

New homeless project provides work

Colour alert! The CCID's Rainbow Tree Project

Best date-night CBD restaurants



@CapeTownCCID 

CityViewsCapeTown 

CapeTownCCID 

CityViews

YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Autumn 2022



CCID 24-hour control centre



082 415 7127

www.capetownccid.org

SAFE, CLEAN, CARING AND OPEN FOR BUSINESS



TALK OF THE TOWN



@CapeTownCCID #CityViews



CityViewsCapeTown



CapeTownCCID

CityViews

IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT COMPANY. IT IS THE CCID'S VISION TO ENSURE THAT THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.


www.facebook.com/CityViewsCapeTown

PUBLISHED BY

The Cape Town Central City Improvement District (CCID)
13th floor, 1 Thibault Square,
Cnr Long St & Hans Strijdom Ave,
Cape Town, 8001
www.capetownccid.org
www.facebook.com/CapeTownCCID
021 286 0830

Produced by the CCID Communications department

EDITORIAL (CCID)

Communications manager:

Sharon Sorour-Morris

Assistant Editor: Simangele Mzizi

Managing editor: Aziza Patandin

Online coordinator: Scott Arendse

DESIGN

Designer: Simon Richardson

CONTRIBUTORS

Cover illustrations: Michael Chandler

Content: Karin Schimke, Simangele Mzizi, Sharon Sorour-Morris

Photography: Scott Arendse, Sharon Sorour-Morris, Carmen Lorraine, Mark Sampson, Louise Park Ross, FYN Restaurant, The Royal Oyster Bar, Grub & Vine, Café Frank, Pilcrow & Cleaver, Superwoof Dog Hotel & Daycare

For more Central City news, sign up to receive our monthly newsletter.

The link appears at the bottom of our website homepage. Go to www.capetownccid.org

DISCLAIMER

While every effort is made to ensure the content is correct, the publisher takes no responsibility for the accuracy of statements or content, and can accept no liability for errors, omissions or inconveniences arising thereof. All text, images and design are subject to copyright and any unauthorised duplication is prohibited. All work is accepted in good faith that all permissions have been granted.

CITY VIEWS SUPPORTS SHOW YOU CARE



/ShowYouCareCT



TASSO EVANGELINOS
CEO OF THE CCID

THINGS ARE LOOKING UP

Metamorphosis springs to mind when contemplating the Cape Town Central City. After two nail-biting years in the grip of Covid-19, change is in the air as infection rates drop, vaccination rates rise, and more and more people return to town to work, do business, shop and have a good time. In keeping with this mood, we've embarked on a feel-good project to improve the urban landscape, using over 3 000 metres of colourful cloth to wrap 730 trees in our geographical footprint.

Dubbed the Rainbow Tree Project, the aim is to create a vibrant atmosphere and to encourage people to spend time in downtown Cape Town in a bid to stimulate the embattled CBD economy and support our myriad retailers. With evergreens such as the

Cape ash and fever trees ensconced in yellow, blue, red, green and turquoise fabric, the idea is also to celebrate our diversity as a nation and pay tribute to our resilience and diversity. Check out the trees on page 6, and better still, come into town to enjoy them.

While we're not out of the woods yet with South Africa's fifth wave expected this winter, there's a sense of optimism and confidence that the tide is turning. In the CCID's latest Retail Confidence Survey – done in December last year – over 50 % of CBD retailers were “feeling positive” about current business conditions.

We are heartened to see hundreds of people enjoying CBD events once again: the Investec Cape Town Art Fair, which returned to the CTICC in February after a two-year absence,

was attended by more than 23 000 people! What a triumph! Other events, such as the Long Street Market, First Thursdays and Gay Pride event, have drawn thousands of people back into our iconic precincts. What a pleasure to see Long and Bree streets abuzz, and Mayor Geordin Hill-Lewis's open-street initiative so well supported.

This is hugely benefitting the city centre's night-time economy and for this we are immensely relieved. It's been a hard ride for businesses and commercial property landlords.

