **53 200** people

Produced, published, and distributed **City Views** Spring 2023

URBAN MANAGEMENT

Removed **323** tonnes of litter and illegally dumped waste to landfill

Serviced **2 951** bins in the Long and Loop Sts Bin Project

2 477 Cleaned municipal drains **2 477** times & cleaned **679** storm water drains

Cleared **10 432 kg** of waste from municipal and storm water drains



Removed **520** incidents of graffiti

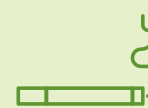
378 Maintained **378** tree wells and removed a total of **871.5 kg** of debris

101 Cleaned **101** channels and removed **861 kg** of waste



Undertook **287** road maintenance repairs

37 Painted **37** road markings
Removed **508** strings & stickers



Removed **630 kg** of cigarette butts from ciggie bins

Collected **9 061** litter bags during the night for the City's waste truck to pick up



SOCIAL DEVELOPMENT

28 Placed **28** adults in shelters in the CBD



Assisted **20** adults to get back home

Assisted **11** adults to healthcare facilities

61 Referred **61** people for counselling and support

Conducted **20** stakeholder visits



Conducted **13** night-time visits to engage with the homeless



8 Assisted **8** clients with ID applications and **1** with a social grant application

Received donations from Taj Cape Town, Clarke's Bar and Dining

Room, The Square, Southern Sun Waterfront, Southern Sun Garden Court Victoria Junction, MGI Bass Gordon, Gardens Commercial High School, Central Library, Mount Nelson, A Belmond Hotel and Student At Home.

CityViews

is a free Cape Town Central City community newspaper published by the Cape Town Central City Improvement District (CCID), a non-profit company. It is the CCID's vision to ensure that the Central City is safe, clean, caring and open for business for all who use it, whether they live, work or play here, or are passing through.

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For more Central City news,
sign up to receive our monthly
newsletter.

The link appears at the bottom
of our website homepage.
Go to www.capetownccid.org



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CityViewsCapeTown



CapeTownCCID

CITY VIEWS SUPPORTS SHOW YOU CARE



ShowYouCareCT

OPEN FOR BUSINESS

The CCID welcomes these new businesses to town.



Q&A WITH TONI TUSIO OWNER OF MAMACITA'S

What is Mamacita's all about?
My father is American, and my mother is Canadian. When I was growing up, I ate a lot of Tex-Mex and Cal-Mex cuisine, which my mother often made at home. Later, when I met my South African husband, Shawn, and moved to this country, I couldn't find my style of food here, and that is how Mamacita's came about. Shawn does the cocktails and I do the food.

What's in a name?
We were driving and discussing how cool it would be to own a restaurant. I said, "Imagine a restaurant called Mamacitas ..." and it stuck. Mamacita's for me is a sexy, tattooed lady. It reminds me of the style and culture that we are introducing to Cape Town – the low-rider cars, tattooed people and street culture. We want this to be a safe space, like my home, where everyone is welcome.

What makes Mamacita's unique?
We specialise in western Mexican cuisine and cocktails and have about 20 flavours of tequila. We also do private events. It does turn into a vibe at night, but kids are welcome during the day. We also play the Tequila Song daily, which means discounted shots until the song ends.
75 Harrington St
083 660 5515
www.mamacitastextmex.com

For more Central City news and views, subscribe to the CCID's e-Newsletter. Go to www.capetownccid.org and enter your email address at the bottom of the homepage.

SHOP
African Jacquard
African Jacquard makes luxurious homeware textiles such as throws, bedspreads, and kitchen linen, using the age-old French Jacquard technique renowned for its intricate patterns and beauty.
53 Church St
072 969 3549
www.africanjacquard.com

DRINK
Aperitif
Care for a refreshing Aperol Spritz, Negroni or Americano? Then head for Aperitif, a new venue that's making a name for itself for Aperitivo classics, served with appetizing snacks.
227 Bree St
081 805 5312
[@aperitifonbree](https://www.instagram.com/aperitifonbree)

WORK
3@1 Business Centre Cape Town City
A one-stop shop for business services including DHL courier services, ID and visa photos, scanning, copying and printing and the certification of documents.
60 Corporation St
065 850 2558
www.3at1capetowncity.co.za

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR EMERGENCY
(Available via cell phone or WhatsApp)
082 415 7127
(Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE
107 / 021 480 7700
(24 hours)
107 from landlines only

SAPS CENTRAL CITY
021 467 8001/2
(24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES
Refuse collection, water issues, street lights and electricity faults
0860 103 089

Traffic signal faults
0860 001 948

Prepaid electricity meters
0800 220 440

Cable theft
0800 222 771

Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS
CT Drug Counselling Centre
021 447 8026
073 755 1913 (WhatsApp)

Childline Western Cape
021 762 8198

WC Social Development
021 483 3083

CCID Social Development
021 286 0836

BYLAW & TRAFFIC INFRINGEMENTS
Law Enforcement
021 596 1999 (24 hours)

Traffic Police
0860 765 423

Metro Police
0860 765 423

STAY SAFE THIS FESTIVE SEASON

Safety starts with an "S" but begins with you ... Get it? That's the message from the CCID's Safety & Security department, which is gearing up for a bumper festive season and wants to ensure visiting holidaymakers stay safe in the Cape Town CBD.

It's a cliché but it's true: it's better to be safe than sorry. When you're holidaying in a beautiful city like Cape Town, and visiting a bustling downtown, you need to be sensible when you're out and about. As you would do in any other CBD throughout the world.

Whether we like it or not, opportunistic criminals target tourists who are not being vigilant, says Jurie Bruwer,

CCID Safety & Security manager. "As in any other city, visitors need to be alert and take the necessary precautions to safeguard their personal belongings."

