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CCID launches Hope for the Homeless campaign

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CBD residential survey: Why people live in town

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A new breed of CBD barbershop

CityViews

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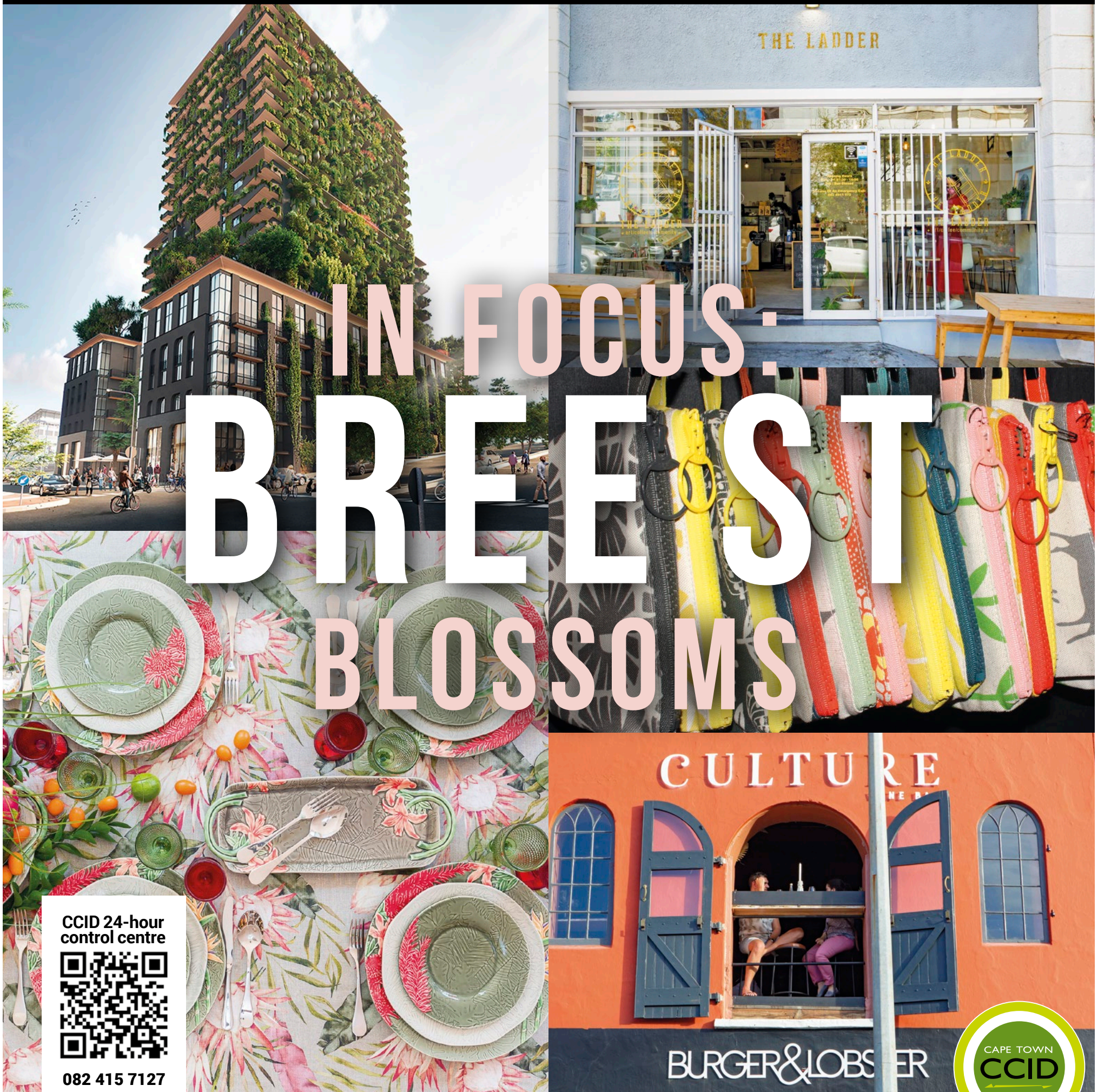
CityViewsCapeTown

CapeTownCCID

YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Spring 2021



IN FOCUS: BREEZST BLOSSOMS

CCID 24-hour control centre



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SAFE, CLEAN, CARING AND OPEN FOR BUSINESS



TALK OF THE TOWN

CityViews

IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT COMPANY. IT IS THE CCID'S VISION TO ENSURE THAT THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.

www.facebook.com/CityViewsCapeTown

PUBLISHED BY

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HOPE AND RENEWAL

TASSO EVANGELINOS
CEO OF THE CCID

It's the time of year to ring in the new, and we'll take it with open arms. While it's not the start of a new year, it's the start of a new season and we are feeling positive that it will signal renewal and hope. As we were going to print, South Africa moved from Alert Level 2 lockdown to Alert Level 1, and we were officially removed from the UK's red list. We are therefore extremely confident that the easing of these restrictions will bode well for the economy of the Western Cape, the city and the CBD.