Thank you for your invaluable support and we look forward to welcoming you back to town as we continue to strive to ensure our downtown is safe, clean, caring and open for business.

NIGHT-TIME CLEANERS BACK IN TOWN

Keeping the CBD clean during the pandemic has been a priority for the CCID's Urban Management department, working with its partners at the City of Cape Town. As more and more people stream into town to work and play, the department has been adjusting its cleaning and maintenance strategy.

Kally Benito, manager of CCID Urban Management, says: “This increase in office workers and visitors inevitably translates into more litter on the streets, and also in black bins and in bags, so we have reinstated our

night-cleaning teams, contracted via J&M Cleaning Services.”

The move follows the department's assessment of evening and early morning activity after the easing of lockdown rules and curfews. With the CBD's economy opening up, and the return of pedestrianised and popular events, February also saw office workers – who'd been working remotely – start coming back to the office.

While it's still early days, Benito says the impact in town has been visible. “These teams work tirelessly

to maintain a level of cleanliness in the CBD so that early morning staff and the daytime workforce encounter a clean city centre. They sweep all areas in the CCID's operational footprint and collect illegally dumped waste and put it ready for collection by the City of Cape Town's waste truck. They also rebag litter that spills out of black wheelie and green bins and torn litter bags. Their reinstatement has made a huge difference.”

The team consists of 14 sweepers, three supervisors and one manager and is on duty from Wednesday to Sunday from 20h00 to 05h00.



CCID SWEEPER

THE CCID AT WORK FROM NOVEMBER 2021 TO JANUARY 2022

SAFETY & SECURITY

Made **81** arrests with City Law EnforcementConducted **18 524** crime prevention initiatives

City Law Enforcement issued **455** fines for non-moving traffic infringements to the value of **R381 200** and **56** fines for bylaw violations to a total of **R49 100**

Rendered public & vehicle assistance **123** times

Responded to **23** alarm activations & secured **14** premises

Conducted **15 651** interventions related to aggressive begging

Traffic wardens issued **4 368** fines to a total of **R2 678 800**

Dealt with **24** illegal trading offences

Addressed **12** incidents of illegal dumping

Responded to **101** medical & rescue callouts

Assisted with **164** motor vehicle accidents

COMMUNICATIONS



Generated **118** media clips to an advertising value equivalent (AVE) of **R3 482 486** reaching an audience of **155 960 462**

Wrote **371** Facebook posts on the CCID's **3** Facebook pages

Produced **3** e-Newsletters which reached **15 312** subscribers

Boosted **5** Facebook posts which reached **83 300** people

Wrote, produced and distributed the summer 2021 edition of *City Views*

URBAN MANAGEMENT



Cleaned municipal drains **2 169** times and storm water drains **786** times

Removed **16** tonnes of waste from municipal and storm water drains

Removed **179** illegal posters

Removed **504** incidents of graffiti

Undertook **109** road maintenance repairs

Painted **345** road markings

Maintained **284** tree wells

Removed **508** strings & stickers

Cleaned **71** channels and removed **185** kg of waste

Removed **314** tonnes of litter and waste

Removed **168** kg of butts from ciggie bins

SOCIAL DEVELOPMENT



Interacted with **153** homeless people

Placed **16** adults in shelters in the CBD

Referred **56** people to NGOs for general services

Assisted **4** adults to get back home

Assisted **20** adults to healthcare facilities

Referred **4** clients to TB HIV Care, Straatwerk and Streetscapes

Assisted **1** mother with a baby and conducted **1** intervention with a child

Received donations from **Hotel Sky, Victoria Junction Hotel, Mount Nelson, A Belmond Hotel & a CBD stakeholder**

STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new businesses all the best in the Central City.



Q&A WITH MARY-ANN CALABRESE, CO-OWNER OF BALENA BLU

What's in a name? Why Balena Blu?

Balena means whale. So, it's Blue Whale, a majestic and beautiful animal. Our name is a tribute to our passion for the sea, seafood and coastal life.

What are you hoping to add to the CBD's culinary vibe?