Here are the CCID's tips on how to stay safe this festive season:

- **Be vigilant with your cell phone.** Don't text, use GPS or make calls in public.
- **Keep your valuables out of sight.** Don't flash your jewellery, especially gold chains, and don't leave your cell phone, wallet or devices unattended when you're at a restaurant or coffee shop.
- **Don't fall prey to ATM fraudsters** who claim visitors need a film or any other "permit" to walk in the streets, and then lead you to an ATM or any other

keypad where they will try to fleece you of your bank card. You don't need a permit in the Cape Town Central City.



With an influx of national and international visitors on their way, or already here, CCID Safety & Security is strategically deploying 317 Public Safety Officers, who work shifts 24/7.

"There will be an increased security presence in town, with patrols on foot and in mobile units. CCID Safety & Security will also collaborate with our partners, the City of Cape Town's Law Enforcement agencies and SAPS. We will also roll out a safety awareness campaign aimed at educating visitors on how to stay safe in the CBD."

Contact the CCID's 24-hour control centre to report safety concerns: 082 415 7127.

THE GREAT GIFT GUIDE



GENERAL

THE HERITAGE SHOP

This hidden gem in the Company's Garden has a carefully curated range of South African-inspired items including skincare products, soaps, essential oils and hand-painted ceramic mugs.

The Company's Garden, 19 Queen Victoria St www.heritage.org.za

FRANK & MYRRH

Frank & Myrrh is on a mission to share 13 generations of African treasures with the world and stocks traditional

essential oils, tinctures, skincare products, fragrances and herbal teas. It also sells bucket hats and caps, moon bags and T-shirts.

305 Long St
www.frankandmyrrh.co.za

STUDIO LB

Here you'll find a curated collection of Australian luxury cosmetic brand, Aesop, as well as Perfumer H, the British perfume house, and premium clothing from Japan and other parts of

the world. A destination venue, for sure.
90 Bree St www.loadingbay.co.za

HEMELHUIJS

Jacques Erasmus's iconic eaterie also sells a beautiful homeware range including hand-crafted raku vessels and plates, pure linen napkins, natural beeswax candles, exquisite ceramic candle holders and homemade preserves. There is also an online shop.

71 Waterkant St
www.hemelhuijs.co.za

ART

99 LOOP GALLERY

99 Loop displays works by developing and established artists from South Africa. The gallery's annual summer group show, now on until January, is ideal for buying lovely paintings.

99 Loop St www.99loop.co.za

WHATIFTHEWORLD

WHATIFTHEWORLD prides itself on presenting contemporary pieces by influential African artists who empower viewers to think differently.

First floor, 16 Buiten St
www.whatiftheworld.com

STATEOFTHEART

Art lovers are in for a treat at StateoftheART, which has modern and contemporary art from South Africa. Get 30 % off between 3-15 December.

50 Buitenkant St
www.stateoftheart-gallery.com

BOOKS

BOOK LOUNGE

This East City indie bookshop offers a wide selection of books in various genres. For recommendations, consult the shop's Festive Reading Guides (www.booklounge.co.za) for adults, teenagers and children.
71 Roeland St www.booklounge.co.za

CLARKE'S BOOKSHOP

Clarke's is renowned for its impressive collection of books on southern Africa, second-hand books on all subjects, as well as old maps and prints.

199 Long St www.clarkesbooks.co.za



Dorrance Wines

WINE

DORRANCE WINES

Dorrance Wines is the home of finely crafted wines in the French tradition. The winery also has a charming urban wine cellar and tasting room inside Heritage Square.

95 Hout St www.dorrancewines.com

OPENWINE

At this CBD gem, dubbed the first enoteca (or wine library) in Cape Town, there are over 200 South African wines on offer. Tasting the wine before buying it is allowed.

72 Wale St [@openwine_za](https://www.instagram.com/openwine_za)

THE WINE SHOP

Exceptional wines can be found in Loop Street's boutique wine shop with picks from wineries such as Aristeia, Babylon's Peak, The Wedge, Diemersfontein and Joubert-Tradauw.

199 Loop St www.rsthewineshop.com

JEWELLERY
BLACK BETTY DESIGN

If you have someone who is drawn to striking, edgy jewellery with an emotional connection, Kristin Weixelbaumer’s jewellery studio is a winner. Check out the Beading Project Collection between the store and the Siya Kolisi Foundation. Proceeds from sales are donated to Gender Based Violence (GBV) survivors.
77 Hout St www.blackbettydesign.com

DEAR RAE JEWELLERY
Another CBD destination venue, Dear Rae Jewellery makes handcrafted jewellery pieces and has a wide range of stunning collections including Hilma, inspired by Swedish artist Hilma af Klint, and contemporary heirlooms inspired by 12 magnificent gemstones for each month.
164 Bree St www.dearrae.co.za

PRINS & PRINS DIAMONDS
A stalwart that’s been around for 42 years, luxury brand Prins & Prins is the go-to store for high-end diamonds and other jewellery.
66 Loop St www.prinsandprins.com

DIAMOND WORKS
Diamond Works specialises in quality diamonds and tanzanites in southern Africa. Its varied selection includes the I Am African collection with handcrafted pendants that represent 10 unique animals and their traits.
10 Christiaan Barnard St
www.thediamondworks.co.za

PICHULIK
Well-known CBD jewellery store, PICHULIK, sells striking hand-crafted pieces like earrings, necklaces, bracelets, and rings which are all proudly created in the Mother City. There are several ranges from which to select the perfect piece.
8 Watson St www.pichulik.com

OLIVE GREEN CAT
This showroom and on-site design studio has gorgeous jewellery by Ida Elsje, Philippa Green and Nunc, giving customers a wide range of options to choose from.
76 Church St www.philippagreen.com