With summer and the Festive Season approaching, it's important to get our Covid-19 vaccination numbers up, not only in our province but in our country, so that we once again become the go-to summer holiday destination for local and overseas tourists. To date, the CTICC Vaccination Centre of Hope has vaccinated over 112 000 people. Keep coming in: this mass vaccination centre is one of the best in the city.

Living (and living it up!) in town right now is as fashionable as ever, even though reports show that the rise of Work from Home has led to a migration to the suburbs, and even the rural countryside. While this might suit some people, there's a lot to be said for vibrant downtown living. In this issue (page 6), we reveal the results of our annual dipstick residential survey on why people choose town as their 'hood, and what living in South Africa's most successful CBD was like last year, especially as Covid-19 began.

If you're looking to buy a residential property in town, the time is now. In this issue we highlight one of the CBD's great success stories – Bree St (pages 4 and 5) – and the business owners who are ensuring it remains successful. With its unique commerce, retail and entertainment offering, Bree St also has four residential buildings comprising 662 residential

WE WANT TO HEAR FROM YOU!
Share your feedback by emailing simangele@capetownccid.org

units, including 16 on Bree (valued at R860 million and completed in 2020). The developments everyone is talking about are The Barracks, under construction in Lower Bree St and expected to add 64 units to the residential pool (see our report in *City Views* Winter 2021) and The Fynbos, Africa's first biophilic building currently in the planning phase.

If you haven't been into town recently, I urge you to return and see what we have to offer. You'll be thrilled.

SUPPORT THE HOPE FOR THE HOMELESS CAMPAIGN

NGOs that work with street people in town are stretched "incredibly thin" in the wake of the Covid-19 third wave and need your help.

CCID Social Development manager Pat Eddy says due to an increase in the number of positive Covid-19 cases among the homeless with this wave, the NGOs who work with street people have been put under a lot of pressure. "Their expenses went up exponentially as they attempted to implement all the necessary protocols and cope with increased demand for their services," Eddy says.

To assist its six main partner NGOs, the CCID recently launched its annual Show You Care initiative – Hope for the Homeless – which aims to raise over R100 000 to support the CBD's most vulnerable.

The campaign, now in its 13th year, asks the public to make a financial donation as every amount – big or small – has the potential to change people's lives. The six NGOs are Straatwerk, The Hope Exchange, Ons Plek, The Homestead, Youth Solutions Africa and Khulisa Social Solutions' Streetscapes programme.

Each one plays a pivotal role in uplifting the homeless, improving their circumstances and helping them to move off the streets.

Says CCID CEO Tasso Evangelinos: "At the CCID we assist our NGO partners with a range of interventions. But the pandemic has placed a huge strain on their resources, and there is a real need for public and private stakeholders to work together to find practical solutions to the problems."

Donation details to the campaign can be found on the back page.



THE CCID AT WORK FROM MAY 2021 TO JULY 2021

SAFETY & SECURITY



Made **39** arrests with City Law Enforcement

City Law Enforcement issued **2 425** fines for traffic & bylaw violations in April

Responded to **34** alarm activations and secured **11** premises

Traffic wardens issued **2 242** fines to a total of **R1 158 600**

Addressed **16** incidents of illegal dumping

Conducted **18 497** crime prevention initiatives

Rendered public & vehicle assistance **124** times

Conducted **15 733** interventions to do with aggressive begging

Dealt with **16** illegal trading offences

Responded to **27** medical & rescue callouts

SOCIAL DEVELOPMENT



Interacted with **190** people living on the streets

Referred **15** people to NGOs for general services

Conducted **1** intervention with a child and assisted **6** mothers with babies

Referred **17** clients to TB HIV Care, Straatwerk and Streetscapes

Received donations from **Mount Nelson, A Belmond Hotel, The Square, Investec, Southern Sun The Cullinan and Clarke's Bar & Dining Room**

Placed **42** adults in shelters in the CBD

Assisted **11** adults to get back home

Assisted **15** people with identity documents

Assisted **18** adults to healthcare facilities

URBAN MANAGEMENT



Cleaned **2 873** municipal drains

Removed **368** incidents of graffiti

Maintained **350** tree wells

Removed **150 kg** of butts from ciggie bins

Cleaned **164** storm water drains and removed **3 703 kg** of waste

Painted **28** road markings, **28** post boxes & **854** blue infrastructure items & street furniture

Planted **18** New Cape Ash trees & **40** spekboom plants

Removed **123** illegal posters

Undertook **228** road maintenance repairs

Removed **208** strings & stickers

Removed **283 tonnes** of litter and waste

COMMUNICATIONS



Generated **86** media clips to an advertising value equivalent (AVE) of **R2 777 041** reaching an audience of **86 015 430**

Boosted **1** Facebook post which reached **14 300** people

Wrote **342** Facebook posts on the CCID's **3** Facebook pages

Produced **2** e-Newsletters which reached a total of **10 300** subscribers

Wrote, produced and distributed the winter 2021 edition of *City Views*

Wrote and produced the annual flagship economic report, *State of Cape Town Central City Report 2020 – A year in review (Covid edition)*

STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new businesses all the best in the Central City.