Balena Blu does mainly seafood. We do Italian style cooking and want to

transport people to our grandmother's kitchen, complete with our authentic childhood flavours, which inspire every meal.

At the heart of every dish is family and love for what we do. We take pride in using fresh ingredients, and cooking food that's not overly complicated, where you can taste all the flavours. Life itself is already too complicated!

What's your house speciality?

Seafood Extravaganza, with lobster accompanied by a selection of other fish in a light tomato sauce. One of our more popular dishes is the Black Squid-ink Linguine, which is shiny, smooth and tasty.

Cnr Bree and Waterkant sts
www.balenablu.com

For more Central City news and views, subscribe to the CCID's e-Newsletter. Go to www.capetownccid.org and enter your email address at the bottom of the homepage.

PLAY

► Church

This unconventional gallery space, adorned with a golden exterior, displays multi-media artworks aimed at sparking conversations about art, life and politics.

58 Church St
www.churchprojects.co.za

EAT

► Cool Bananas

Cool Bananas is the home of affordable and healthy breakfasts and lunches. Food options include smoothies, raw juices, coffee, sandwiches, burgers, wraps and salads.

58 Strand St (at the entrance to The Felix, formerly Picbel Parkade)
021 511 8054
www.cool-bananas.co.za

► Seattle Coffee at SALT Food Market

Located inside SALT Food Market at The Box, this Seattle is a welcome addition to the CBD's coffee scene.

9 Lower Burg St
087 094 7795
www.boxwoodproperty.co.za

RECOVERY FROM ADDICTION

Pat Eddy, manager of Social Development at the CCID, says they've found that recovery from addiction is more successful when someone is in a job and has some purpose in life. "They are better able to deal with the discomfort of withdrawals because they are in a supportive environment. Through this process, we want to restore dignity, the belief in self and the ability to change and make a positive difference in one's life and in the community."

Each morning between 09h00 and 09h30, participants do their Covid-19 screenings and map their itinerary for the day. From 09h30 to 12h30, they do physical work, which currently entails cleaning the area around Artscape including the centre grounds and trimming trees. The team is also assisting the City to clean middle islands on the Foreshore. They have a life skills session from 12h30 to 13h30, and the day ends at 15h00, with a meeting to iron out concerns.

While the aim of the project is to enable the homeless to move off the streets, its success lies in partnerships, shared resources and involving the wider community to become a part of the solution.



PROJECT PARTICIPANTS

NEW WORK PROJECT FOR HOMELESS

A project to uplift vulnerable individuals with substance and mental health issues living on the streets is proving that partnerships can be powerful and that, with a holistic approach, homeless individuals can change their lives.

The six-month initiative started in January 2022 and involves 16 chronic homeless people who

are receiving work opportunities, stipends, counselling, life skills, mental wellness as well as health services and substance-use treatments through partner NGOs and existing programmes. It's come about through a City of Cape Town project, funded by National Treasury, and administered by Khulisa Social Solutions, a partner NGO of the Cape Town Central City Improvement District (CCID).

The project is the first of its kind for the CCID's social and field workers who manage these participants daily at a Foreshore site approved for use by the Artscape Theatre Centre.

The team works from a kitted-out container donated by integrated logistics company, Maersk. They also have the support of a supervisor who does administrative tasks.

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR SAFETY & SECURITY



082 415 7127
(Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE

107 / 021 480 7700
(24 hours)

107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
(24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES

- Refuse collection, water issues, street lights and electricity faults
0860 103 089
- Traffic signal faults
0860 001 948
- Prepaid electricity meters
0800 220 440
- Cable theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

INNOVATIVE ENTREPRENEURS



Every morning, Pogo trots alongside Michael Chandler from their City Bowl home to their shop in Church Street. The miniature Schnauzer bounces into Chandler House happily, greets everyone, and then makes himself comfortable by the counter, wagging his luscious eyebrows as he keeps an eye on business.

Pogo is the ultimate poster boy for the modern Cape Town city dog. He came to live in the CBD just after the first lockdown, when Michael was marooned in his Bree Street flat, and provided his owner with the joy and distraction so many people craved during the worst of 2020. Now, although Michael has moved to the Bo-Kaap, Pogo is pure city dog, accompanying his owner everywhere, from home to work, and all the stops in between.