Dear Rae Jewellery



African
Jacquard

LIFESTYLE
ALWAYS WELCOME
Always Welcome is a design haven with its collection of established and emerging southern African furniture design brands like Ananta, Bofred, Dokter and Misses Houtlander and Kirsten Goss Abode.
108 Shortmarket St
www.alwayswelcome.store

INOVA CONCEPT STORE
This concept store offers the world’s finest luxury furniture, lighting, and accessories from brands such as Arflex, Audio Copenhagen, HAY, Moooi and String. Impress someone with the portable and rechargeable table lamp that doubles as a flower vase.
76 Harrington St
www.inovacontracts.co.za

AFRICAN JACQUARD
Preserving tradition while embracing innovation is at the heart of this luxury home textile brand which marries French techniques with warm African colours. Its expansive range includes throws, cushion covers, towels and table and kitchen linen.
53 Church St
www.africanjacquard.com

MUNGO
Mungo is all about proudly South African heirloom-quality woven goods. The shop’s wide range includes scarves, aprons, table, kitchen and bed linen, towels and luxurious gowns made from natural-fibre textiles.
78 Hout St www.mungo.co.za

PEZULA INTERIORS
Glazed ceramic pots in various sizes and colours, a mustard striped Belgian throw and a cosy Ibiza Sofa. These are some of the beautiful products to be found at this upmarket décor store with furniture, lighting, prints, books and games.
16B Buiten St
www.pezulainteriors.co.za

WAZA JAPAN STORE
The brainchild of entrepreneurs Hilda and Botha Kruger, Waza is a specialist retailer and wholesaler of premium Japanese goods including homeware, kitchenware, tableware, garden tools and teas. It’s where one goes for rare gifts.
201 Bree St www.wazashop.co.za

SPORT AND ADVENTURE
JUST LIKE PAPA

Just Like Papa is a great choice for gifts for avid outdoor lovers. The shop has got it all from durable braai tongs, camp cups, artisan knives and jackets.
73 Harrington St
www.justlikepapa.com

RUN
RUN has the latest running gear and accessories for beginners and professionals and specialists to help anyone run their next 5 km, 10 km or 42.2 km race.
11 Bree St www.runstore.co.za

ROOK CYCLES
Head to Rook Cycles for stylish two-wheeled fun machines like the Rook Shift, a reliable commuter bike, or Rook Scout which is great on tar and excellent on dirt.
173 Bree St www.rookcycles.com

EAST CITY CYCLES
This trendy bike shop in the heart of the CBD sells an impressive array of bikes, parts and accessories. It also has a fully equipped service centre.
50 Harrington St
www.eastcitycycles.com

FASHION
ARCHIVE COLLECTIVE
Exclusive sneakers and premium streetwear are on offer at Archive Collective. The coolest sweatshirts, jackets, hoodies, T-shirts, sweatpants and accessories are waiting for you. Brands in-store include New Balance, Nike, Puma, Adidas and Asics.
107 Bree St www.archivestore.co.za



DUCK DUCK GOOSE
A small gem, Duck Duck Goose is your (small) one-stop shop for cool independent South African fashion and lifestyle brands like Rich Mnisi, Thebe Magugu, Wanda Lephoto, Good Good Good, Kasi Flavour, Bat Butt and Nao Serati.
120 Bree St duckduckgoosestore.com

FLOAT APPAREL
Take your love for the Mother City to new heights with cool everyday wear for men and women. The Float range is inspired by Cape Town life as well as travel, photography, music and culture.
137 Bree St www.floatapparel.co.za

ALEXANDRA HÖJER
This beautiful Bree Street destination store has well-cut feminine garments made from beautiful natural fabrics. Alexandra Höjer also stocks handcrafted shirtdresses, leather belts, shoes, shirts, pants and jackets.
156 Bree St www.alexandrahojer.com

FJÄLLRÄVEN
Fjällräven has come to town! This fav Swedish outdoor clothing and equipment company with its functional, durable and timeless gear for men, women and kids (including jackets, T-shirts, backpacks, trousers, tents and sleeping bags) are highly desirable.
73 Harrington St
www.justlikepapa.com/pages/fjallraven