ANINKE VAN ANTWERPEN

Q&A WITH ANINKE VAN ANTWERPEN, CO-OWNER OF BUTTER ALL DAY

Tell us more about Butter All Day?

We are an all-day eatery and bistro bar offering great brunches and lunches, cocktails and wines.

Whether you stay for one coffee or a day of work, there'll always be a happy tune in the background and friendly faces to greet you. Oh, and we are dog friendly!

Which treats do you recommend?

Buttery Flapjacks or the Buttermilk Blues if you feel like something sweet. It's pure nostalgia on your plate. If you're feeling a bit spicy, we've been told we've got the hottest buns in town and by that we mean our Hot Bun. It's crispy fried buttermilk chicken paired with

the best hot sauce aioli, pickled jalapeños, and crunchy tangy slaw on our warm homemade bun. Although we love everything butter, we still offer vegan options.

What do you make of your location?

We love it! Loop Street is very underrated but it's definitely developing a distinct personality and is turning into a vibey spot.

70 Loop St
www.butterallday.com



► Nish Nush SA

Nish Nush prides itself on being "the home of Cape Town's best falafel". The Middle Eastern hole-in-the-wall eatery (which closes at 20h30) also has shawarmas and gets our vote for lunch and supper on-the-go.

110 Bree St
061 543 1120
www.facebook.com/nishnushsa

► A Gallery You Can Eat At

This unique gallery is about community, expression and art. The venue exhibits art but also serves speciality coffee, all-day breakfasts and sandwiches.

6 Riebeeck St
Instagram: @not_a_gallery

► The Shed

The Shed, just off Long St, specialises in Neapolitan pizzas and burgers and is regarded as one of the CBD's coolest venues.

3 Vredenburg Lane
072 757 2972
www.theshedcpt.co.za

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR SAFETY & SECURITY



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(Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE

107 / 021 480 7700
(24 hours)

107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
(24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES

- Refuse collection, water issues, street lights and electricity faults
0860 103 089
- Traffic signal faults
0860 001 948
- Prepaid electricity meters
0800 220 440
- Cable theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

GREEN LAUNDRY SUPPORTS THE HOMELESS

Clever ideas are often the simplest ones, too. Take the LaundReCycle initiative by NGO Khulisa Social Solutions, for example, which is designed to give the homeless more than a helping hand.

People often want to support initiatives that help the homeless live a better life. But where to start? Enter the LaundReCycle, an off-the-grid eco-laundromat in the Roeland St Garden of the CCID's partner NGO, Khulisa Social Solutions. The project, which was launched in January 2021, is one of Khulisa's Streetscapes work rehabilitation programmes and has been designed to empower street people.

But the NGO can't go it alone and needs the support of the public and Central City retailers to help ensure the initiative has staying power and succeeds. "Members of the public and businesses can sponsor the homeless by buying a R50 voucher, which gives someone access to the laundry to wash

their clothes and use the ablution facilities. The public can also support Streetscapes by buying vegetables from our garden," says Streetscapes's Johann du Bois.

The solar-powered laundry uses eco-friendly detergent and treated greywater from the Streetscapes shower that is redirected to the laundromat where it is cleansed using biotechnology before it goes into the laundry washing cycle.

"The facility is open to everyone and the money we make goes to help fund psychosocial services, housing support and job opportunities for our beneficiaries and to keeping this garden going. We've been marketing the LaundReCycle to restaurants and backpackers but want to open it up as our main aim is to serve the community that is homeless."

To donate or assist, email info@khulisa.org.za or find more details here: <https://www.khulisa.org.za/streetscapes/>



JOHANN DU BOIS

INNOVATIVE ENTREPRENEURS



The pandemic hasn't robbed Bree Street of its mojo. Far from it. The jewel in the CBD's crown is still hot-and-happening thanks to innovative entrepreneurs.

It's the beating heart of the Cape Town CBD, still standing after having endured over 18 months of South Africa's draconian lockdown. Sure, the curfews, alcohol bans and exodus of office workers from the once-bustling CBD have taken their toll. But Bree St is still brimming with life, its tenacious and talented business owners, entrepreneurs and property developers pulling out all the stops to survive through foresight, grit, determination, agility and hard work.