PETS ARE FAMILY

Cape Town's CBD, meanwhile, has proven itself to be a poster city for the modern dog. Dog ownership increased all over the world during the pandemic, and Cape Town was no exception.

The owners of dog-friendly restaurants in the city centre report an increase in furry-customer numbers, with some of them now offering menu items for dogs.

Debbie Wynne, owner of Café Frank in Bree Street – which provides water bowls and homemade



MICHAEL CHANDLER AND POGO



JUDI FOURIE FROM PILCROW & CLEAVER



DEBBIE WYNNE FROM CAFÉ FRANK



SUPERWOOF DOG HOTEL & DAYCARE

dog biscuits, shade in the heat and blankets in the cold – says the decision to make her restaurant dog friendly was because she loves dogs “and there are plenty others like me who want their dogs to go everywhere with them”.

Judi Fourie, owner of Pilcrow & Cleaver on Parliament Street, says she's been pet friendly “since day one” because “a pet is part of the family”. She says some people come every weekend with their dogs.

Butter All Day's Aninka van Antwerpen agrees: “Pets are family. It's as simple as that. We love our doggo customers and they love us.”

PET-CENTRED CITY

Michael believes that Cape Town has always been a pet-centred city, but it has become even more welcoming in the past two years. “I think people are gentler now, and sympathetic to others' needs and feelings.”

Nura Suleiman's life has been very city focused, living on the corner of Adderley and Darling streets, and working in Spin Street. “It's a very pedestrian life, and I've definitely seen an increase in dogs in town.”

Pepper is a high-energy ten-month-old mixed breed who gets walked mornings and evenings, and Nura says she's felt blessed to have a dog in

“Pets are family. It’s as simple as that. We love our doggo customers and they love us.”
– Aninka van Antwerpen



PET PEEVES

Follow these dog etiquette rules when out and about:

- 1 Have a bag on hand to pick up the poo, then deposit it in the nearest bin.
- 2 Keep your dog on a leash, except in special free-run dog parks.
- 3 Even if your dog is friendly, be aware that canines might cause people and other dogs anxiety, so don’t allow your pet to jump up or bound over to others.
- 4 Don’t bring unsocialised pups into busy settings where you can’t control their environment.



FLUFF-FRIENDLY VENUES

- Between Us**
176 Bree St | 079 729 5316
www.betweenus.capetown
- Burger & Lobster**
105 Bree St | 021 422 4297
www.burgerandlobster.co.za
- Butter All Day**
70 Loop St | 082 853 1939
www.butterallday.com
- Clarke’s Bar & Dining Room**
133 Bree St | 087 470 0165
www.clarkesdining.co.za
- Fideli’s**
3.2 Piazza, Parliament St | 064 301 6328
www.fidelis.capetown
- Mozart on Church**
37 Church St | 021 422 1765
www.mozartonchurch.com
- Roamwork (Coworking office space)**
50 Harrington St (The Harrington)
021 300 6677 | www.roam.work
- Seed & Circus**
7 Constitution St | 063 776 8662
Instagram: @seedandcircus
- Stellski Coffee Bar (named after the owner’s Staffordshire Bull Terrier, Stella)**
59 Loop St | 072 135 2677 | www.stellski.com
- The Company’s Garden Restaurant**
15 Queen Victoria St | 021 423 2919
www.thecompanysgarden.com
- The Royal Oyster Bar**
17 Bree St | 071 490 2834
www.the-royal-oyster.com
- Villa 47 (Deck area)**
47 Bree St | 021 418 2740 | www.villa47.co.za

DOGGIE DAYCARE CENTRES

It’s a dog’s life at a luxury pet hotel. The old-style kennel has made way for doggie daycare centres that provide ultimate comfort, care, and convenience for pampered pets. There are none in the CCID’s footprint in the CBD as yet, but on its fringe, you will find the best of the best:

- Bow-Wow Pets
- Superwoof Dog Hotel & Daycare
- Mary Puppins
- Proud Hounds Doggie Daycare
- Waggy Tail Dog Daycare
- @frits Pet Hotel & Daycare Centre



PILCROW & CLEAVER



LUCKY & LOU

MARVELLOUS MUTT MENUS

Pilcrow & Cleaver

A doggie menu is available daily, comprising steak with potato wedges, chicken chipolatas with carrots, tuna squares on brown rice and “nice” cream (frozen yoghurt with peanut butter and banana). The doggie meals are served in Soenchie bowls made by a local ceramist.