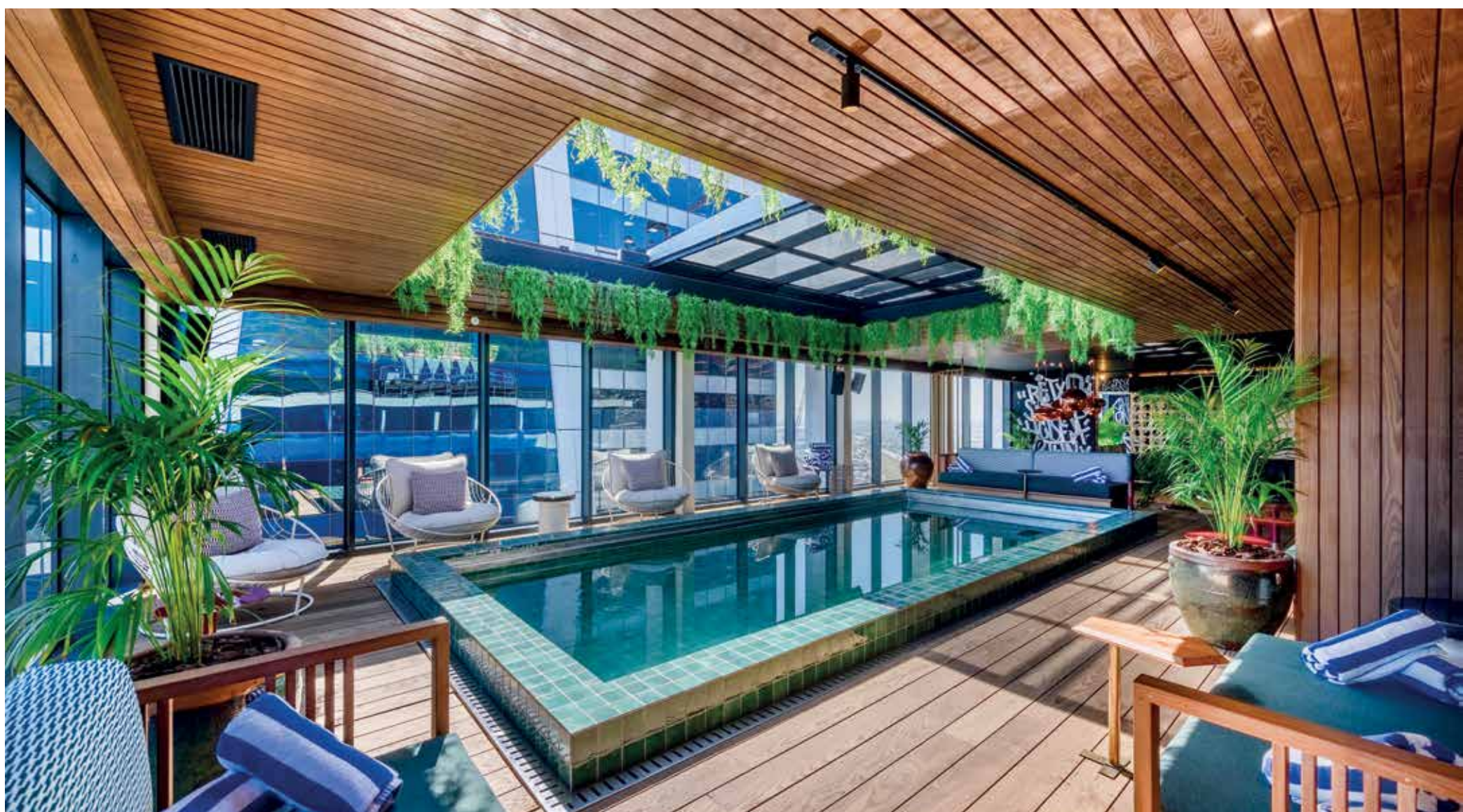
AFRAID OF MICE
Vintage shop Afraid of Mice has a great selection of clothing at a steal, for both men and women, from brands such as Gucci, Lazy Oaf, Fendi, Balenciaga, Missoni and Chanel.
99 Harrington St [@afraidofmicect](https://www.instagram.com/afraidofmicect)

VINTAGE WITH LOVE
Buying beautiful pre-loved designer garments at Vintage with Love is the most fun way to make a difference as profits support a large network of literacy and education charities across South Africa.
46A Canterbury St [@vintagewithlovesa](https://www.instagram.com/vintagewithlovesa)

WOODHEADS
Impress that special person in your life with a timeless leather bag, a pair of beautiful shoes or accessories from the one-and-only Woodheads, Cape Town’s original leather merchant since 1867.
29 Caledon St www.woodheads.co.za

MAKEA

Need to cool off from the summer heat? Dive into these divine hotel pools



GORGEOUS GEORGE HOTEL

It's small but fabulous and oh so stylish. The rooftop pool at award-winning inner-city boutique hotel Gorgeous George sets the sophisticated scene for a sublime cocktail at the go-to sundowner venue for the chic set, Gigi Rooftop Bar.

118 St Georges Mall |
www.gigirooftop.com

THE ROCKEFELLER HOTEL & RESIDENCE

This fresh and sparkly pool sits pretty on the 18th floor of the hip-and-happening

Rockefeller on the Foreshore and was designed by well-known interior designer Tristan du Plessis. It's all about the sunroof here, which lets in natural light, and the glass doors offer uninterrupted views. The pool paraphernalia is pretty stylish, too.

12 Christiaan Barnard St |
www.newmarkhotels.com

PULLMAN CAPE TOWN CITY CENTRE

Pullman Cape Town City Centre, formerly Radisson Blu Hotel & Residence, sports a

cooling outside pool and deck complete with loungers perfectly positioned on the same floor as the Ghibli Bar. Cheers!

22 Riebeeck St |
www.all.accor.com

HOTEL SKY

Glamorous Hotel Sky has not one but two small, heated pools on two of its decks where guests can soak up the sun and be mesmerised by the astonishing view of Table Mountain, the CBD skyline and Cape Town harbour.

9 Lower Long St | www.hotelsky.co.za

SOUTHERN SUN THE CULLINAN

Visitors to the Southern Sun The Cullinan get to cool off from Cape Town's summer heat in a deep-blue, expansive outdoor heated pool that is surrounded by reclining chairs clad in crisp black-and-white.

1 Cullinan St | www.southernsun.com

THE ONYX APARTHOTEL

Chic poolside furniture and a beautiful mural await guests visiting this inside-outside pool on the 4th floor of this sophisticated inner-city aparthotel. The outside area is linked to the bar, making it

SPLASH!

pools in the heart of town.



OPPOSITE PAGE: The beautiful rooftop pool at The Rockefeller Hotel & Residence on the Foreshore.
CLOCKWISE, FROM LEFT: The Westin Cape Town's spa pool; the indoor-outdoor pool at The Onyx Aparthotel; the small pool at boutique hotel, Gorgeous George.

of scenic mountain views. The Grotto Wellness Spa inside the hotel also has a heated pool to accompany the relaxing treatments.
Cnr Orange St and Grey's Pass |
www.thecapital.co.za

ONE THIBAUT RESIDENCE
One Thibault Residence, the highest residential tower in town, has a rooftop pool in an adjoining building that's perfect for letting your hair down after a day out on the town.
Cnr Long St & Hans Strijdom Ave |
www.onethibault.com

THE DUKE
Dynamite comes in small packages at The Duke, the luxury apartment block at Fountain Circle on the Heerengracht. There's a relaxing rooftop entertainment area with a splash pool that's perfect for a refreshing cool-down.
5 Heerengracht | www.theduke.co.za