NO GHOST TOWN

While recent reports have suggested it's been reduced to a ghost town, they're exaggerated. Currently there are only 12 vacant shops out of 90 retail and entertainment entities. Some of these have closed their doors for good or relocated due to impossibly high rentals and the economic downturn brought on by Covid-19. They include stalwart destination establishments such as La Tête, Jason Bakery, Kirsten Goss, Missibaba and Folk Coffee Anthropology. But all is not lost. Bree St is still home to about 91 businesses including 15 architect, engineering and energy firms, 21 accounting, insurance and financial services companies, 11 property and real estate firms and nine corporate head offices.



HEATHER MOORE

FIGHT THE GOOD FIGHT

Heather Moore, owner of iconic Skinny laMinx, cites the resilience of entrepreneurs, especially those who own independent, characterful stores. "These businesses add charm not only to Bree St but to town itself and are destination establishments that play an important role in the CBD economy."

Skinny laMinx is one of them. Heather and her crew have been based in Bree St for 10 years. It's been an amazing ride, but operating in a pandemic has been testing. Problems with her online store and having to retrench staff were only two of the challenges. "But we pulled through: customers were very supportive and when the lockdowns started to ease, they came back in to place their orders."

Moore says Bree St business owners survived by reaching out to each other. "There has been a lot of generous sharing of information."

BREE ST TRIBE

She is only one of an enterprising tribe of Bree St entrepreneurs who have shown their mettle. Take respected chef Matt Manning, owner of fine dining destination Grub & Vine, who has

consistently adapted and added to his offering to survive the pandemic. From starting Culture Wine Bar to launching a Wine Library, he has soldiered on with success.

Café Frank owner Debbie Wynne, who recently celebrated 12 years in Bree St, also didn't rest on her laurels. She had a parklet erected to extend her outdoor area and reached out to dog owners by making her establishment pooch friendly. Other female entrepreneurs who have gone the extra mile are Clay Café in the City owner Jade Saunders and Between Us eatery co-owners, Jamie and Jesse Friedberg.

STATUS QUO

Designer duo of fashion house Klük CGDT, Malcolm Klük and Christiaan Gabriel du Toit, were able to pivot quickly as a small business to adapt to the status quo. "We can read a situation, make quick creative decisions and thereby set ourselves apart," Klük explains. Then there's husband-and-wife team, Alexandra Höjer and Barry Armitage, of clothing design store Alexandra Höjer Atelier. And entrepreneur Ofer Hollinger, whose hole-in-the-wall street-food hatch, Nish Nush, has fast developed a cult following for its delicious falafels and shawarmas.



THE FYNBOS

LIVING THE LIFE

Little wonder then that Bree St is also a prime residential location. With the completion of the soaring development 16 on Bree in 2020 – valued at R860 million – the Foreshore gained 392 units of prime residential real estate.

Following hot on its heels is the R150-million landmark heritage development, The Barracks, which is currently under construction after a decade of planning. Situated on the corner of Bree and Strand sts, the development (which is also home to Bree St retailer Mike’s Sports) will add a striking new dimension to the residential and retail offering of the area.

The sleek residential complex will have 64 micro-apartments, an exclusive rooftop wellness centre as well as myriad upmarket restaurants. Already open is MiCaffè Milano, a chic cosmopolitan coffee shop with a nod

to Milan’s coffee culture. The addition of The Barracks to the Bree Street residential pool will bring the number of units to 726.

PLANT-BASED LIVING

Then there’s The Fynbos, the brand-new kid on the block which will have 689 apartments. Still in the planning phase, Africa’s first biophilic building, which will have 1 200 m² of vertical gardens, will rejuvenate the bland hub of Upper Bree St and turn it into a sought-after location, promoting plant-based living.

Business investment in the street, spear-headed by the R1.3 billion City Park development, is heartening. Renewal is constant. As we went to print, La Tête’s venue in Lower Bree St had just been taken over by a glamorous eatery, The Royal Oyster Bar. So, here’s to the band on Bree, who continue to make it happen.