3.2 Piazza, Parliament St | 072 897 3213
www.fidelis.capetown

Café Frank

Café Frank’s menu includes bone broth and gluten-free peanut butter biscuits (starters), free-range chicken, liver, and sweet potato potjie (main course) and Kefir berry ice pops (dessert). The restaurant has freshly made food available for takeaway and sit-down service with dogs on Fridays while biscuits, which consist of free-range bone broth and three types of gluten-free flour, peanut butter and flaxseeds, are always available.

160 Bree St | 062 667 4633/
021 423 0360
www.cafefrank.com



PILCROW & CLEAVER

the city. “I’ve met so many great people. We go to a lot of restaurants and with the parks all around, and the mountain, I’d say it’s a 10 out of 10 for having a dog in town.”

Michael agrees. When a business provides a water bowl for your dog without you asking, you feel a connection. Clarke’s Bar & Dining Room and Between Us, both in Bree Street, are two of his favourite haunts because of their hospitality towards Pogo. And the Company’s Garden is “a great place to take a pooch for a scooch”.

CCID CEO Tasso Evangelinos says the move to a pet friendly city centre has proved that CBD retailers are increasingly agile and able to “move with the times” in order to thrive.

BOOMING PET ECONOMY

When the pandemic struck, Flux Trends reported the global pet economy blossomed, with premium food, luxury services, state-of-the-art healthcare and insurance the order of the day, driven by the “humanisation of pets”.

Pets are seen as substitute children by millennials, empty nesters, single professionals and couples who delay having children. “These fur babies transition from pets to companions who provide emotional support and are regarded as members of the family ... creating the opportunity for tremendous business opportunities.”



CAFÉ FRANK

Take Louise Park Ross, owner of a “very old little lady” called Lucky.* The Cape Town creative started a business called Lucky and Lou, which specialises in chic dog jerseys. Lucky goes everywhere with Louise, in winter sporting a sweet little warmer. Louise agrees that the global pet craze has turned the CBD into a pup-friendly spot.

EXPENSIVE COMPANIONS

Owners who see pets as “substitute children” are prepared to fork out for the best nutrition, luxury services (like grooming, doggy day care and pet hotels) and health insurance.

Since opening its doors in 2015, @frits Dog Hotel & Daycare Centre in the Bo-Kaap has cared for more than 300 000 dogs. While business slowed at the onset of the pandemic, dogs are “back at school” and the hotel, which has dog dormitories and dogsitters, is as busy as ever over weekends.

A 2021 Mediamarket survey showed around half of pet owners spent between R100 and R500 a month on pet accessories.

Flux Trends says there has always been a segment in society in every culture willing to overspend on their pets. The owners who live or visit the enticing Cape Town city centre are proving this to be true, and in downtown Cape Town, every doggie is certainly having its day.

* Sadly, Lucky passed away as we went to print.

URBAN PLACEMAKING



HEERENGRACHT

COLOURFUL TREES SPARK JOY

Hundreds of trees in downtown Cape Town, wrapped in colourful cloth, have become the talk of the town thanks to a mood-enhancing project signalling the CBD is back in business.

They're painting a pretty picture, creating pops of bright colour amidst grass-green foliage from one side of town to the other and uplifting the mood in downtown Cape Town. They're the 730 Cape ash and fever trees, essential props in the Cape Town Central City Improvement District's (CCID) Rainbow Tree Project that have been wrapped in more than 3 000 metres of fabric to create a smorgasbord of colour.