URBAN OASIS APARTHOTEL
Aparthotel Urban Oasis, conveniently located near the Houses of Parliament, has a rooftop pool and bar from where visitors can drink in great views.
91 Plein St | www.urbanoasis.co.za

THE FOUNTAINS HOTEL
This four-star inner-city hotel has a cold outdoor lap pool and a neighbouring heated pool perfect for that crack-of-dawn 10-lap water workout.
1 St Georges Mall |
www.fountainshotel.co.za

Note: These pools are mostly accessible to hotel guests only.

perfect for sundowners. The area is serene with some of the most breathtaking views of the Central City and Table Mountain. There is also a spa on the same floor.
57 Heerengracht |
www.newmarkhotels.com

THE WESTIN CAPE TOWN
One of the most famous inner-city pools, The Westin's rooftop infinity lap pool is located inside the Heavenly Spa on the 19th floor and is best enjoyed before or after a relaxing spa treatment. Hotel and

outside guests with a booked treatment can access the spa facilities, including the gym and pool.
Lower Long St | www.westin.com

PEPPERCLUB HOTEL
Pepperclub Hotel's year-round outdoor pool on the 8th floor is located near its highly recommended Cayenne Spa. Take in the lush greenery, sink into the plush loungers and marvel at the mountain.
Cnr Loop and Pepper Sts |
www.pepperclub.co.za

ONOMO HOTEL INN ON THE SQUARE
ONOMO Hotel Inn on the Square has a heated pool on its 8th floor. Here the rooftop downtown views make for a memorable experience.
Greenmarket Square |
www.onomohotels.com

THE CAPITAL 15 ON ORANGE
Located near the historical Company's Garden, The Capital 15 on Orange is an urban oasis with an inviting outdoor pool cleverly positioned to take advantage

THE LBB OF THE CBD

Cape Town Central City Improvement District staff spill the beans on their go-to venues in town.



OFFICE OF THE CEO

Tasso Evangelinos
CCID CEO



CAFÉ FRANK
160 BREE ST

“My top pick is Café Frank, which is a local business offering affordable, fresh and delicious food. I am always happy to support this venue.”

Other faves: Kobe Sushi @ SALT Food Market (9 Lower Burg St) & Lunchworks (22 Waterkant St)

Christa Maans
CEO's PA



KIM LOONG WUSHU CENTRE
20 LOWER BURG ST

“The centre is run by Dr Jeff and Amanda Lan and offers martial arts training such as Kung Fu, Tai Chi and Qigong as well as Chinese medicine treatments such as acupuncture.”

Other faves: Kofi (4 Bree St) & SALT Food Market (9 Lower Burg St)

Stephen Willenburg
Business manager



GIANT CAPE TOWN
42 HANS STRIJDOM AVE

“As an avid cyclist, I love Giant for their friendly, reliable, and same-day service. They service all brands and types of bicycles and have very economical prices.”

Other faves: Virgin Active Foreshore (17 Rua Bartholomeu Dias Plain) & Artscape Theatre Centre (DF Malan St)

Mary-Ellen Joseph
Finance & HR assistant



BURGER & LOBSTER
105 BREE ST

“Burger & Lobster is always a vibe, especially on a nice summer's day. They have a half-price social happy hour daily. My favourites include the lobster roll and the Nutella and Oreo cheesecake.”

Other faves: Sky Bar at Hotel Sky (9 Lower Long St) & Seattle Coffee Co (4 Loop St)



Truth Coffee

URBAN MANAGEMENT

Kally Benito
Manager



SHIFT ESPRESSO
HANS STRIJDOM AVE

“I love popping into Shift. It has a delightful blend of brews and mouthwatering eats and is perfect for out-of-office meetings.”

Other faves: Butter (70 Loop St) & Lifestyle Home (24 Hans Strijdom Ave)

Carlisle Marankey
Precinct manager

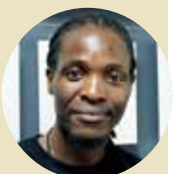


FOOD LOVER'S EATERY
HANS STRIJDOM AVE

“My favourite place is Food Lover's because of the variety of lunchtime meal options at an affordable price.”

Other faves: Nom Nom (166 Long St) & Company's Garden (Queen Victoria St)

Lucky Mangezi
Junior precinct coordinator



THE DUBLINER
251 LONG ST

“I am a fan of dancehall and reggae, and this club usually plays these genres. It is also close to the CCID Safety & Security kiosk, which makes me feel safe when having fun.”

Other faves: Mariams Kitchen (101 St Georges Mall) & Cool Bananas (Spin St)

SOCIAL DEVELOPMENT

Tara Gerardy-Bissolati
Manager



THE ELECTRIC
48 CANTERBURY ST

“The Electric is a great place to have meetings with clients. They have healthy juices, good coffee, and delicious sandwiches.”
Other faves: Col’Cacchio Foreshore (North Wharf Building) & Seattle Coffee Co (4 Loop St)

Herbert November
Auxiliary social worker



AMBER ON BREE
16 BREE ST

“Amber has a relaxed lounge feel. Their grilled Norwegian salmon, served with roasted baby potatoes, spinach, butternut purée and hollandaise sauce, is moreish and melts in your mouth.”
Other faves: The Gin Bar (64A Wale St) & Honest Chocolate Café (64A Wale St)

Headman Siralarala
Field worker



THE CAPETONIAN
PIER PLACE

“They have a restaurant called On The Square that serves the best buffet breakfast every day. The place is quiet and affordable.”
Other faves: Bootlegger Coffee Company (50 Harrington St) & Pullman Cape Town City Centre (22 Riebeeck St)