NISH NUSH

BREE ST IN NUMBERS

Here’s a snapshot of the street’s retail scene:

13	RESTAURANTS	6	CLOTHING STORES	3	HEALTH & BEAUTY ENTITIES
7	FURNITURE, DÉCOR & LIGHTING STORES	4	SPORTING EQUIPMENT & CLOTHING STORES	3	GYMS
6	COFFEE SHOPS AND CAFÉS	3	JEWELLERY DESIGN MANUFACTURERS	1	OPTICIAN & EYEWEAR STORE



MICAFFÈ MILANO



BARRY ARMITAGE & ALEXANDRA HÖJER



CULTURE WINE BAR

BEST OF BREE: OUR PICK OF THE CROP

EATERIES

Between Us
Burger & Lobster
Café Frank
Clarke’s Bar & Dining Room
Grub & Vine
I Love the Dough
Nish Nush
SeaBreeze Fish & Shell
The General Store
The Ladder
The Station on Bree
Villa 47
VIXI Social House

COFFEE SHOPS

MiCaffè Milano
Rosetta Roastery

COCKTAIL BARS

Culture Wine Bar
Fable

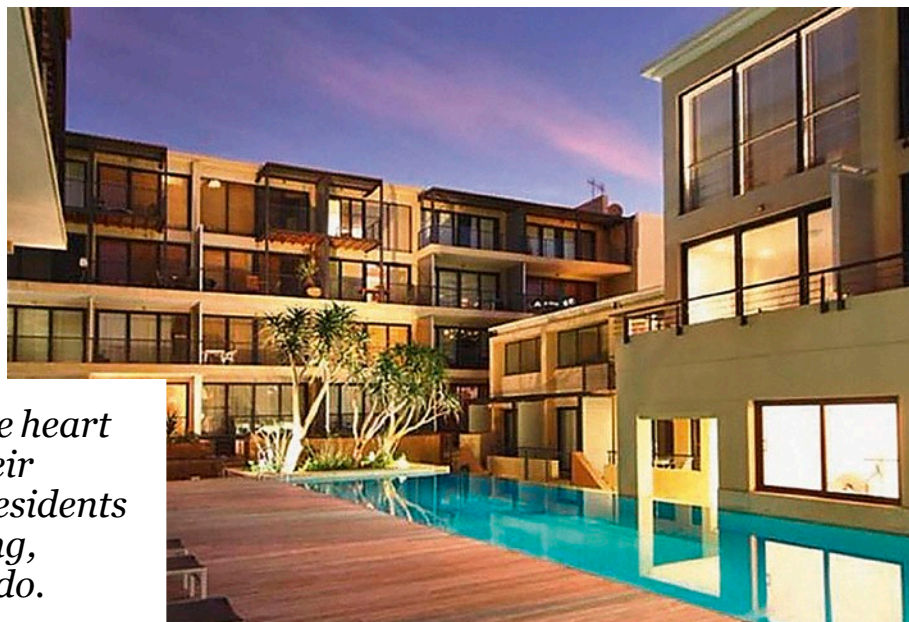
SPECIALTY STORES

Alexandra Höjer Atelier
Billy’s Barbershop
Bordallo Pinheiro ceramics
Cape Cobra
Clay Café in the City
Dear Rae jewellery
Duck Duck Goose clothing
Flysole Gallery
John Jacob Interiors
KLûK CGDT boutique
Newport Lighting Concepts & Design
Rook Cycles
Skinny laMinx
Youngblood Africa Artist Hub

RESIDENTIAL SURVEY

DOWNTOWN LIVING

Thousands of people live in the heart of the Cape Town CBD. It's their 'hood, and they love it. Here residents tell us what they find appealing, where they go and what they do.



Every year the CCID engages with people who call the CBD home by conducting an annual dipstick survey to gauge the opinions and preferences of Central City residents. In 2020, the survey generated 640 responses, more than a third of them from people who live in the CCID's geographic area. The results have been published in the CCID's economic report, *State of Cape Town Central City Report 2020 – A year in review* (Covid edition).

PROFILE OF RESIDENTS

Nearly 40 % of current residents have lived in the Central City for three years or less, suggesting that new property developments are attracting new residents to town.

About half of them are owner-occupiers (46.6 %), while the other half are tenants (46.1 %).

Owners who rented out their accommodation accounted for just 7.4 % of the respondents. While in 2019, 66.7 % of the own-to-rent

properties were rented out on a short-term basis, in 2020 this had fallen to just 26.7 % as lockdown resulted in fewer foreign and local tourists.

Nearly half (45.6 %) of respondents were South Africans, originally from outside the Western Cape; 33.3 % were Capetonians while 13.3 % were from overseas.

The largest percentage (28.2 %) of respondents were 25-34 years, while a further 23.1 % were middle-aged (35-44 years). Just over 6 % (6.2 %) were retirees.

The majority (74.4 %) of CCID residents did not have children.

OWNER-OCCUPIERS

46.6%



RENT ACCOMMODATION

46.1%



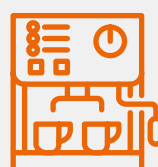
FOOD, GLORIOUS FOOD

Lockdown and the sluggish economy appeared to take a toll, with the percentage of respondents visiting a coffee shop at least once a week declining from 82 % in 2018 to 70 % in 2020. Similarly, the number of people who eat out at least once a week declined from 73 % in 2017 to 53 % in 2020.