The trees are visible on the Foreshore at the lower end of Heerengracht, and in Christiaan Barnard Street and Hertzog Boulevard. Trees have also been adorned with fabric in the CCID's three other precincts, including high-pedestrian areas such as St Georges Mall, and Bree and Waterkant streets. Trees in public spaces where people gather at lunchtime, such as Thibault Square, Pier Place and North Wharf, are also awash with vibrant colour.

DIVERSE RAINBOW NATION

CCID Urban Management manager Kally Benito says they've been wrapped in green, yellow, red, orange and turquoise fabric as the colours "represent our diverse nation, hence the name Rainbow Project".

CCID CEO Tasso Evangelinos says the company – which is tasked with improving the urban environment in downtown Cape Town – embarked on the project to enliven public spaces in town for the common good.

He says, "This is an expansion of our successful 2020/21 'Come Back To Town' campaign with the view of creating a positive vibe in the CBD so that visitors and office workers can once again enjoy the space. We invite people to have a picnic lunch or enjoy their takeaway latte under the trees to inject some positivity in their day."



HERTZOG BOULEVARD



THIBAUT SQUARE

INVIGORATE THE CBD ECONOMY

The wider aim is to continue to invigorate the inner-city economy, which suffered greatly during the darker days of the pandemic. "By wrapping trees, we are creating a joyful mood in the CBD, and it is working ... we have had a very positive response from members of the public," he says.

Benito says the project has almost doubled in size since it began in mid-January due to the public's reaction. "Initially, we were only going to cover 300 trees, but everyone loves the result and we have had requests from businesses to wrap trees in their areas, so much so that we eventually ran out of fabric!" The CCID is also running a competition on social media, inviting Capetonians to submit selfies of themselves enjoying the trees using #CCIDRainbowTrees. A weekly winner will be chosen, and stands to win a retail voucher to be spent in town.

INNOVATIVE ENTREPRENEURS



LOVE IS IN THE AIR

From low-lit haunts for starry-eyed lovers to swanky fine-dining delights for unforgettable nights, here’s the ultimate Cape Town CBD date-night restaurant guide.

SUPER HEAVENLY

HEMELHUIJS

A small oasis in the heart of the Central City, Hemelhuijs is an ideal escape from life’s hustle and bustle. Indulge in its freshly made jewel-coloured juices, creative cocktails or custom-blended coffee and order from the all-day menu. Heavenly smells and tastes await; the carefully sourced ingredients by Jacques Erasmus and his team escalate the comforting flavours of childhood memories with care and flair.

Site: www.hemelhuijs.co.za
Location: 71 Waterkant St
Phone: 021 418 2042

SUPER FANCY

FYN

Treat your BAE to the FYNer things in life, with this “neoteric Japanese African” fusion of flavours. Located in Parliament Street, FYN crosses boundaries to bring delighted diners stunning plates of contemporary cuisine. From burnt mushroom milk buns and summer somen (noodles) to Robata-grilled Kalahari beef and pumpkin pie nougat with yuzu marshmallow, guests are taken on an unforgettable journey.

Site: www.fynrestaurant.com
Location: 5th Floor, Speakers Corner, 37 Parliament St | Phone: 021 286 2736



GRUB & VINE

SUPER NICE

GRUB & VINE

Those looking to blend the blues with good wine and great food should make a beeline for Matt Manning’s The Blue Room at Grub & Vine in Bree Street. Serving up soulful sounds with live music, this humble hot spot keeps it simple. Think tapas and bespoke cocktails.

Site: www.grubandvine.co.za
Location: 103 Bree St | Phone: 087 153 5244

SUPER SEXY

THE ROYAL OYSTER BAR

This glamorous new Bree Street eatery is for those seeking to keep it sexy. The philosophy is that simple things don’t need to be complicated. This is done by presenting what nature has to offer in a food menu that includes breakfast, lunch, dinner and, of course, oysters. Delicious dishes are paired with the finest wines around for a joyous experience.