Mark Williams
Field worker



COMPANY’S GARDEN
5 QUEEN VICTORIA ST

“It feels like a trip around the world with all the different plants and trees in the garden. It provides peace of mind, and is great for people-watching.”
Other faves: Aya’s Coffee (17A Riebeeck St) & Lusitania Fisheries (49A Waterkant St)

COMMUNICATIONS

Sharon Sorour-Morris
Manager



AFRICAN JACQUARD
53 CHURCH ST

“This atmospheric shop sells an exquisite range of authentic homeware textiles designed and woven in Cape Town. The throws and bedspreads are divine. So are the towels, the table linen ... every single item is covetable.”
Other faves: Dear Rae Jewellery (164 Bree St) & The General Store (22 Bree St)

Aziza Patandin
Project coordinator



VIRGIN ACTIVE
FORESHORE
17 RUA BARTHOLOMEU

“While I mostly go there to keep fit, I also use the sauna to destress and regain my energy.”
Other faves: Cool Bananas (Foreshore Place) & Seattle Coffee Co (SALT Food Market)

Scott Arendse
Online coordinator



FREE BIRD
4 BREE ST

“I love the outside seating area and the good affordable food. My go-to options include the crispy strips with chips or the Southern BBQ Burger with smoky BBQ sauce.”
Other faves: Clarke’s Bar and Dining Room (133 Bree St) & Refinery (St Georges Mall)

Simangele Mzizi
Staff writer



ALWAYS WELCOME
108 SHORTMARKET ST

“The merchandise here is high-end, but the space is inspirational. The shop is a South African design collective for owner-run design studios that create dreamy furniture, homeware, and lifestyle objects.”
Other faves: Archive Collective (107 Bree St) & StateoftheART (50 Buitenkant St)

SAFETY & SECURITY

Jurie Bruwer
Manager



BOMA ON BREE
107 BREE ST

“They serve the most amazing dishes that are all prepared over an open fire. The jaffles and lamb ribs are a must-have.”
Other faves: House of Machines (84 Shortmarket St) & Truth Coffee (36 Buitenkant St)

Alec Van De Rheede
Daytime manager



MUGG & BEAN
2 RIEBEEK ST

“Owners Zola and George treat all their customers with so much love, and the staff are just as friendly. The shop is wonderful for meetings or enjoying a cup of coffee and a sandwich.”
Other faves: PUMA Select (32 Loop St) & New York Bagels (44 Harrington St)

Dylan Kellerman
Night manager



IZIKO SOUTH AFRICAN MUSEUM
25 QUEEN VICTORIA ST

“It’s a nice family-orientated place with lots of culture and information that I had no idea about.”
Other faves: Hotel Sky (9 Lower Long St) & Abantu Bar (117 Long St)

Tinus Jenkins
Daytime manager



DIAS TAVERN
5 CALEDON ST

“I love spending time with my family here. The good food and excellent ambience always ensure that I keep on coming back.”
Other faves: Just Like Papa (73 Harrington St) & Dust and Dynamite (27 Caledon St)



Amber on Bree

Edward Edwardes
Night manager



TALKING TO STRANGERS
61 LOOP ST

“It is perfect for enjoying a relaxed evening with friends. I love the cosy atmosphere, good food and personal and top-class service.”
Other faves: Hacienda (171 Long St) & Amber on Bree (16 Bree St)

Gary Dyssel
Night manager



ADDIS IN CAPE ETHIOPIAN RESTAURANT
168 LOOP ST

“The profile of Ethiopian food is distinct. Addis has good healthy food with a variety of options. I love the homely environment and that the owner visits each table.”
Other faves: Madam Taitou (77 Long St) & Arcade (152 Bree St)



African Jacquard

ENCORE!

Cape Town Opera's stellar year will end with what promises to be a crescendo of a performance when *The Sound of Music*, the perennial family favourite, sets the Artscape alight.

FIRST CAME THE PEARL FISHERS. Then Cinderella and Tosca, with a triumphant La Traviata bringing up the rear. We're talking opera, of course, presented on the Artscape Theatre Centre stage in Cape Town in what has undoubtedly been a stellar 2023 for Africa's premier opera company.

The 2023 season of Cape Town Opera, a company based in the Cape Town CBD, has been exceptional. Georges Bizet's *The Pearl Fishers* featured acclaimed South African guest tenor Levy Sekgapane, who is now based in Germany. Then there was the stunning South African premiere of Pauline Viardot's 1904 opera, *Cinderella* (*Cendrillon*), and Puccini's powerful *Tosca* – with Cape Town Opera house soloists Nobulumko Mngxekeza, Lukhanyo Moyake and Conroy Scott – which was a sell-out in Joburg and Cape Town. It was followed by the hugely successful *La Traviata*, which was also fully booked and hosted in collaboration with Opera UCT. *La Traviata* was staged a few days before Plácido Domingo's prestigious international opera competition, Operalia, which the company co-hosted at Artscape Theatre Centre Opera House with the Cape Town Philharmonic Orchestra.

Now the opera company and Pieter Toerien Productions have teamed up for the much-anticipated revival tour of Rodgers & Hammerstein's *The Sound of Music*, which will run at Artscape from 14 December until 14 January, before moving to Montecasino in Joburg from 27 January until 25 February.

A BUSTLING YEAR

South Africa's largest permanent non-profit performing arts organisation, Cape Town Opera has four house soloists, 18 chorus members, eight young artists and 17 artistic and administrative staff, overseen by a seven-member board of directors.

Artistic director Magdalene Minnaar, who directed *Tosca* to great acclaim, says, "It has been an absolutely bustling year". Minnaar, along with managing director Alex Gabriel, counts being involved in Operalia and collaborating with Pieter Toerien on *The Sound of Music* as other major highlights for the company this year.