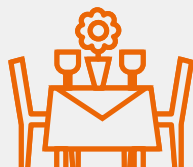
Where do they eat out? Most of them frequent restaurants in the City Bowl (63.2 %) and the CBD (55.7 %) – with the V&A Waterfront a distant third (44.3 %).

Just over 70 % order food online, a small increase from 2019 (66.7 %) given the restrictions of protracted lockdowns.

WEEKLY



70%
VISIT A
COFFEE SHOP



53%
EAT OUT

WHY LIVE IN TOWN?

56.9 % of respondents live in the CBD to be "close to work". More than half of the respondents (54.1 %) live within 1 km of their place of work or study.

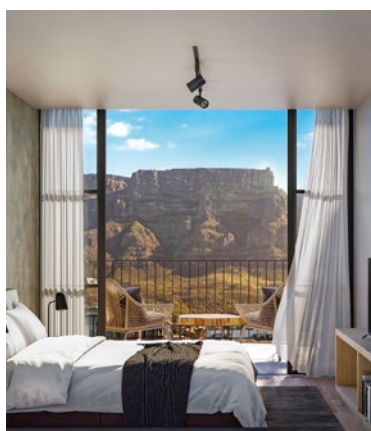
Other key reasons are the "downtown lifestyle" (52.8 %) and access to "great restaurants" (41.5 %).

DOWNTOWN LIFESTYLE

52.8%

54.1%

LIVE WITHIN 1 KM OF WORK



ARE THEY HAPPY?



Yes! Most (69.8 %) residents are "satisfied" or "very happy" with their decision to live in town.

46.2 % feel it is safer to live in the Central City than in the suburbs of Cape Town.

OCCUPATION

Respondents report a wide range of occupations, but the most popular are:

MEDIA AND
MARKETING

12.6%



TOURISM
9.3%

26.2%

SELF-EMPLOYED
AND FREELANCE

FULL-TIME
EMPLOYMENT

58.1%



LIFE UNDER LOCKDOWN

Nearly two thirds (65 %) remained in the Central City during the hard lockdown in March 2020. The vast majority (75 %) felt safe in the CBD during this period. Less than a third (31.1 %) indicated they were not working from home, at least part of the time.

Nearly two thirds (65.5 %) revealed that even if they could continue to work from home, they would still choose to live in the Central City – indicating that the appeal of the Central City lifestyle extends beyond proximity to work.

Encouragingly, 45.6 % will rather go to the shops than order their purchases online.

45.6%



MOST POPULAR ENTERTAINMENT DESTINATIONS:

KLOOF STREET 65.1%

BREE STREET 46.2%

THE EAST CITY 31.4%

MOBILITY

More than a third (35.9 %) of respondents walked to work or their place of study, while another third (33.2 %) got around by car.

35.9%



CENTRAL CITY DEVELOPMENT

THE GREAT BARBERSHOP REVIVAL

Male grooming is on the up. We investigate the trend that’s playing itself out in the Cape Town CBD.

Comfortable chairs, elegant décor, curated playlists, welcome drinks, inviting scents, skilled barbers, and personal greetings. These are the hallmarks of the new breed of Central City barbershop. These are niche grooming spaces where men can walk in and unwind, recharge and re-energise.

It is this attention to detail and “extra-menu items”, like facials and hand, head and shoulder massages, that customers like Luke Krone love and keep coming back for. The Cape Town wedding planner has been a regular at Hermanos in Loop St for the past two years and when he visits, he “feels like family”.

EDGY MEETS ECLECTIC

Men like to spoil themselves and feel good. This has been the experience of Hermanos co-founder, Ilaria Biccari, who opened Hermanos in 2017 with entrepreneur Stephan Geitlinger. She explains: “In a small way, we like to contribute to better mindsets. Stephan says it’s about igniting all five senses.”

It’s all about the experience, says 32-year-old Billy Amara, who owns The Prestige Barbershop on the Foreshore and Billy’s Barbershop in Bree St. His shop is a “mix of old-school with new-school” with massages and peel-off masks to boot.

A blend of “old-school classic cuts with modern discipline” is what is in store for clients at Psycho Barber by Warren Matthee in Shortmarket St. “We offer top-notch men’s grooming in an edgy urban barbershop surrounded by an eclectic mix of taxidermy and vintage finds,” says Matthee.



URS SCHWARZ

“If it ain’t broke, don’t fix it” especially if it has been around for 64 years. Yogis Barbershop at 103 Buitengracht St opened in 1957 and remains “an old-school barbershop that is cash-run, with walk-in service,” says owner Yogesh Govan. “We still have that same look – chequered floors, original Chicago barber chairs, wooden display cabinets, a barber pole and bench outside, and memorabilia on the walls,” says Govan.