Site: www.the-royal-oyster.com
Location: 17 Bree St | Phone: 071 490 2834



THE ROYAL OYSTER BAR

SUPER COOL

TJING TJING MOMIJI

A tranquil and understated space celebrating Japanese cuisine, Momiji is Tjing Tjing House’s award-winning fine-dining restaurant. Here the outstanding set menu fuses Japanese flavours with local ingredients. Recently reopened, the eatery’s décor delights the eye and transports guests straight to Tokyo; the idea is that food should be fun, beautiful and tell a story. This season, Momiji offers an informal and concise dining experience. The set menu costs R425 per person or R750 per person inclusive of a drinks pairing. Momiji trades from Friday to Saturday. Booking is essential.

Site: www.tjingtjing.co.za/momiji-2
Location: 165 Longmarket St
Phone: 021 422 4374 / 422 4920

SUPER CONTEMPORARY

THE ROCKEFELLER

Newly opened in Cape Town’s financial district on the Foreshore, The Rockefeller is the CBD’s hottest new aparthotel. A plush oasis impeccably appointed with lavish décor, it offers a stately refuge from the inner-city bustle. Fast becoming a foodie hotspot, the hotel boasts spectacular sushi and contemporary dining options stemming from a food portfolio that includes Grand Pavilion, Sevruga, Cowboys & Cooks and Fancy Franks.

Site: www.therockefeller.co.za
Location: 12 Christiaan Barnard St
Phone: 021 819 2000



FYN

SUPER VIBE

VILLA 47

Villa 47 has it all, from Locanda, the kind of relaxed Italian bistro that would get you singing like Meryl Streep, to Martini Terrazzo, a garden-style courtyard boasting a versatile lounge and bar. For sublime speciality dishes look no further than Locanda’s lasagne. If you enjoy sharing style plates, Martini’s salt and pepper calamari with yuzu mayo, and pommes frites with parmesan truffle cream will leave you in the throes of ecstasy.

Site: www.villa47.co.za | Location: 47 Bree St
Phone: 021 741 0250



THE ROCKEFELLER

EVENTS

WHAT'S ON IN THE CENTRAL CITY

The buzz is back! Popular events and new experiences are back in business and town's the place to be. Here is a list of what's on.

For more event info, visit *City Views* on Facebook at www.facebook.com/CityViewsCapeTown.

THE PLANT POWERED SHOW

27 – 29 May 2022

The Plant Powered Show is finally happening this year after Covid-19 put a stop to it in 2020. The hybrid event allows you to learn about veganism and plant-based food, online and in person. The show will feature live cooking demos, talks by health and wellness experts, live entertainment and latest products and launches.

Where: CTICC, 1 Lower Long St

When: Various times (see website)

Cost: R250 in person and R120 for online event

www.plantpoweredshow.com

SWAN LAKE (ST PETERSBURG BALLET THEATRE)

7 – 17 July 2022

It's on! Swan Lake will be performed by the renowned St Petersburg Ballet Theatre, which has rescheduled its cancelled 2020 tour, in July. Performances will be accompanied by the Cape Town Philharmonic Orchestra. Reduced rates for tickets available for mid-week and Sunday evening performances.

Where: Artscape Theatre Centre, DF Malan St

When: Various times (see website)

Cost: R250 – R690

www.artscape.co.za

ABSA RUN YOUR CITY CAPE TOWN 10K

15 May 2022

The Absa RUN YOUR CITY CAPE TOWN 10K celebrates Cape Town's culture and its people. It's perfect for novices and experienced runners as it's a flat scenic route. On the day, participants run from Woodbridge Island in Milnerton to Lower Long St. Free transport is provided to the start and finishing points.

Where: Woodbridge Island in Milnerton to Lower Long St

When: 09h00

Cost: R235 – R 900

www.capetown10k.com

VINE NIGHT

Wednesdays

You don't have to venture into the winelands to discover great wines. Vine Night brings top winemakers to the heart of the city centre each week. At these complimentary wine tastings, limited to 24 people per night, the hosting winemaker brings their favourite wines for people to enjoy while sharing great pointers.