"We have had such a wonderful season and there is so much excitement for *The Sound of Music*. We have put together an incredible cast, combining the musical theatre,



ABOVE: Cape Town Opera house soloist Brittany Smith enthralled operagoers in *La Traviata* at Artscape Theatre Centre this year.

dramatic arts, and opera world," she says. Gabriel shares similar sentiments: "This family-friendly rendition of the beloved show will not only highlight Cape Town Opera's extraordinary vocal talent but blend this with the high-calibre theatrical quality synonymous with Pieter Toerien Productions, promising an unforgettable festive season experience."

CREATIVITY ABOUNDS

Africa's premier opera company doesn't only stage operas with aplomb. It also has national music education programmes for primary and secondary school learners and does national and international tours of operas and concerts.

As a non-profit with limited resources, pulling off these kinds of productions using mostly in-house singers is no small feat. So, how is it all possible? Says Minnaar: "It takes an amazing team to pull off the kind of productions that we are doing on really small budgets. In Europe, the budgets are usually ten times bigger, yet we manage to stage quality productions. We have become masters at cleverly saving money and this generally requires lots of hours spent with the team and bucketloads of creativity."

While the opera company has a packed schedule throughout the year, community development and cultivating young talent

is a priority and is done through various programmes, including a two-year training initiative, the Judith Neilson Young Artist programme, which gives graduate singers with soloist potential the opportunity to refine their technique and stage skills before launching professional careers.

There is also a CTO Youth Development and Education department that provides valuable musical training free of charge to more than 2 000 learners in rural and township communities each year.

SUCCESSFUL SINGERS

The opera company's successful partnership with Opera UCT has also been central to developing and unearthing diverse singers including stars like Levy Sekgapane and Pretty Yende, previous Operalia winners

who have positively impacted Cape Town Opera and its rising stars. It came about 24 years ago when Professor Angelo Gobbato founded the company. He was also the head of Opera at the University of Cape Town's South African College of Music. Minnaar says Gobbato often included students in his professional productions and the relationship he inspired has endured, with the two entities still firm collaborators.

"Seeing the likes of Sekgapane, Yende, Golda Schultz, Musa Nkungwana and Vuvu Mpofu, for instance, gives young South African singers hope that they can also have a career in opera. Being an opera singer looks glamorous, but it is very intense, and can be very hard. Seeing our own singers thrive here and abroad means that this dream is achievable," says Minnaar.



THE HILLS ARE ALIVE!

Catch Rodgers & Hammerstein's *The Sound of Music* at Artscape Theatre Centre from 14 December to 14 January. Directed by Steven Stead and jointly presented by well-known theatre impresario Pieter Toerien and Cape Town Opera, big and small theatregoers are bound to be enthralled as Maria and the Von Trapp children make the hills come alive.

KITCHEN CONFIDENTIAL

Planning is paramount when you're in charge of a five-star hotel kitchen, says Byron du Bois, executive chef at Southern Sun The Cullinan. We find out what culinary delights are on offer during the holiday season ...

By Vanessa Rogers

IF YOU CAN'T STAND THE HEAT, GET OUT OF THE KITCHEN. This famous idiom certainly applies to the big, bustling kitchen of Southern Sun The Cullinan. But experienced Executive Chef Byron du Bois takes it all in his stride.

His kitchen runs like a posse of well-oiled culinary appliances thanks to the "brigade de cuisine" that ensures everyone has clearly defined responsibilities – from the commis chef, to the chef de partie, senior chef de partie, junior sous chef, sous chef, chef de cuisine, executive sous chef, and executive chef.

"There are a lot of moving parts, which should come together seamlessly when everyone pulls their weight. Different skillsets are required at each level, from peeling and cutting vegetables to the best of your ability as a commis chef, to cooking as a chef de partie, or overseeing everything that's going on – together with maintaining the food quality – as the sous chef, with a fair amount of assistance from middle management."

Sounds complicated! But Du Bois sums it up like this: "It all boils down to excellent planning, together with daily and monthly departmental briefings. My function board upstairs starts at the top of a wall and touches the floor most days. This is an extremely busy environment."

Du Bois relies most heavily on his executive sous chef and sous chef, who are so organised that he can phone them at 22h00 on any evening and they'll know exactly how many eggs are in the fridge downstairs.

"Having a love of food, and being an executive chef, entails long working hours and plenty of sacrifices, but it's worth it when satisfied guests have an exceptional experience. It requires a great deal of dedication, research and planning. So, if you sign up for this industry, it's important that you know what you're getting yourself into"

FOOD FOR THOUGHT

From the crack of dawn, the kitchen is a hive of activity. Southern Sun The Cullinan, the stately flagship establishment of the hotel group and one of the CBD's leading hotels, serves 450 people breakfast most mornings. "On the back of that, the kitchen sends out canapés for 100 people at a time, before we turn our attention to the demands of the daily conference package lunch ... not to mention how busy the downstairs à la carte kitchen becomes later on," says Du Bois.

Is he a foul-mouthed head chef à la Gordon Ramsay? He says it helps to have a calm temperament but admits most chefs have "a switch". "It's to be expected when you're under this kind of pressure, but it's more important to ensure your team is ready for the challenge, developing them as you go, and equipping them for the culinary action of the day."

E IS FOR EXPERIENCE

Du Bois hails from Durban where he graduated with a culinary arts diploma in 2006. He worked in South Africa for only a year before going to the Middle East, where

he worked at prestigious establishments including Le Royal Meridien Dubai.

Since returning home, he's worked at Relais & Châteaux properties in the Kruger National Park vicinity, and at the Capital Zimbali, Ballito – a big resort with seven busy kitchens. He has nine years as an executive chef under his belt.

He feels his extensive resort experience helped him land the top job. Having only worked as a restaurant chef doesn't cut it in an hotel environment. "You need to have dealt with, and managed, the volumes involved in a five-star resort," he confirms.