Studio One at 76 Long St is another Central City institution which was established 50 years



YOGESH GOVAN

ago on 15 September 1971. Urs Schwarz, the 75-year-old owner and operator, says: “Good fortune has been on my side. I’m still here thanks to my landlord and I thank God for my incredible clients.”

The Swiss entrepreneur, a professionally trained barber and hairdresser, finds it rewarding to be of service while building relationships. He moved to Cape Town when he was 22 after completing his training in Switzerland and has witnessed the evolution of Central City barbershops first-hand. “When I started, there were only three barbershops in Cape Town, then many of the women’s hairdressing salons became unisex. Now the trend is going back to the traditional barbershop. It’s come full-circle.”

SUSTAINING THE TREND

So, what’s driving this new barbershop trend? Social media, for one, where clients are bombarded with images of well-groomed, trend-setting men, from sportsmen to politicians.

“All the amazing cuts and style trends are at your fingertips,” says Govan. Amara, his former “student”, picks up trends by watching local and international barbershop videos, while Matthee turns to Instagram and YouTube.

Schwarz, whose store has not changed in five decades, acknowledges the need to evolve. Even though he is starting to think about retiring, he says it’s easier to adjust if you’ve had proper training.

Another big driver is the changing perception of masculinity. “I think heterosexual men are finally realising that looking good equals feeling good and they’re comfortable to pursue that,” says Biccari.

The experiential retail trend – where consumers don’t mind paying top dollar for great experiences – is another factor and the Central City’s 16 barbershops have tapped into it.

THE STAR OF THE SHOW: THE BARBER

At the heart of these sophisticated barbershops are talented barbers. Says Geitlinger from Hermanos: “The barber culture is close and tight-knit. We consider all barbers part of our larger family, and each barber consistently gives their all, every day.”

So, what makes a good barber? Schwarz likens it to a satisfying shopping experience where you get what you asked for. “If you interpret the client’s wishes, you’ll become successful.”

“It’s about hygiene, the barber’s attitude, spirit and how they present themselves,” says Amara. It’s also about being skilled in the art of men’s grooming, says Matthee, who rates the quality of the haircut, how long it maintains its shape, and the willingness of the barber to improve and learn from others.

It’s clear, then, that the CBD’s hard-working, dedicated and entrepreneurial barbers have earned their gold stars. Now it’s up to you to enjoy what they have to offer.



HERMANOS

COME BACK TO TOWN

CENTRAL CITY GUIDE TO ASIAN EATERIES

The CBD is unmatched in its eclectic mix of culinary experiences guaranteed to transport you to all corners of the world. Here's our pick of Asian eateries. Enjoy!

For more event info, visit City Views on Facebook at www.facebook.com/CityViewsCapeTown.



FYN RESTAURANT

"Discoveries are made when boundaries are crossed" declares destination eatery FYN Restaurant, recently placed 92nd on the World's Best Restaurants 50-100 list. The award-winning eatery combines South African and Japanese flavours to offer a condensed kaiseki-style menu paired with carefully selected wines by wine authority and general manager, Jennifer Hugé. Then there's the décor and the view ... FYN is a gem.

Hours: 12h00 – 18h00 (Monday to Saturday)
Where: 37 Parliament St
Tel: 021 286 2733
www.fynrestaurant.com

HAIKU

Haiku's food is as diverse as its team of chefs who hail from China, Japan and Thailand. The eatery prides itself on "organic freshness, skill and passion to satisfy the discerning and adventurous palate". One of the signature dishes is the Duck Char Siu Bao – flavourful BBQ duck wrapped in a freshly steamed bun ensuring a good balance of umami. The venue is also beautifully designed with elegant stone, paper, wood, water and light features.

Hours: 12h00 – 23h00 (Monday to Saturday)
Where: 58 Burg St
Tel: 021 424 7000
www.bukhara.com

WAZA JAPAN LABO

Immerse yourself in Japanese culture and craftsmanship at WAZA, a specialist importer, retailer and distributor of quality Japanese goods. At this destination store, patrons are served green tea and snacks as part of the shopping experience. Owners Hilda and Botha Kruger even have a specialist advisory travel service for prospective travellers to Japan and regularly host workshops and events.

Hours: 09h00 to 16h00 (Tuesday to Friday), 09h00 to 14h00 (Saturday)
Where: 111 Loop St
Tel: 083 463 7045
www.wazashop.co.za

SOUTH CHINA DIM SUM BAR

South China Dim Sum Bar is a cosy, unpretentious place, the home of simple Asian street food with fresh aromas. Here you'll always be surprised. The restaurant's varied menu has options such as braised beef short rib with jasmine rice, steamed black bean pork ribs, roasted pork noodle soup and dumplings. There are lots of vegetable options, too. Be sure to book as this long-time favourite fills up fast!