Where: Culture Wine Bar, 103 Bree St

When: 18h00 – 20h00 (Wednesdays)

Cost: Free

www.culturewinebar.com

MEN AFFIRMING DIGNITY

Now on till 31 March 2025

Affirming the dignity and humanity of coloured men from the Cape Flats is the focus of this moving exhibition. Participants take viewers through their histories of dislocation, oppression, survival and how these have shaped their relationships and fatherhood.

Where: Iziko Slave Lodge, Cnr Adderley & Dale Sts

When: 09h00 – 17h00 (Monday – Saturday)

Cost: R15 – R30

www.iziko.org.za

AVA'S SATELLITE EXHIBITIONS

Ongoing

The Association for Visual Arts Gallery (AVA) has a satellite exhibition in the foyer of the Daddy Long Legs Hotel, featuring photographs by Billy Monk, Daleen Nel Hall and Luxolo Witvoet. The other one is in the lobby of Wale Street Chambers, with works by Bruce Bowale, Philippa Allen and King Debs on display.

Where: Daddy Long Legs Hotel, 134 Long St & Wale Street Chambers, 33 Wale St

When: Open 24/7

Cost: Free

www.ava.co.za



SONGWRITER'S SHOWCASE

Tuesdays

Calling all musicians and comedians. On Tuesdays, the floor is all yours at The House Of Machines. The venue has a partnership with Super Bock, allowing entertainers to show their talents for free and impress audiences on the night. Performers sign up at the venue from 20h00.

Where: The House Of Machines

Cape Town, 84 Shortmarket St

When: 20h00

Cost: Free

www.thehouseofmachines.com

SISONKE GALLERY AT HERITAGE SQUARE

Ongoing

This hidden gem inside the historic Cape Heritage Hotel aims to uplift and promote young and emerging artists. New work is introduced on First Thursdays to art lovers who also get to enjoy food and drinks from various venues in the vicinity such as Mazza, Caffè Milano, Penny Noire Wine Bar, The Drinkery and La Cantina.

Where: Cape Heritage Hotel, 100 Bree St

When: Open 24/7

Cost: Free

Instagram: @sisonke.gallery



DECOREX

16 – 19 June 2022

Decorex returns to the Cape Town CBD under the theme "Reimagined" which is in the spirit of change happening across Africa in the interior, design and lifestyle industries. In addition to the latest décor trends and design industry insights, designers will share ways we can "reimagine".

Where: CTICC, 1 Lower Long St

When: TBA

Cost: TBA

www.decorex.co.za

THEFOURTH ARTIST RESIDENCY

Ongoing

THEFOURTH has a rolling four-week Artist Residency Programme for experienced and new artists to either advance their practice or launch their careers. The artist gets free accommodation and freedom to "deepen their artistic oeuvre" in a private studio in the CBD and exhibit their artworks in a group show or solo exhibition.

Where: THEFOURTH, 28 St Georges Mall (4th Floor, Exchange Building)

Cost: Free

www.thefourth.co.za



Hope
For the homeless

Make a donation, give the gift of hope

YOU CAN GIVE IN ONE OF THE FOLLOWING WAYS:

SNAPSCAN
You can download the free SnapScan app onto your smartphone and SCAN the code (right) to donate the amount of your choice via your phone.



PAYPAL
Use the link below to make a donation via PayPal: <https://paypal.me/CCIDShowYouCare>.

SMS "GIVE" TO 38088
to donate R10 towards the CCID's NGO partners.

VISIT OUR WEBSITE
for more information on the campaign, our NGO partners and other ways in which you can assist. www.showyoucare.co.za

Remember to help the NGOs that help the homeless and give where it will make a DIFFERENCE.*

* The Cape Town Central City Improvement District works closely with the following NGO partners in the Cape Town CBD:

The Hope Exchange
Vocational training and rehabilitation services for adults

Khulisa Social Solutions
Work-based rehabilitation for the chronic homeless

Straatwerk
Job rehabilitation projects for street people

The Homestead
Residential care and family integration for boys

Ons Plek
Residential care and reunification processes for girls

Youth Solutions Africa
Shelter and skills training programmes for adults