VALUE FOR MONEY

Part of his job entails finding ways to offer guests more while keeping an eye on ever-increasing food prices. Food sustainability and curbing food waste are always top of mind, too. "We are focused on going green – we even measure our recycled food waste," he explains.

His menus offer guests traditional South African "smokey" flavours associated with braaig, with touches of indigenous



flair from spekboom, waterblommetjies and game.

The other challenges of the job are trying to maintain a work-life balance (he is married to a doctor, and they have a two-year-old daughter, Grace). "I'm fortunate to work for a company that looks after its staff, and where overtime is well-managed. In a high-pressured environment, we need an energized, driven team at all times, especially over the holiday season."



CHRISTMAS AT THE CULLINAN

The Christmas Day Lunch Menu for 2023 is mouth-watering. There's a soup service at table (chilled beetroot and orange soup with key lime mascarpone), a salad valley buffet, bread selection, served with dips and spreads, followed by a plated seafood course, mussels steamed in rich tomato sauce and white wine broth.

Live cooking stations follow, encompassing a carvery (that will include rolled lamb saddle stuffed with garlic and rosemary, fragrant spices and mint jus), a seafood stand, a pasta station (with delights such as butternut gnocchi), potjies, curries and stews such as coq au vin, with wine pairings recommended by in-house sommelier, Cizario Fuller.

Any space left? The dessert buffet will be laden with creations from pastry chef Wandile Shange: a chocolate fountain, a gingerbread house, New York-style baked citrus cheesecake, and mint and lime opera cake. Happy Christmas!



ABOVE: Southern Sun The Cullinan Executive Chef, Byron du Bois.

WHAT'S ON IN TOWN

It's hot and it's happening! Come into town this holiday season and enjoy what's on offer. See you there!



For more event info,
visit *City Views*
on Facebook at
[www.facebook.com/
CityViewsCapeTown](https://www.facebook.com/CityViewsCapeTown).

HIDDEN WONDERS

The Iziko South African Museum is a treasure trove for those seeking mind-expanding experiences. Check out Hidden Wonders to view the venue's extraordinary and almost 200-year-old collections. Some of the unique objects featured are ostrich eggshells that were carved into jewellery and given as gifts as well as a real preserved specimen of the "Living fossil fish" discovered by J.L.B Smith. Other great exhibitions on display are The Evolution of Indigenous Art and Talking Heads and Heritage, which looks at the importance of rites of passage for people in southern Africa.

Where: The Iziko South African Museum, 25 Queen Victoria St

When: Monday to Sunday from 09h00 – 17h00

www.iziko.org.za



LOYISO GOLA LIVE

To say 2023 has been a roller-coaster ride is an understatement. Catch two-time Emmy-nominated comedian Loyiso Gola's take on what went down this year. We're sure he'll be performing to sell-out shows.

Where: District Six Homecoming Centre, cnr Buitenkant & Caledon Sts

When: 15 December 2023 – 15 January 2024

www.homecomingcentre.co.za

WEDNESDAY RIDES

Love cycling and want to meet other enthusiasts? Join cycling community Fixie Fit SA for a leisurely ride in the CBD and surrounds. Everyone is welcome to join the ride and explore the bustling Cape Town Central City by bike. Those without bikes can rent one at Rook Cycles for R100.

Where: Rook Cycles, 173 Bree St

When: Every Wednesday at 18h00

[@fixiefitsa](https://www.instagram.com/fixiefitsa)



EAST CITY SESSIONS

Harringtons Cocktail Lounge offers an expertly curated selection of established jazz acts and up-and-coming experimental acts on Thursday nights. So, mark your calendars. While entry is free, booking via bookings@harringtonstreet.co.za is advised.

Where: Harringtons Cocktail Lounge, 61B Harrington St

When: Every Thursday from 19h00

[@eastcitysessions](https://www.instagram.com/eastcitysessions)



FREE CBD WALKING TOURS

Ongoing

Explore the CBD without breaking the bank by joining free walking tours that take place in town daily, come rain or sunshine. There is no need to book for the tours which include a Historic City and Apartheid to Freedom Tour, Apartheid to Freedom and Bo-Kaap Tour and the Bo-Kaap and Historic City Tour. Tips from clients are welcome.

Where: Meet outside Motherland Coffee Company, St Georges Mall

When: 11h00, 14h00 and 16h20

www.freewalkingtourscapetown.co.za

STORYTIME

Saturday is storytime for children at The Book Lounge, where a staff member reads stories to the kids and does a fun activity with them afterwards. While the recommended age is between three and eight, big people can join in the fun, too. For holiday reads, check out the store's website for its popular Festive Reading Guides for adults, teenagers and children.

Where: The Book Lounge, 71 Roeland St

When: Saturdays at 11h00

www.booklounge.co.za



A CHRISTMAS CAROL

This magical family production by Cape Town City Ballet of Veronica Paeper's ballet A Christmas Carol promises to be enchanting. Based on Charles Dickens' legendary tale featuring the baddy of all baddies, aka Scrooge, this timeless classic epitomises the Christmas spirit of "goodwill to all men" and is a story of triumph over adversity. Expect a beautiful, sparkly production suitable for the whole family and which is not to be missed! Pumpkin Finds Her Kindness: The Play is another family-friendly show to check out at Artscape between 15-23 December 2023.

Where: Artscape Theatre Centre, D.F. Malan St

When: 8-29 December 2023

www.artscape.co.za



THE SOUND OF MUSIC

Catch The Sound of Music when Pieter Toerien Productions, with Cape Town Opera, presents the much-anticipated tour of this timeless musical. Treat the family to Rodgers & Hammerstein's music set to the story based on Maria von Trapp's memoir. Directed by Steven Stead, the production promises to be a stellar musical theatre event.

Where: Artscape Theatre Centre, D.F. Malan St

When: 14 December – 14 January 2023

www.webtickets.co.za