Hours: 12h00 – 21h00 (Tuesday to Saturday)
Where: 289 Long St
Tel: 078 846 3656
www.facebook.com/SouthChinaDimSumBar



TOMO JAPANESE RESTAURANT

You've heard of barbecuing, but have you heard of robata? It's the Japanese equivalent where everything from fish, pork, chicken, beef, and vegetables is cooked over hot charcoal. Get a taste of robata at TOMO and other dainties such as Agedashi Tofu (deep-fried tofu in dashi sauce) and Tempura Udon (noodle soup with thick wheat noodles with Tempura).

Hours: 12h00 – 22h00 (Monday to Saturday), 12h00 – 21h00 (Sunday)
Where: 86 Loop St
Tel: 021 422 0635
www.facebook.com/TOMOCAPETOWN/

TJING TJING HOUSE

Central City favourite Tjing Tjing House, which owner Ilze Koekemoer describes as "a good balance between old and new", consists of Tjing Tjing Torii (which serves Japanese street food – we recommend the bento boxes and ramen bowls but you'll be spoilt for choice) and Tjing Tjing Momiji (which is a fine dining Japanese experience).

The venue also has a very chic, blood-red destination Rooftop Bar. The cherry on top is Mochi Mochi by Torii, a pop-up next to Tjing Tjing House that serves to-die-for Japanese sweet treats called mochi.

Please note that Tjing Tjing Momiji is currently closed for sit-down service until further notice.

For more information, e-mail info@tjingtjing.co.za

Hours: Torii: 12h00 – 23h00 (Tuesday to Saturday); Mochi Mochi by Torii (Tuesday 09h00 – 17h00 and Wednesday to Saturday 08h00 – 17h00); Rooftop Bar (Tuesday to Thursday 16h00 – 23h00 and Friday to Saturday 12h00 – 23h00).
Where: 165 Longmarket St
Tel: 021 422 4374 / 422 4920
www.tjingtjing.co.za

ACTIVE SUSHI ON BREE

When it comes to sushi, it doesn't get better than Active Sushi on Bree, with its freshly prepared dishes such as bamboo rolls with cucumber, avo, calamari tempura and mayo as well as salads made with nutritious ingredients. Vegan and banting options, which include starters, salads, desserts, and platters, are also available. Don't miss out on the Lunch Combo Zero with four Fashion Sandwiches, four California Rolls and two roses for only R90.

Hours: 11h30 – 22h00 (Monday to Saturday)
Where: 4 Bree St
Tel: 021 418 0064
www.activesushionbree.co.za

ALLIUM

If it's North East Asian cuisine you're after, visit Allium by chef Sepial Shim. The restaurant's name refers to plants in the garlic, onion, spring onion, chives and leek family which Chef Shim uses to create signature dishes like rice noodles with broth and small sides. She also hosts events like Tanuki shōchū tastings (a Japanese beverage distilled from rice wine) served with small Korean side dishes.

Hours: 12h00 – 21h00 (Tuesday to Friday), 12h00 – 16h00 (Saturday)
Where: 37 Parliament St
Tel: 087 702 4505
www.sepialskitchen.com

YU

This contemporary Asian tapas bar-restaurant at The Onyx apartment on the Foreshore delivers Izakaya style eating, described by UK-based School of Wok foodie Jeremy Pang as a "mix between a casual pub-type environment serving a savoury snack-type menu". The food offering includes dim sum, sushi and a range of other Asian tapas and is best shared over drinks, including Japanese craft beer.

Hours: 12h00 – 23h00 (Monday to Saturday)
Where: 57 Heerengracht St
Tel: 021 111 0453
www.yucapetown.co.za





Hope

For the homeless

Make a donation, give the gift of hope

YOU CAN GIVE IN ONE OF THE FOLLOWING WAYS:

SNAPSCAN
 You can download the free SnapScan app onto your smartphone and SCAN the code (right) to donate the amount of your choice via your phone.



PAYPAL
 Use the link below to make a donation via PayPal: <https://paypal.me/CCIDShowYouCare>.

SMS "GIVE" TO 38088
 to donate R10 towards the CCID's NGO partners.

VISIT OUR WEBSITE
 for more information on the campaign, our NGO partners and other ways in which you can assist. www.showyoucare.co.za

Remember to help the NGOs that help the homeless and give where it will make a DIFFERENCE.*

* The Cape Town Central City Improvement District works closely with the following NGO partners in the Cape Town CBD:

The Hope Exchange
 Vocational training and rehabilitation services for adults

Khulisa Social Solutions
 Work-based rehabilitation for the chronic homeless

Straatwerk
 Job rehabilitation projects for street people

The Homestead
 Residential care and family integration for boys

Ons Plek
 Residential care and reunification processes for girls

Youth Solutions Africa
 Shelter and skills training programmes for adults